

November 2024

CARRICK NEWSLETTER

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THIS SYMBOL OF FAITH
IN GOD WAS ERECTED BY
UKRAINIANS WHO ESCAPING
FROM RUSSIAN COMMUNISTS
FOUND REFUGE IN.
ENGLAND 7^{JUNE} 1948



www.u3acarrick.org.uk

U3A Carrick

Registered Charity No 1034910

U3A MEETINGS

Monthly Meeting, Carnon Downs Village Hall. Wednesday 20th November at 2:00 p.m. **Malcolm Clark** will entertain us with verbal and pictorial stories of "Murder Abroad". Please read the article in the Group News section.

WELCOME TO NEW MEMBERS

We welcome these new members and wish them a long and enjoyable membership.

Jane Martin Wendy Lapides Kenn Shearer Nigel Kendall

Bob Williams, Membership Secretary membership@u3acarrick.org.uk

ANNOUNCEMENTS

A VIEW FROM THE CHAIR

Hello. We have had a busy month again, we had a good turn out for a very enjoyable quiz night, and all got home reasonably early, we have had some interesting subjects at the monthly meetings and most recently the Tony Herring lecture at which 74 members and 5 non- or aspiring members were hugely entertained by Jason Semmen telling us about witchcraft and folklore in Cornwall.

The monthly meetings also seem to be very well attended in their new venue and time slot, and the option for refreshments at any groups or meetings means we can include the opportunity to chat to our friends and make new ones.

We had a good response to my call for volunteers to help at such events, thank you to those of you who helped with setting up, refreshments etc. More volunteers are always welcome so if you would like to join this illustrious list, please let me or Sue Hutt, vicechair@u3acarrick.org.uk, know.

It has been suggested to the committee that it might be a nice idea for all groups to nominate a "greeter", someone to welcome new attendees and explain any "local

customs". This is certainly something we will try and instigate in monthly and irregular meetings, and hopefully other groups will also recognise the need for this simple act of welcome, if you don't already, as this can make the difference between people visiting and staying.

I want to remind you of the forthcoming Showcase when members of a number of groups will be offering a morning of entertaining and inspiring skills. We now have a packed programme, so all we need is an audience, so please come along on Wednesday **13th November** at Perranwell Village Hall. Refreshments will be available from 9:45 a.m. The show will start at 10:15 a.m. bring your friends along as this may be just the thing to encourage new members.

I will be compering the event by default, but if there is a budding Bruce Forsyth, Terry Wogan or Claudia Winkleman out there do come along on rehearsal day, 1:30 p.m. on **4th November** and give it a go.

Now the winter evenings are drawing in it has been suggested we might set up some sort of car share scheme for those who cannot drive in the dark. Ideas please.

I attended the Third Age Trust AGM on your behalf earlier this week. You may remember I urged you to read the information on the proposed changes to the governance format of TAT on the website. Over 75% of u3as in attendance at the AGM voted in favour of the changes and so there will now be a Council to support the work of the Board. I copy below some of an email from the new Chair of TAT

Thank you to everyone who attended yesterday's AGM. We now know that the Fit For The Future special resolution passed the bar of a 75% majority.

During the next few months, it will be all hands to the pump to get the elections underway for the new u3a Council and a new Trust Board, both of which will be in place from April 2025. In the meantime, the current Board of regional and national Trustees will continue to oversee the governance of the Trust.

This change creates a tremendous opportunity for many more u3a members to become involved in the development of a movement that, I believe, continues to offer huge potential. So, watch for the invitations to come out in November and I encourage you to step forward and make a difference if you feel you have the skills and experience for either the u3a Council or the new Trust Board.

Best wishes, Allan Walmsley, Chair of the Third Age Trust

So now is your opportunity to get involved in the national running of the u3a. I will pass on future calls for input.

The AGM is available on YouTube and will be on the national website and shows videos from other u3a groups highlighting what they have been doing in the past year, as well as a question from your Chair about proposed reduction in costs of Beacon.

We have not forgotten the Coach Trips. Lesley Vingo will be asking for ideas for next year, but I am also in process of getting prices for trips to Cotehele to see the Christmas garland and possibly also Morwhellan Quay this December, and to Angarrack to see the Christmas lights followed by Fish and Chips in Carbis Bay. Please let me or Lesley Vingo, LaV@u3acarrick.org.uk, know of interest in these trips, but please note, as these will be exclusively u3a trips we will need to collect payment in advance in order for them to be viable. The price will be determined once I have responses from all the coach companies I have approached and so future information may be by email via Beacon.

We are planning a meeting for new members in the new year, and another Group Leaders' meeting, I will be emailing all group leaders for ideas and feedback in the next week or so, so please look in your junk mail if you haven't received anything by November.

I expect many groups will now be looking at how to mark the festive season with Christmas lunches or gatherings, please don't forget to cancel room bookings for any weeks you decide not to meet in December or January, please let the venue, the newsletter editor and our Treasurer know as Jenny does hate to pay for venues we haven't used.

I think that is all I have to tell you, although no doubt I will have forgotten something, and please double check all dates as I am getting a reputation for putting the wrong day or date.

I look forward to seeing you all at the Showcase, hopefully we will need a bigger boat.

Regards, Lesley

Lesley Parsons, Chair 01209 314810 chair@u3acarrick.org.uk

LINK TO NATIONAL U3A MAGAZINES FROM WEBSITE

Our web group have put a link from the members section of the website to a page on the national u3a website which makes ScreenReader (text only) versions of the National Magazine u3a Matters (used to be called Third Age Matters) magazine available.

Bob Williams 01326 219334 membership@u3acarrick.org.uk

BRENDA BURGESS

This is in memory of Brenda Burgess (28.12.36 – 20.09.24) who was the Truro creative writing group leader.

We have lost a special friend and are unanimous in our sadness. Brenda ran the group for 8-10 years and who could not be touched by the warmth of her smile? She was witty and wise and as long-term matriarch a steady presence bringing meaning to our creative cause. Her generous spirit and wicked sense of humour shone through as she reigned from her special chair. Modesty, true grit and a quirky way with words combined with a willingness to reveal herself and encourage us to do likewise thus allowing the beating pulse of creativity to shine through.



We will miss her.

Janet Anderson-Kaye janetandersonkaye@yahoo.co.uk

ACCOUNT EXAMINER NEEDED

We will be in need of an account examiner after the accounts are finalised at the end of January.

This does not need to be to be an accountant as we do not require a formal audit, just someone able to understand accounting systems.

It is preferable that this is not a member of Carrick u3a so if any of you have a friend or relative who could assist, please get in touch with our Treasurer at treasurer@u3acarrick.org.uk for more information.

Gillian Davies, General Secretary 01326 318514 secretary@u3acarrick.org.uk

NEW MEMBERS

Most new members hear about our u3a from you, our members.

If you know of anyone thinking of joining, but uncertain of doing so mid-subscription year, please let them know that there is a reduced subscription for new members joining from **1st November**.

Contact me for further details.

Bob Williams 01326 219334 membership@u3acarrick.org.uk

TELL US WHERE YOU WOULD LIKE TO VISIT

The committee is planning a programme of coach trips for next year in the Cornwall/Devon area and would very much like to receive your suggestions of places to visit. Maybe there's a beautiful garden, stately home, historic site, exhibition or art gallery that interests you? Or perhaps somewhere you have already been to and would happily recommend? Do let us know and we'll look into the possibility of running a trip that way.

Looking forward to receiving your suggestions.

Lesley Vingoe LaV@u3acarrick.org.uk

HELPERS

We are in the process of compiling a list of people who are willing to help out on an ad hoc basis at some of our events. This may be putting out chairs or clearing them away afterwards, serving teas and coffees, checking membership on the door, suggesting speakers or places to visit, manning stalls etc.

If you feel able to help, even just occasionally, please email Sue.

All offers will be gratefully received, thank you.

Sue Hutt 01872 864494 vicechair@u3acarrick.org.uk

TONY HERRING LECTURE



There was a full house for this year's Tony Herring Lecture at Kea Community Centre, when Jason Semmens, director of The Museum of Military Medicine at Aldershot and curator of Horsham Museum in Sussex, entertained and informed members with an excellent talk on Witchcraft and Folklore in Cornwall from the Middle Ages. As history was one of Tony Herring's passions, I'm sure he would have approved.

Many thanks to Liz, Trish, Phil, Martin and Lesley for their help on the day.

Sue Hutt 01872 864494 vicechair@u3acarrick.org.uk

Carrick u3a Showcase

Wednesday 13th November

The Perranwell Centre

10.15



EDITORIAL

For the calendar in December, I am assuming there will be no meetings on **25th December** but all other meetings will take place as normal. Group leaders, if that is not so let me know by **18th November** and I will make the changes.

Some thought last month's picture was of Wheal Buller or Wheal Bassett Stamps. Actually, it is part of South Wheal Francis. Nobody got it this month.

This month's picture is of a wayside memorial put up by Ukrainians fleeing communist Russians in 1948. Plus ça change. So, where is it?

Your answer, as always, to editor@u3acarrick.org.uk please, or use your smart phone with this QR code to email your editor. The answer will be in next month's newsletter.



Mark Breach editor@u3acarrick.org.uk

GROUP NEWS

AMBLING

Our first Amble got off to a damp start but we managed a lovely stroll through Tehidy Woods without actually getting rained on at all. Some transport issues and other difficulties meant we were a small but select group, joined only by the local fauna, one particularly enthusiastic squirrel decided Nick made an excellent tree alternative and climbed up, too quickly for the photographer I am afraid.



The walk was picturesque, the conversation wide ranging and the cafe excellent.



We look forward to another successful amble on Friday **25th October** at Trelissick. We aim to meet at the gate at the top of the car park and amble around to come back in through the small gate to the cafe. I will check it is unlocked. 10:00

a.m. start. Contact me for more details.



During that second walk we will discuss venues for the next few Ambles, we are proposing to meet again on Wednesday **6th November** and Friday **22nd November** as Wednesday and Friday mornings seemed to be the favourites. These will be at 10:00 a.m.; venues to be decided.

Do come along and join us even if the weather is iffy the welcome will be warm.

Nick Parsons Nic.alchemy@yahoo.co.uk 01209 314810

CARPET BOWLS 2

I have agreed to be group leader temporarily for the group whilst Sue and Carm are on an extended break in sunny Malta.

After taking a straw poll it has been agreed to alter the start time from 1:00 p.m. to 1:30 p.m., which everyone feels is a more civilised hour.

The Perranwell Bowls Club were having difficulty in maintaining numbers and offered their equipment on loan to our u3a providing that we all join forces.

The amalgamation has worked out well and each side has brought something fresh to the newly formed group.



We are a sociable lot so if you fancy a go, come along and give it a try.

Richard Allen richardwallen85@gmail.com

CONNECTED CAFÉ

We're back to third Thursdays, so November's Connected Cafe will be on Thursday **21st November** and as always at Chez Reilly.

We never know what issues and topics our visitors will raise, but they have been wide and varied, and in most cases we can resolve the issues often by delving into the internet or calling on experience from our visitors themselves. In all cases there is no 'bish, bash, bosh' with users encouraged to do things for themselves, the only way to learn.

With limited space and personal bandwidth, attendance has to be by prior notification even for regular attendees, either with a call or an email to Ric. We won't have all the answers, but may be able to help with searching them out.

Ric Reilly 07973 173367 ricreilly@icloud.com

CROQUET

We played our last game of the season on the 3rd October in dry, sunny weather.

Special thanks to all those members who arrive early and set up the pitches so efficiently. We very much appreciate your help. 67 members and 5 visitors played this year. Perranwell cricket ground is a beautiful and peaceful place to play and so we look forward to starting again in April next year. New members are always welcome. If you can hit a ball with a piece of wood, you're a natural. See you all next year.

John and Janet Bishop 01872 862949

DONS KERNEWEK - Cornish Dance



With the summer break well behind us, we are enjoying our dancing again. However, we are thinking ahead to Christmas, and have decided that our last

session of 2024 will be on Thursday, **28th November**. We plan to start up again on Thursday, **9th January 2025**.

If you would like to come along, please do join us at Bosvale Community Centre, Hillside Road in Falmouth, every Thursday 2:30 – 4:30 p.m. For a little taste of what Cornish dancing has to offer, you will hopefully be able to see us in action at the u3a event on **12th November**.

Sue Prout 07917341057

FOURTH FRIDAY, FALMOUTH

Fourth Friday, Falmouth, will meet again at the Princess Pavilion on **22nd November** at 10:30 a.m. Come and join our friendly group for coffee and a chat, and to welcome new members.

Alex Pascoe alexpascoe@talktalk.net 01326 211228, 07971 395995

GARDEN

With a very autumnal, misty and mizzly day we were lucky to have beautiful displays of plants under cover at Pengelly Garden



Centre for our October visit. Privately owned and lovingly developed by the same owner over thirty years, we were all impressed by the wonderful display, range and quality of plants available. They are having a Christmas charity event with craft stalls 30th November - 1st December if anyone would be interested. As there is no

cafe yet we all went next door to Griggs restaurant for lunch where there were good options on the menu to please all tastes and appetites.



For November we shall be undercover again. The New Hall in Carnon Downs has been booked for the morning, a change for us as it was only available then, of **5th November**; no fireworks. The aim is to share our enjoyment of gardens. I have asked members to choose a favourite garden and send me a few photos of it so we can arrange to project them. Then a few minutes to explain where it is and why it's special; all gardens to be outside Cornwall. Hopefully we'll each experience something new, get ideas for new places to explore, and be cheered by some glimpses of verdant growth and perhaps some sunshine as the dark days gather around us. I am hoping to arrange some refreshments for which a nominal contribution would be appreciated. Do come and join us. Details below.

'Favourite Gardens'. Tuesday 5th November. 10:30 a.m. New Hall, Carnon Downs. TR3 6GH.

Photos to be sent to me by either email, text or WhatsApp please. by 27th October so we have time for them to be downloaded onto a USB stick in preparation and we'll know the people taking part. The more the merrier, it can only happen if we share our enjoyment of the places.

Kate Gidman kategarts.gdns@gmail.com 07962 805666

HISTORY

For our October meeting we had a visit to Grampound with Creed Heritage Centre to hear a talk entitled Tales of the Tanneries. The talk, given by Liz Fisher of the Grampound with Creed Heritage Project, covered the history of the tanning industry in Grampound, including stories about some of the people involved, and illustrated with old photographs and short films. The largest tannery, which opened in the 1700s and was still operating until recently, was the Manor Tannery owned by the Croggon family. It was an oak bark tannery specialising in heavy duty leather particularly for industrial use. It finally closed in 2004. Following the talk Liz took us on a guided tour of the tannery heritage area which included some buildings which have been restored, and the tanning pits and associated buildings which are still undergoing restoration. A very interesting morning which was much enjoyed by everyone. The photograph, taken by Jon, shows the group in the Heritage Centre. More photographs are on the u3a Carrick Facebook page.



The next meeting will be on Monday **18th November** when Lesley Parsons will be talking about the History of Chocolate from Maya to Mars. The meeting will be held at Kea Community Centre, Playing Place. The doors open at 10:00 a.m. and the

meeting starts at 10:15 a.m. Please sign the attendance register on arrival and bring your current Carrick u3a membership card.

If you would like a copy of the current History group meetings programme, please contact the group leader. New members are always welcome.

Sheila James u3acarrickhistory@gmail.com 01872 870745

MONDAYS ONLINE

Our informal gatherings online, using Zoom, are open to anyone who just feels they would like some company and a natter, with no set agenda and just letting conversations go where they will and often do.

The gatherings are from 6:00 to 8:00 p.m. on the first and third Mondays of the month, so November's gatherings will be on Mondays **4th** and **18th November**.

If you fancy joining us occasionally, then just drop me a line at mondaysonline@u3acarrick.org.uk, and I'll let you have the joining details for Zoom. If you haven't used Zoom before it is quite simple, and I'd be delighted to set up a 1:1 introductory session at your convenience to take you through it.

Finally, just a reminder that there isn't a gathering on Monday 21st October.

Ric Reilly 07973 173367 mondaysonline@u3acarrick.org.uk

MONTHLY MEETING

In October we enjoyed a talk including a history lesson from local author Bob Richards on the construction of the Redruth and Chacewater railway.

Bob recounted the building of the railway in his own inimitable style which encompassed the early engineering difficulties, the social intrigue at the time plus the economic problems and disputes between financial backers and the landowners where the line was to pass through.

The local story prompted a number of interesting questions at the end of his talk.

On the **20th November** we will be joined by a familiar face to many of you, namely Malcolm Clark. Malcolm's talk is entitled "Murder abroad - watching the detectives".

He has offered a preamble to his talk which I set out below plus one of his many slides to whet your appetite.

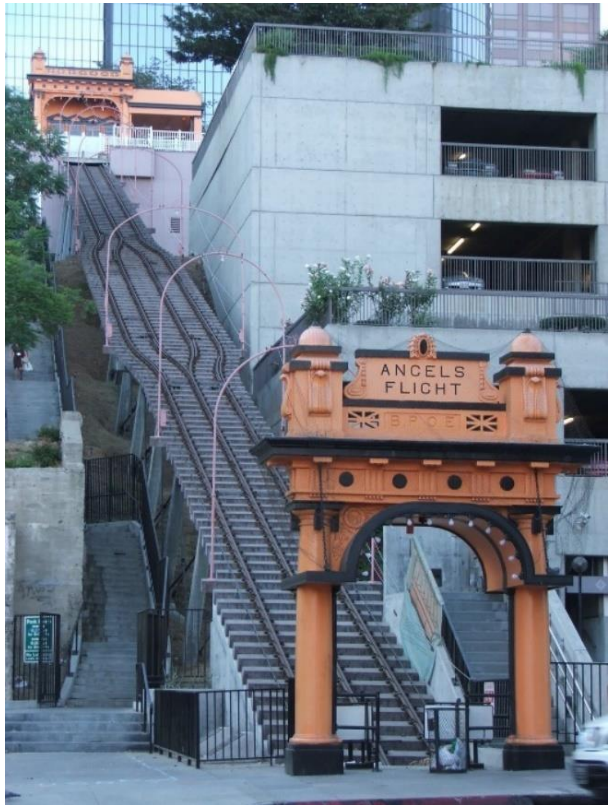
"We all enjoy detective fiction, in novels and on television. As we've travelled, we have made a point of visiting some of the key locations of our favourites.

I intend to use these as a hook to show a few pictures which relate to the series of novels.

In this little odyssey we'll visit Shetland, Los Angeles, Iceland, St. Mawes, Sicily, Venice and Copenhagen".

I look forward to meeting up with our regular and new members on this "whodunnit" afternoon.

Richard Allen richardwallen85@gmail.com



EVENTS CALENDAR

* Contact leader before first attendance. Subject to information supplied at time of preparation. Some events may change. Contact editor to input/edit entries.

November 2024

Fri 1

09:30 SHORT TENNIS 2 Tremough Campus
10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth
10:15 WALKS, 5 BANANAS various locations
10:30 WALKS, RAMBLERS various locations
12:00 FRENCH BEGINNERS Falmouth
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge
14:00 MEDITATION and CREATIVE VISUALISATION Truro
14:30 CARRICK CONSORT Kea Community Centre
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

Mon 4

10:00 PETANQUE FALMOUTH Gyllyngvase Beach
10:15 RUBBER BRIDGE Central Bar, Truro
10:30 SPANISH, BEGINNERS Norway Inn
13:00 UKULELE Perranwell Church Hall
14:00 JAZZ APPRECIATION Carnon Downs Village Hall
14:00 YOGA* Feock Church & Community Hall
16:00 TABLE TENNIS Feock Church & Community Hall
18:00 MONDAYS ONLINE online

Tue 5

10:00 QUESTIONS OF THE DAY 2 Member's home
10:30 FRENCH CONVERSATION Threemilestone Village Hall
10:30 GARDEN Carnon Downs Village Hall

Wed 6

09:30 SCOTTISH COUNTRY DANCE Ponsanooth Village Hall
10:30 ITALIAN online
13:00 PETANQUE TRURO Boscawen Park
13:30 ART, TRURO Feock Church & Community Hall
13:30 CARPET BOWLS 2 Perranwell Centre
14:00 CARRICK SINGERS Kea Community Centre
16:00 TABLE TENNIS Feock Church & Community Hall
19:00 ROCK & ROLL Carnon Downs Village Hall

Thu 7

14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)
14:00 QUIZ Victoria Inn, Threemilestone
14:30 DONS KERNEWEEK Bosvale Community Centre, Falmouth

Fri 8

10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth
10:15 WALKS, 5 BANANAS various locations
10:30 WALKS, RAMBLERS various locations
12:00 FRENCH BEGINNERS Falmouth
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge
13:45 MAHJONG Perranwell Church Hall
14:30 CARRICK CONSORT Kea Community Centre
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

Sun 10

10:30 PETANQUE TRURO Boscawen Park

Mon 11

10:15 RUBBER BRIDGE Central Bar, Truro
10:30 SPANISH, BEGINNERS Norway Inn
13:30 PLAYREADING leader's home
13:30 SOCIAL DANCING Perranwell Centre
14:00 YOGA* Feock Church & Community Hall
16:00 TABLE TENNIS Feock Church & Community Hall

Tue 12

10:00 PHOTOGRAPHY Carnon Downs Village Hall
10:30 FRENCH CONVERSATION Threemilestone Village Hall
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge
14:00 CREATIVE WRITING, TRURO Member's home
14:30 BOARD GAMES Moresk Community Centre, Truro
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

Wed 13

09:30 SCOTTISH COUNTRY DANCE Ponsanooth Village Hall
10:00 PHILOSOPHY 1 Victoria Inn, Threemilestone
13:00 PETANQUE TRURO Boscawen Park
13:30 ART, TRURO Feock Church & Community Hall
13:30 CARPET BOWLS 2 Perranwell Centre
14:00 CARRICK SINGERS Kea Community Centre
16:00 TABLE TENNIS Feock Church & Community Hall
19:00 ROCK & ROLL Carnon Downs Village Hall

Thu 14

09:30 BADMINTON 1 Tremough Campus
10:30 SCIENCE Kea Community Centre
14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)
14:30 DONS KERNEWEEK Bosvale Community Centre, Falmouth

Fri 15

09:30 SHORT TENNIS 2 Tremough Campus
10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth
10:15 WALKS, 5 BANANAS various locations
10:30 WALKS, RAMBLERS various locations
12:00 FRENCH BEGINNERS Falmouth
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge
13:30 MUSIC APPRECIATION Leader's home, Lanner
14:30 CARRICK CONSORT Kea Community Centre
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

Mon 18

10:00 HISTORY Kea Community Centre
10:00 PETANQUE FALMOUTH Gyllyngvase Beach
10:15 RUBBER BRIDGE Central Bar, Truro
10:30 SPANISH, BEGINNERS Norway Inn
13:00 UKULELE Perranwell Church Hall
13:30 SOCIAL DANCING Perranwell Centre
14:00 JAZZ APPRECIATION Carnon Downs Village Hall
14:00 READING, TRURO online
14:00 YOGA* Feock Church & Community Hall
16:00 TABLE TENNIS Feock Church & Community Hall
18:00 MONDAYS ONLINE online
18:00 NEWSLETTER CLOSING

Tue 19

10:00 QUESTIONS OF THE DAY 1 Member's home, Carnon Downs
10:15 SCRABBLE Threemilestone Community Centre
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

Wed 20

09:30 SCOTTISH COUNTRY DANCE Ponsanooth Village Hall
10:30 ITALIAN online
13:00 PETANQUE TRURO Boscawen Park
13:30 ART, TRURO Feock Church & Community Hall
13:30 CARPET BOWLS 2 Perranwell Centre
14:00 CARRICK SINGERS Kea Community Centre

14:00 MONTHLY MEETING Carnon Downs Village Hall
16:00 TABLE TENNIS Feock Church & Community Hall
19:00 ROCK & ROLL Carnon Downs Village Hall

Thu 21

09:30 BADMINTON 1 Tremough Campus
10:00 CONNECTED CAFE Penryn
10:30 THIRD THURSDAY Truro
14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)
14:30 DONS KERNEWEEK Bosvale Community Centre, Falmouth

Fri 22

09:30 SHORT TENNIS 2 Tremough Campus
10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth
10:15 WALKS, 5 BANANAS various locations
10:30 FOURTH FRIDAY, FALMOUTH various locations
10:30 WALKS, RAMBLERS various locations
12:00 FRENCH BEGINNERS Falmouth
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge
13:45 MAHJONG Perranwell Church Hall
14:30 CARRICK CONSORT Kea Community Centre
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

Mon 25

10:15 RUBBER BRIDGE Central Bar, Truro
10:30 CREATIVE WRITING, FALMOUTH Bay Court, Falmouth
10:30 SPANISH, BEGINNERS Norway Inn
13:30 PLAYREADING leader's home
13:30 SOCIAL DANCING Perranwell Centre
14:00 EUCHRE Chacewater
14:00 YOGA* Feock Church & Community Hall
16:00 TABLE TENNIS Feock Church & Community Hall

Tue 26

10:00 PHOTOGRAPHY Carnon Downs Village Hall
10:30 FRENCH CONVERSATION Threemilestone Village Hall
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

Wed 27

09:30 SCOTTISH COUNTRY DANCE Ponsanooth Village Hall
10:00 PHILOSOPHY 1 Victoria Inn, Threemilestone
10:00 SKITTLES Threemilestone Community Centre
10:15 READING, FALMOUTH Bay Court, Falmouth
13:00 PETANQUE TRURO Boscawen Park
13:30 CARPET BOWLS 2 Perranwell Centre
13:30 FRENCH FILM Feock Church & Community Hall
14:00 CARRICK SINGERS Kea Community Centre
16:00 TABLE TENNIS Feock Church & Community Hall
19:00 ROCK & ROLL Carnon Downs Village Hall

Thu 28

09:30 BADMINTON 1 Tremough Campus
10:30 TRAVELLERS' TALES Kea Community Centre
14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)
14:30 DONS KERNEWEK Bosvale Community Centre, Falmouth

Fri 29

10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth
10:15 WALKS, 5 BANANAS various locations
10:30 WALKS, RAMBLERS various locations
12:00 FRENCH BEGINNERS Falmouth
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge
14:00 PHILOSOPHY 2 Carnon Downs Village Hall
14:30 CARRICK CONSORT Kea Community Centre
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

Use this QR code with your smart phone to find the most up-to-date version of the calendar. See what's on today.



GROUP LEADERS' & MONTHLY MEETING CONTACT LIST

Groups' Coordinator, Patsy Ross 07973 801715 groupscoordinator@u3acarrick.org.uk

Other email contacts are at the end of the list.

For the most up to date information please check the u3a calendar at www.u3acarrick.org.uk or contact the group leader.

For additions, omissions, errors, or updates contact Groups' Coordinator and copy to Editor.

Group	Venue	Leader	Phone
ALLOTMENT	Adopt an Allotment	David Crawford	01872 864874
APPRECIATING SHAKESPEARE	Members' homes	Jan Anderson-Kaye	07903 356131
ARCHERY	Member's home, Bissoe	Roger Simpson	01326 317457
ART, TRURO	Feock Church & Community Hall	Sandra Guille	01872 865764
BADMINTON	Tremough Campus	Eric Rabjohns	01209 821488
BOARD GAMES	Moresk Centre, Truro	Margaret Ingles	01872 272344
BRIDGE, RUBBER	Central Bar, Truro	Marlene Lingham	01872 865599
CARPET BOWLS 1	Ord Statter Pavilion, Mylor Bridge	Caroline Goodwin	01326 619690
CARPET BOWLS 2	Perranwell Centre	Sue Sahra	07877 438305
CARRICK BELLS	Ord Statter Pavilion, Mylor Bridge	Brenda Moulson	07799 874226
CARRICK CONSORT	Kea Community Centre	Helen Whomersley	01872 858339
CARRICK SINGERS	Kea Community Centre	Mary Wright & June Caddy	07584 258727
CEILIDH	various	Sue Zahra	07877 438305

CHARITY LOTTERY	Various	Lesley Parsons	01209 314810
COACH TRIPS	TBA	Lesley Parsons	01209 314810
CONNECTED CAFÉ	Treluswell	Ric Reilly	07973 173367
CREATIVE WRITING, FALMOUTH	Bay Court, Falmouth	Janet Mitchell	01326 315779
CREATIVE WRITING, TRURO	Members' homes	Jan Anderson-Kaye	07903 356131
CROQUET	Perranarworthal Cricket Ground	John & Janet Bishop	01872 862949
DONS KERNEWEK	Bosvale Community Centre Falmouth	Susan Prout	07917 341057
EUCHRE 1	Leader's home, Bissoe	John & Janet Bishop	01872 862949
EUCHRE 2	Chacewater WI Hall	Jenny Fulleylove	07799 731383
FIRST SATURDAY	Truro, see newsletter	Mike Rogers	07753 249550
FOURTH FRIDAY, FALMOUTH	see Newsletter	Alex Pascoe	01326 211228
FRENCH BEGINNERS	Denyer Court, Falmouth	Pat Dye	07904 113804
FRENCH CONVERSATION	Threemilestone Community Centre	Sue Corcoran	01209 314075
FRENCH FILM	Feock Church & Community Hall	Geneviève Rosier	01872 273333
GARDEN	see Newsletter	Kate Gidman	07962 805666
HANDICRAFTS	Chacewater WI Hall	Veronica Richards	07893 511192
HISTORY	Kea Community Centre	Sheila James	01872 870745
ITALIAN	online	Angela Shields	07778 809176
JAZZ APPRECIATION	Cannon Downs Village Hall	David Weaver	01872 870385
LINE DANCING	Ord Statter Pavilion, Mylor Bridge	Janet Bishop	01872 862949

MAHJONG	Perranwell Church Hall	Chris Breach	01872 862063
MEDITATION	Archie Brown's Truro	Ruby Walker	07880 727172
MONDAYS ONLINE	online	Ric Reilly	07973 173367
MONTHLY MEETING	Carnon Downs Village Hall	Ric Reilly	07973 173367
MUSIC APPRECIATION	Leader's home, Lanner	Nick Parsons	01209 314810
PETANQUE FALMOUTH	Gyllyngvase Beach, Falmouth	John & Janet Bishop	01872 862949
PETANQUE TRURO	Boscawen Park, Truro	Mike Rogers	07753 249550
PHILOSOPHY 1	Victoria Inn, Threemilestone	Roy Goodman	email only
PHILOSOPHY 2	Carnon Downs Village Hall	Mike Rogers	07753 249550
PHOTOGRAPHY	Carnon Downs Village Hall	Adrian Rowlands/William Halsey	01872 279334
PLAYREADING	Leader's home, Perranarworthal	Mark Breach	01872 862063
QUESTIONS OF THE DAY 1	Member's home, Carnon Downs	Sue Swinchatt	email only
QUESTIONS OF THE DAY 2	Member's home, Falmouth	Peter Sudbury	01326 619403
QUIZ	Victoria Inn, Threemilestone	Roy Fisher	01872 270528
QUIZ NIGHT	TBA	Sue Hutt	01872 864494
READING, FALMOUTH	Bay Court, Falmouth	Shirley Clark	01326 218484
READING, TRURO	online	Wendy Morris	01326 378862
ROCK & ROLL	Carnon Downs Village Hall	Sue and Ray Hutt	01872 864494
SAILING	various	Pat Dye	07904 113804
SCIENCE	Online	Roy Fisher	01872 270528

SCOTTISH COUNTRY DANCE	Ponsanooth Village Hall	Polly Barton	01872 864779
SCRABBLE	Threemilestone Community Centre	Wendy Pascoe	01872 275840
SHORT TENNIS 1	Ord Statter Pavilion, Mylor Bridge	Gillian Davies	01326 318514
SHORT TENNIS 2	Tremough Campus	Pat & Hilary Harrod	07947 323746
SKITTLES	Threemilestone Community Centre	Jenny Fulleylove	07799 731383
SOCIAL DANCING	Perranwell Centre	Edith Lucas	01736 710474
SPANISH BEGINNERS	Norway Inn	Pat Dye	07904 113804
SPANISH COMPLETE BEGINNERS	Falmouth	Pat Dye	07904 113804
TABLE TENNIS	Feock Church & Community Hall	Merrick Elderton	01872 865336
THIRD THURSDAY, TRURO	see Newsletter	Julia Holme	01872 273063
TRAVELLERS' TALES	Kea Community Centre	Ric Reilly	07973 173367
UKULELE	Perranwell Church Hall	Judy Moseley	email only
WALKS, 5 BANANAS	Various locations	Rosalind Smith	01872 865767
WALKS, AMBLING	Various locations	Nicholas Parsons	01209 314810
WALKS, RAMBLERS	see Newsletter	Wendy Morris	01326 378862
YOGA	Feock Church & Community Hall	Liz Walden	01326 376843

Group Leaders' & Monthly Meeting Contacts emails

Adrian Rowlands	adrian.rowlands3@gmail.com	Mary Wright	wright2mary@hotmail.com
Alex Pascoe	alexpascoe@talktalk.net	Merrick Elderton	merrickelderton@btinternet.com
Alyson Cowlshaw	atropica@hotmail.co.uk	Mike Rogers	mike142122@gmail.com
Angela Shields	angelatrevethan@btinternet.com	Nick Parsons	nic.alchemy@yahoo.co.uk
Brenda Moulson	brendamoulson@icloud.com	Pat Dye	patdye88@yahoo.co.uk
Brenda Williams	blossom1957@hotmail.com	Pat Harrod	pat.harrod.u3a@gmail.com
Chris Breach	chrisbrea6@yahoo.co.uk	Peter Sudbury	sudburyp@yahoo.co.uk
David Crawford	crawford-david3@sky.com	Polly Barton	polly7gv@gmail.com
David Weaver	d.weaver02@btinternet.com	Ric Reilly	ricreilly@icloud.com
Edith Lucas	edithandpaul@btinternet.com	Roger Simpson	ro.marg@hotmail.co.uk
Eric Rabjohns	mrabjohns@hotmail.co.uk	Rosalind Smith	vmandrsmith@outlook.com
Genevieve Rosier	genr@hotmail.co.uk	Roy Fisher	raf59@talktalk.net
Gillian Davies	g.davies.924@btinternet.com	Roy Goodman	roy_goodman@hotmail.com
Helen Whomersley	helenwhomersley@gmail.com	Ruby Walker	ruby.dihan@gmail.com
Hilary Harrod	nannyhilly@gmail.com	Sandra Guille	sandra.guille@virgin.net
Jan Anderson-Kaye	janetandersonkaye@yahoo.co.uk	Sheila James	u3acarrickhistory@gmail.com
Janet Mitchell	jannzo@talktalk.net	Shirley Clark	shir.shir@btinternet.com
Jenny Fullelylove	Jenpetful79@gmail.com	Sue and Ray Hutt	sueandray21@btinternet.com
Judy Moseley	Judy@moseley.tech	Sue Corcoran	sucorcoran@hotmail.com
Julia Holme	Julia.holme@outlook.com	Sue Swinchatt	lapunmeri.2@gmail.com
June Caddy	thecaddys@hotmail.com	Sue Zahra	suezahra@aol.com
Kate Gidman	kategarts.gdns@gmail.com	Veronica Richards	veronicacrichards@gmail.com
Liz Walden	lizwalden.21lan@gmail.com	Wendy Morris	wendym.u3a@hotmail.com
Mark Breach	mark.breach@yahoo.co.uk	Wendy Pascoe	wkpcowgirl56@gmail.com
Margaret Ingles	moreskr1@talktalk.net		
Marlene Lingham	marlene@graffan.com		

MUSIC APPRECIATION

Our last few meetings have been based on the works of composers from specific countries, which has led to some interesting discussion and a variety of musical forms. We then set ourselves a challenge to find music involving the harp and the flute. Group members rose to this challenge and we heard some pieces which we had forgotten were for those instruments. This month we have enjoyed a session of the intricate patterns of music by Prokofiev. At our next meeting on Friday **15th November** we will be watching, courtesy of the BBC proms, a programme on the development of Beethoven's 9th symphony which includes a performance of that symphony by memory.

Friday **15th November** is also the date we will be moving our start time to reflect the darker evenings, so **15th Nov, 20th Dec, 17th Jan, 21st Feb, and 21st March** the meetings will start at 1:30 p.m., subsequent meetings will revert to the current 2:00 p.m. start time.

Come along and join us at any or all these meetings, just let us know you will be there so we can get the cups out.

Nick Parsons nic.alchemy@yahoo.co.uk

PÉTANQUE, TRURO

The weather was very wet on 22nd September, but we went ahead with our game with Truro Twinning, the rain cleared as we started our games. Fifteen players had some very good games, even on a wet piste.

Unfortunately, Pendeen club have had to postpone on the 13th October, so we are having our own competition. Please contact me if you would like to join our group.

Jane Stevens janestevens52@hotmail.co.uk 01872 279667

SCIENCE

Last month a record number of 50 members were present to hear an outstanding and passionate talk given by film maker and environmentalist, Jo Ruxton, on the importance of maintaining a healthy Ocean.

Given their volume, oceans make up over 90% of all habitable space on Earth. They define our planet and provide the very foundation of our existence. They provide 50% of our oxygen, are an important climate regulator by absorbing heat and are an important source of species biodiversity. We were shown examples of a variety of marine life, many species of which are still being discovered, particularly in the deep twilight zone. We saw the exotic “Disco Doris” sea slug, learnt about the remarkable parasitic love-life of the anglerfish and failed to identify the sound of a Weddell seal. However, our oceans have been recklessly exploited, undervalued and are under serious threat from pollution, particularly from plastics.

Little thought and awareness are given to where our plastic waste ends up. Most end in landfill sites, often in third world countries, although 8 million tonnes



end up in our oceans. Only 9% is recycled. Globally 420 million tonnes of plastic is produced annually, half of which is for single-use purposes, making this the biggest contributor to marine litter, posing a severe threat to marine life, human health, and the planet.

The damage of plastic pollution on bird and marine life is both shocking and concerning and occurs in several ways. Plastic debris is mistaken for food and when ingested can lead to malnutrition, internal injuries and often death, as evidenced from post mortems on birds and whales. Plastics eventually breakdown into microplastics that can give rise to a “cloudy plastic soup” in the sea, which can

readily enter the human food chain. Marine animals and seabirds often get entangled in plastic debris like fishing nets, plastic rings, or ropes, resulting in injuries, restricted movement, suffocation, drowning, or death. Finally plastic debris can adhere to seawater chemical pollutants before being ingested by marine animals, leading to toxic effects, including impaired reproduction.



There needs to be more awareness of the global consequences of plastic pollution from individuals, businesses and governments. Efforts to

reduce production of single-use plastic, improve waste management, and clean up existing pollution are critical to addressing this global challenge. We need to shift the perceptions and behaviours that create them and empower the world to live more sustainably. To ensure an Ocean positive future, we need millions of people understanding the importance of a healthy Ocean. Healthy people need healthy oceans.

References:

1. A Plastic Ocean: <https://www.youtube.com/watch?v=yog7qmGZIIQ>
2. Ocean Generation: <https://oceangeneration.org/>

At our next meeting on **14th November**, Dr Anthony Asbridge will talk on "Minerals: Everywhere in Everyday Life".

Tony has a chemistry and engineering background and has spent almost 40 years in the industrial minerals business. He has experience in a wide range of industrial minerals and their applications in most areas of the world.

His talk will cover the role of industrial minerals in many aspects of everyday life and the maybe unexpected significance of that role. He will also show how minerals are also helping improve the sustainability of some of these aspects of everyday life.

Roy Fisher 01872 270528 raf59@talktalk.net

SKITTLES

Hello all a reminder Skittles is meeting on **30th October** at 10:00 a.m.

Look forward to seeing you all, plus new attendees are more than welcome, come and join us. Tea/coffee provided.

Any queries don't hesitate to contact me.

Jenny Fulleylove jennpetfull79@gmail.com 07799 731383

SOCIAL DANCING

Although this is appearing in November's Newsletter, I think you will receive it in time for it still to be relevant. It is a quick reminder that on Monday **28th October** we are holding a Halloween themed Party Dance with nibbles. It will be a fun event with no teaching on that day, so dust off your witches' hats, or not if it's not your thing, and come and enjoy the music. Also, on Tuesday **29th October**, Tory is appearing at the Falmouth Pavilions, this is to replace a cancelled event earlier this month, again a reminder, that Monday 4th November, there will be no Social Dancing at Perranwell due to rehearsals being held in the Hall for the u3a Showcase Event.

Looking forward to seeing you all on **28th October** if not before.

Edith Lucas edithandpaul@btinternet.com 01736 710474

THIRD THURSDAY - TRURO

We will meet for coffee and chat in Zafiro's, New Bridge Street Truro from 10:30 a.m. on Thursday **21st November**. You will find us in the relatively private section at the back of Zafiro's. We are a very friendly and welcoming group and look forward to meeting new members.

Julia Holme julia.holme@outlook.com

TRAVELLERS' TALES

I hope those who attended or joined us online enjoyed Philip and Wendy's talk about their travels to Iran, lucky to take advantage of a break in the antagonism between Tehran and much of the west. For me one of the fascinating facets of Travellers' Tales is we get to share the experiences of members of past visits to countries whose borders are no longer open or safe for tourism.

This month on Thursday **23rd October** we're going to be treated to four different speakers with four different themes, as once again Travellers' Tales brings you a Cornucopia of Cameos. We'll be starting with Julia Holmes recounting her journey on the Rocky Mountaineer and her foray into Alaska, then back to Europe with Ray Hawkesford telling us about his visit to Cartagena, the one in Spain.

Then we're back to North America, with Rosemarie Eccleston giving us an illustrated talk on Canadian West Coast Art, a totally new subject I would guess to many of us. And we'll close this cornucopia with Lesley Parsons, our Chair, recounting her and Nick's travels by Indian transport, which might deviate into other transport tales in other places.

Incidentally I am writing this from our hotel room in Bergen after a day of meandering, getting wet and gathering pictures with a view to October's short talks next year. And I've found somewhere wetter, much much wetter, than Cornwall.

On Thursday **27th November** we're staying in Asia and David Potter with recall in words and pictures his travels to and through Sri Lanka. There'll be more about it in the next newsletter.

Our speakers in October have kindly agreed to us extending their talks to members online, using Zoom, so please let me know by 5:00 p.m. on Tuesday **24th October** if you would like to join online. We will also be recording the talks, so again, let me know if you would like a copy of the recording.

We are now starting half an hour earlier at 10:00 a.m. and will be providing tea, coffee and bickies before our talks, to encourage a bit of mingling and particularly a chance to say hello to newer members. From this month we're also going to extend the finish by half an hour so members won't feel shoved out the door while others of us are packing away. Mingling and lingering should be the order of the day.

All u3a Carrick members are welcome to our meetings, just come along or join us online for talks that are zoomed. Meetings of the TT Group are held at the Kea Community Centre, Playing Place. There's plenty of car parking at the hall; the bus stop is close by, adjacent to the Playing Place Shell Garage. There is a ramp access to the hall for wheelchairs and mobility scooters. Talks start at 10:30 a.m. but come any time after the doors open at 10:00 a.m.

Ric Reilly TravellersTales@u3acarrick.org.uk 07973 173367

ACCOUNTS

The accounts are a month behind as they have to be confirmed by the committee.
If you have any questions please don't hesitate to ask.

Printed 30th September 2024 18:42

Income & Expenditure, 1st February - 31st January

Category	Start year	2024	Out
Catering			£348.99
Charity Lottery	£587.00		
Donations	£306.11		
Equipment			£104.03
Fundraising	£1,260.72		
HMRC Gift-aid	£2,634.42		
Membership	£17,988.00		£26.00
Newsletter Printing			£810.00
Postage	£1,015.85		£1,544.05
Re-Imburse	£84.00		£100.00
Stationary			£401.76
TAM postage	£109.48		£114.16
TAT			£2,848.00
TATTL Beacon			£892.00
Venues	£28.20		£10,593.50
Website			£57.61
Zoom			£155.88
Sub-totals	£24,013.78		£17,995.98
Brought forward	£11,272.71		
Total		£17,290.51	

Balance Sheet		Membership Analysis, at 30 Sep	
		Members	
Current	£17,290.51	Associate	6
Total	£17,290.51	Associate Joint	2
		Honorary	1
		Individual	415
		Joint	202
		Totals	626

Jenny Fulleylove, Treasurer 07799 731383 treasurer@u3acarrick.org.uk

PUZZLES

SUDOKU

			6			7	4	
8		6				3		
7	2				8			6
			1					7
		5	8	6				
					2		6	
	6	3		1	4			
2				7		5		
9					5			

In last month's Sudoku the three shaded numbers, in order, were **4, 8, 9**.

The first to get it was Joan Woodward followed by Chris Ayres, Terri Crooks and Peter Becker

For this month's puzzle, just tell your editor the three numbers in the shaded squares, top to bottom, or left to right as applicable.

Squares from a Square

I start with a square piece of paper and cut a 3-inch square from one corner. How big was the original piece of paper if, without folding, I can now cut the remaining piece with just two cuts and reassemble those pieces to make another square?

Last month's problem – Birthday Birthday

In order, the correct answers are 253, 23, 2, 1012 and 16.

Mark Breach mark.breach@yahoo.co.uk

CONTACT US

OFFICERS & COMMITTEE

Chair: Lesley Parsons 01209 314810 chair@u3acarrick.org.uk
Vice-Chair: Sue Hutt 01872 864494 vicechair@u3acarrick.org.uk
General Secretary: Gillian Davies 01326 318514 secretary@u3acarrick.org.uk
Treasurer: Jenny Fulleylove 07799 731383 treasurer@u3acarrick.org.uk
Membership Secretary: Bob Williams 01326 219334 membership@u3acarrick.org.uk
Groups' Coordinator: Patsy Ross 07973 801715
groupscoordinator@u3acarrick.org.uk
Committee: Ric Reilly 07973 173367 Mike Rogers 07753 249550
Lesley Vingoe 07717 849458

Membership, Change of Address, Mode of Newsletter Delivery. The u3a is open to those no longer in full time employment. No age restriction. Contact Bob Williams for a membership information pack or to change to/from emailed and paper newsletter delivery.

Groups Contact. You can start a new group within the aims of u3a, subject to cost and others with shared interest. Contact the Groups' Coordinator. Requests for group expenditure must be preauthorised by the Committee.

Webmaster. webmaster@u3acarrick.org.uk Newsletter copy also goes to the webmaster.

Digital Lead. Ric Reilly 07973 173367 ricreilly@icloud.com

Newsletter. Copy to editor@u3acarrick.org.uk by **6:00 p.m.** on the **18th** of the month.



Photography Group
Inside Buildings

