

October 2024

CARRICK NEWSLETTER

CONTENTS

New Members	2
Announcements	2
Editorial	6
Group News	7
Calendar of Events	16
Members' Small Ads	26
Accounts	28
Puzzles	29
Contact Us	31



www.u3acarrick.org.uk

U3A Carrick

Registered Charity No 1034910

U3A MEETINGS

Monthly Meeting, Carnon Downs Village Hall. Wednesday 2nd October at 2:00 p.m. Author **Bob Richards** will be sharing with us the writing of his book: **The Story of the Redruth and Chacewater Railway.**

See entry and also new meeting arrangements in the Group News section.

WELCOME TO NEW MEMBERS

We welcome these new members and wish them a long and enjoyable membership.

Jane Bengé Liz Grant Paul Heapy Brian Hallows

Bob Williams, Membership Secretary membership@u3acarrick.org.uk

ANNOUNCEMENTS

A VIEW FROM THE CHAIR

Hello everyone, I hope all are well on this glorious, as I write, September day. It seems Autumn is creeping up fast, but I know many members are enjoying a September and even an October holiday, so may the sunshine continue.

Once again, I am asking for help from you. We have had some great suggestions for social and fundraising events, but need volunteers to help organise and run them on the day, otherwise we will be having to cancel or postpone them as the committee do not have the resources, mainly of time, to take them all on.

If you have any time to spare and would be happy to go onto a list of willing volunteers to help out at occasional events, setting out chairs, making tea, publicising, or anything else please let me know at the usual email address below. The more names on the list the fewer times we need ask you to help; besides which it is great fun.

I want to highlight a few events.

Saturday 21st September. It isn't too late to come along to our quiz night, 6:30 for 7.00 p.m. at Kea Community Centre, and enjoy a fun quiz and ploughman's supper. If you don't already belong to a team, come along anyway and we can find you one. Just let us know you will be coming for catering purposes. BYO alcohol.

Wednesday 17th October is our annual Tony Herring Lecture at 10:30 a.m. at Kea Community Centre. Last year we were intrigued by tales of Cornwall's involvement with Bletchley Park and code breaking. This time we will be entertained by Jason Semmens talking about witchcraft and folklore in Cornwall, which is bound to be a fascinating subject. Tea and Coffee provided, so come along and support this event.

Wednesday 13th November is our spectacular Showcase when members and groups will be entertaining and delighting us with an array of talent, we are promised lots of laughs and some awe. It is not too late to offer to fill a 10-minute spot so if your group would like to show us what you do, or simply entertain please get in touch with me or Sue Hutt. But come along anyway it promises to be a good morning.

We are constantly on the lookout for venues for events, specifically those that are not too expensive, ideally have parking or are on a bus route, and with tea making and wifi facilities as a bonus. If anyone passes a hall or building which may suit our needs but which we don't currently use please let any member of the committee know, as venues are our greatest cost and we would like to be able to spread our events around our Carrick area.

Finally in the pipe line is a New Members meeting, probably in the new year. This is where we hope to see as many new members as possible to welcome them into our organisation, and show them the many groups and interests we have to offer, so if group leaders can be there too that would be great.

There will be a Group Leaders meeting offered soon to enable us to chat with those of you who couldn't make the last one, or who would like more support with Beacon, or simply want to discuss something. Once again, many thanks to all our hard-working group leaders, volunteers all, for making Carrick u3a the vibrant organisation it is at the moment.

See you around.

Lesley Parsons, Chair 01209 314810 chair@u3acarrick.org.uk

TONY HERRING MEMORIAL LECTURE

On Thursday 17th October at 10:30 a.m. we shall be holding our third Tony Herring Memorial Lecture. This time it will be at Kea Community Centre to make it more easily accessible to everyone. For the benefit of our newer members, this was a tradition instigated by the committee following the death of our late President. Tony had

been passionate about Carrick u3a and led groups including opera, chess, history, tennis, Sunday lunch and French Film, as well as serving for many years on the committee, including as chair.

Last year we heard all about the important role Cornwall played in World War II with its outpost from Bletchley Park situated at St Erth. This year our focus is again on history, with a visit from the renowned author and historian Jason Semmens, curator of Horsham Museum in West Sussex.

Jason says “Cornwall has enjoyed a reputation as a ‘land apart’; a legendary kingdom inhabited by piskies, giants, fairies, and witches, ever since the railways first made mass tourism possible in later nineteenth century. Cornwall continues to be regarded as a particularly ‘witchy’ place; far from being the preserve and fancy of folklore, however, a considerable body of evidence suggests that belief in witchcraft formed a serious part of the way Cornish people over the past 500 years viewed their world.” Jason’s books include ‘The Cornish Witch Finder’ and ‘The Witch of the West - Or, the Strange and Wonderful History of Thomasine Blight.’

It should be a fascinating talk and we hope to see as many of you as possible there.

Sue Hutt 01872 864494 vicechair@u3acarrick.org.uk



**Witchcraft and folklore in Cornwall
from the Middle Ages**

Kea Community Centre

**Thursday 17th October
10.30**

DRAW WINNERS

Congratulations to our August draw prize winners.

1st prize £10 No 68 Graham Hindley
2nd prize £5 No 4 Anne Moody
3rd prize £1 No 42 Pat Harrod

... and congratulations to our September draw prize winners.

1st prize £10 No 37 Judy Moseley
2nd prize £5 No 14 Lesley Parsons
3rd prize £1 No 27 Neil Hawkesford

Don't miss your chance to join this elite group, sign up for the draw today, application form below.

Do you have a favourite or lucky number? Then why not pick it for inclusion in our u3a Carrick Monthly Draw

For £1.00 per entry your number will be included in our monthly draw when three lucky numbers will win a £10 first prize, a £5.00 second prize and a £1.00 third prize. To enter compete the form below and send it as an attachment to lesleydragon22@gmail.com or hand it in a sealed envelope to any committee member with the appropriate cash/cheque or BACs payment confirmation.

Application to take part in Carrick u3a Monthly draw

Please Print: First Name _____

Surname _____

Contact details _____

My preferred number is _____. Two alternative options are _____

Numbers between 1 and 100. Confirmation of number available will be given.

I enclose cash/cheque to cover _____ monthly entries at £1.00 per month or I have made a BACs payment to Carrick u3a to cover _____ monthly entries.

Please put Charity Draw in the reference.

Lesley Parsons, Chair 01209 314810 chair@u3acarrick.org.uk

QUIZ NIGHT

There are still some places available at the quiz night, on Saturday **21st September** starting at 7:00 p.m. at Kea Community Centre. If you would like to join us, please send your names to vicechair@u3acarrick.org.uk. If you don't have a team, we will find you one. Friends and family are welcome, no need to be u3a members as long as one of the team is. You are welcome to bring your own drinks.

Price is £7.50 to include a ploughman's, along with tea or coffee.

Sue Hutt 01872 864494 vicechair@u3acarrick.org.uk

EDITORIAL

Last month's picture was of the outer wall of the car park at Penryn station.

The first to get it was Christine Moon followed by Malcolm Clark, Michael Hone and Rosemarie Eccleston.

This month's picture is of a piece of mining heritage. So, where is it?

Your answer, as always, to editor@u3acarrick.org.uk please, or use your smart phone with this QR code to email your editor. The answer will be in next month's newsletter.

Mark Breach editor@u3acarrick.org.uk



GROUP NEWS

AMBLING

Hello potential amblers. We have decided to start our adventures at one of the places we have visited before and will be Ambling around Tehidy Woods on **27th September**.

Meet at the South Drive Car Park, near the café, TR14 OHA at 10:00 a.m. and we will amble around the paths and end up hopefully in the café itself.

By default, the next meeting will be in a month's time on **25th October** at Trelissick, when we will meet at 10:00 a.m. at the gate at the top of the car park, amble through the beautiful grounds and again, who knows, a café might be involved.

Looking forward to good weather and pleasant walks.

Nick Parsons Nic.alchemy@yahoo.co.uk

APPRECIATING SHAKESPEARE

"He was a scholar, and a ripe and good one, Exceeding wise, fair spoken and persuading." Henry VIII Act 4, Scene 2.

Love him or not, no one can deny that Shakespeare is a phenomenon. His words permeate our English language, are adopted into more everyday speech than we realise and almost all writers rely on him to add richness to their narrative. I have loved Shakespeare for as long as I can remember. After retirement I began a deep study of the Bard and joined the MA course at The Shakespeare Institute, Stratford upon Avon. It took three years to qualify. I then ran a Shakespearians group for u3a Worcester which I sadly said farewell to when I moved to Cornwall.

If you share my passion or would like to know more, I'd be glad to hear from you. I hope to form a similar group here in Carrick u3a. We would take part in play readings, watch film presentations and engage in discussions. Please email to me to express your interest with a view to forming a pilot group this autumn.

Janet Anderson-Kaye 01872 719460, 07903356131
janetandersonkaye@yahoo.co.uk

CARRICK SINGERS

The choir was delighted to welcome six guests to their taster session on 11th September.

Richard Bailey, our Musical Director, led us through an interesting variety of pieces, including several rounds, 'Fly me to the Moon' with the opening verse which is rarely heard, and we ended with 'Cornwall my Home', in English.

During our tea break we enjoyed a wonderful selection of homemade cakes, which had been brought by choir members.

Both existing choir members and our guests had a very enjoyable afternoon, and we hope to see them all again soon.

Carrick Singers meet every Wednesday afternoon, 2:00 – 4:00 p.m., at Kea Community Centre, Playing Place, TR3 6ET, and we welcome new members at any time. Feel free to come and give it a try without committing yourself, no previous experience or ability to read music needed, just a love of singing.

Mary Wright 07584 258727 wright2mary@hotmail.com

CONNECTED CAFÉ

If you are an existing user of email and/or the internet but need help to do more or grapple with the odd technical tease then Helen and I are holding monthly 'surgeries', but not in October as we are otherwise occupied.

If you are a regular and stuck with something techy, still feel free to get in touch and we'll see what we can do. My contact details are below.

Phone > Multifunctional Device

Communicator <ul style="list-style-type: none">TelephonePagerEmailSatnav/GPSSocial mediaAnswering machine Organiser <ul style="list-style-type: none">DiaryJotterCalendarRemindersAlarm clockStopwatchCalculatorJourney plannerListsScribble pad		Entertainer <ul style="list-style-type: none">RadioLibraryTelevisionVideoEncyclopaediaGramophoneSnapshot cameraOB cameraWeather forecastGuidebookNewspaperPhoto album Instructor <ul style="list-style-type: none">MeditationFitnessLocal walks
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We'll be back on Thursday **21st November**.

With limited space and personal bandwidth, attendance has to be by prior notification even for regular attendees, either call or email us. We won't have all the answers, but may be able to help with searching them out.

Ric Reilly 07973 173367 ricreilly@icloud.com

CROQUET

The croquet competition was on 10th September. Despite the iffy weather 34 members gathered to see who could go home with the coveted winners' shield and a medal. Everyone played two games. then had a coffee break, with snacks



for the very hungry, before the quarter finals and semifinals were played.



After lunch came the final, a needle match with husband and wife playing against each other. It was a close game but Kate and Graham got top score and Celia and Wendy were runners up. Big thanks to Eric and Jean for their musical

entertainment and to everyone who came. We had a good day.



John and Janet Bishop 01872 862949

DONS KERNEWEK

We are back after our summer break, feeling pleased to start Cornish dancing again. A big 'thank you' goes to Chris, who invited us all round for afternoon tea the week before we started. We had a very enjoyable get-together, and a chance to catch up with everyone's news.



Now we have begun dancing again, we very much hope that new members will come forward to join us. It doesn't matter whether you have any previous experience of dancing - you will soon pick up the Cornish dances. We all help each other to learn, and we have a lot of fun along the way. We meet every week at Bosvale Community Centre in Falmouth, on Thursday afternoons 2:30 – 4:30 p.m. We are a happy, friendly group, and we are waiting to welcome you.

Sue Prout 07917341057

EUCHRE 2

Hello fellow Euchre players, our next meeting is on Monday **23rd September**. We would like to say a hello to two new members that joined us last month, they settled in and played a good game and enjoyed the meeting. Hopefully we will have some more members who would like to learn this traditional Cornish game. look forward to seeing you all.

Jenny Fulleylove 07799 731383 jennpetfull79@gmail.com

FIRST SATURDAY

The First Saturday Group had a very productive time at our September monthly lunch, where arrangements were made for various members to attend several productions at the Plaza in Truro.

Films were The Critic and Lee. Drama transmissions were Prima Facie and Othello.

For music it was Miss Saigon and Mathew Bourne's ballet of Edward Scissorhands. There was also a suggestion of a talk by a local artist and a somewhat adventurous trip to see Stranger Beasts by Wildworks at Geevor Mine.

Currently the group is full but if anyone would like to start another similar group, I am sure there would be others who would like to join in. If you would like to discuss how the group runs, please contact me for a chat.

Mike Rogers mike142122@gmail.com 07753249550

FOURTH FRIDAY, FALMOUTH

Fourth Friday, Falmouth, will meet at the Duchy Hotel on **25th October** at 10:30 a.m. Come and join our friendly group for coffee and a chat, and to welcome new members. There is parking.

Alex Pascoe alexpascoe@talktalk.net 01326 211228, 07971 395995

GARDEN

With regret for not being able to attend the September meeting; my thanks to Caz for taking my place. It looks as if the weather turned out well and despite a mix-up on my part a good group managed to make the trip and enjoy apples from the orchard.

For October I am suggesting a visit to Pengelly Garden Centre which always has a lovely collection of good quality plants and/or a visit to Lanjeth Nursery and Water Gardens. This is an ongoing project restoring a series of lakes and ponds as well as wooded areas. It sounds very interesting and we may get a guided tour, though as a work in progress, some suitably stout footwear would certainly be advisable.

Being in Canada with a 4-hour time difference and lots going on with the family and travelling thus having some problems with Wi-Fi availability, I hope you will forgive the fact that the arrangements are not finalised. The visit will definitely be on **Wednesday 16th October**. If we do both the garden centre and the nursery, I might suggest that we meet at Pengelly at 11:00 a.m., have some lunch perhaps at Griggs next door and then on to Lanjeth. They have some sort of cafe which might provide a light lunch or snack instead, followed by a tour around the site. As it's a bit of a journey out that way it seems a good idea to make the most of it.

If anyone is interested in doing some or all of the outing, please let me know by email or WhatsApp. I do not return to the UK till 11th October so will not be available to contact by phone until after that time. I keep my phone on Airplane mode and use only Wi-Fi when I can get it. I will keep everyone who contacts me informed of the arrangements as they develop. I'm sure we can get together for a really good day out.

Finally, I have mentioned before my plan for our November meeting. I have Cannon Downs Village Hall booked for **5th November** with the idea of people bringing

photos of their favourite gardens outside Cornwall and each giving a short talk about where it is and why it's so special. The more people who contribute, the more variety and the less each person has to talk, if that is something you're not sure of. Hopefully it will be a fun morning and warmer than a garden. I do need to know that I have some contributors so as to plan for projecting the photos so please could you contact me if you would like to join in.

Kate Gidman kategarts.gdns@gmail.com 07962 805666

HANDICRAFT

We have been making some hats and Christmas decorations. New members are welcome and we are in Chacewater WI Nissan hut, on a bus route from Chacewater to Truro.

We meet every Thursday afternoon, 2:00 – 4:00 p.m.

Veronica & Gordon Richards
07893 511192



veronicacrichards@gmail.com

HISTORY

At our September meeting Frances Dennett told us the long and interesting history of Copped Hall, a Georgian mansion near Epping in Essex. Frances told us of its initial building as a C12 hunting lodge, of the part it played



in the lives of Henry VIII and his children, and its connection with Shakespeare. Frances then described its rebuilding as a Tudor house and later replacement by a Palladian mansion. We were told about the various owners over the years, and the final destruction of the house by fire during WWI. Luckily the estate has been saved from developers, and in the 1990s the parkland was bought by the Corporation of London, and the house, gardens and ancillary buildings by the Copped Hall Trust. The Trust was established with the intention of restoring the house and gardens and creating a community asset for educational and cultural use. This work is now being carried out, largely by volunteers such as Frances, and the house and garden are open for guided visits and other events. Frances kindly agreed for the talk to be recorded and if you wish to see the recording, please contact Ric on ricreilly@icloud.com.

Our meeting next month is a visit to Grampound Heritage Centre on Monday **14th October**. We will hear a talk entitled Tales from the Tannery, followed by a guided walk of the tannery area. Please contact the group leader if you wish to go. Note that the number of places is limited.

If you would like a copy of the current History group meetings programme, please contact the group leader. New members are always welcome.

Sheila James u3acarrickhistory@gmail.com 01872 870745

MAHJONG

Unfortunately, I have had to cancel our session on 27 September, due to other commitments so our next meeting will be on Friday **11th October**. If you have not tried mahjong before, why not give us a try? It is not as daunting as it looks. If you know rummy you can play mahjong. We play the basic game. The rituals, special hands and scoring you will pick up as you go along. There is always someone to help.

Chris Breach chrisbrea6@yahoo.co.uk **01872 862063**

MONDAYS ONLINE

Our informal gatherings online, using Zoom, are open to anyone who just feels like they would like some company and a natter, with no set agenda and just letting conversations go where they will and do.

The gatherings are from 6:00 to 8:00 p.m. and we're a bit out of synch in October so we'll be online on the evenings of Monday **7th** and **28th October**, and before then on Monday **23rd September**.

If you fancy joining us occasionally, then just drop me a line as below, and I'll let you have the joining details for Zoom. If you haven't used Zoom before it is quite simple, and I'd be delighted to set up a 1:1 introductory session at your convenience to take you through it.

Ric Reilly **07973 173367** mondaysonline@u3acarrick.org.uk

EVENTS CALENDAR

* Contact leader before first attendance. Subject to information supplied at time of preparation. Some events may change. Contact editor to input/edit entries.

October 2024

Tue 1

10:00 QUESTIONS OF THE DAY 2 Member's home
10:30 FRENCH CONVERSATION Threemilestone Village Hall
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

Wed 2

09:30 SCOTTISH COUNTRY DANCE Ponsanooth Village Hall
10:30 ITALIAN online
13:00 CARPET BOWLS 2 Perranwell Centre
13:00 PETANQUE TRURO Boscawen Park
13:30 ART, TRURO Feock Church & Community Hall
14:00 CARRICK SINGERS Kea Community Centre
14:00 MONTHLY MEETING Carnon Downs Village Hall
16:00 TABLE TENNIS Feock Church & Community Hall
19:00 ROCK & ROLL Carnon Downs Village Hall

Thu 3

09:30 BADMINTON 1 Tremough Campus
14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)
14:00 QUIZ Victoria Inn, Threemilestone
14:30 DONS KERNEWEK Bosvale Community Centre, Falmouth

Fri 4

09:30 SHORT TENNIS 2 Tremough Campus
10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth
10:15 WALKS, 5 BANANAS various locations
10:30 WALKS, RAMBLERS various locations
12:00 FRENCH BEGINNERS Falmouth
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge
14:00 MEDITATION and CREATIVE VISUALISATION Truro
14:30 CARRICK CONSORT Kea Community Centre
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

Mon 7

10:00 PETANQUE FALMOUTH Gyllyngvase Beach
10:15 RUBBER BRIDGE Central Bar, Truro
10:30 SPANISH, BEGINNERS Norway Inn
13:00 UKULELE Perranwell Church Hall
13:30 SOCIAL DANCING Perranwell Centre
14:00 JAZZ APPRECIATION Carnon Downs Village Hall
14:00 YOGA* Feock Church & Community Hall
16:00 TABLE TENNIS Feock Church & Community Hall
18:00 MONDAYS ONLINE online

Tue 8

10:00 PHOTOGRAPHY Carnon Downs Village Hall
10:30 FRENCH CONVERSATION Threemilestone Village Hall
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge
14:00 CREATIVE WRITING, TRURO Member's home
14:30 BOARD GAMES Moresk Community Centre, Truro
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

Wed 9

09:30 SCOTTISH COUNTRY DANCE Ponsanooth Village Hall
10:00 PHILOSOPHY 1 Victoria Inn, Threemilestone
13:00 CARPET BOWLS 2 Perranwell Centre
13:00 PETANQUE TRURO Boscawen Park
13:30 ART, TRURO Feock Church & Community Hall
14:00 ARCHERY Oak Tree Farm
14:00 CARRICK SINGERS Kea Community Centre
16:00 TABLE TENNIS Feock Church & Community Hall
19:00 ROCK & ROLL Carnon Downs Village Hall

Thu 10

09:30 BADMINTON 1 Tremough Campus
10:30 SCIENCE Kea Community Centre
14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)
14:30 DONS KERNEWEK Bosvale Community Centre, Falmouth

Fri 11

09:30 SHORT TENNIS 2 Tremough Campus
10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth
10:15 WALKS, 5 BANANAS various locations

10:30 WALKS, RAMBLERS various locations
12:00 FRENCH BEGINNERS Falmouth
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge
13:45 MAHJONG Perranwell Church Hall
14:30 CARRICK CONSORT Kea Community Centre
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

Sun 13

10:30 PETANQUE TRURO Boscawen Park

Mon 14

10:00 HISTORY Grampond
10:15 RUBBER BRIDGE Central Bar, Truro
10:30 SPANISH, BEGINNERS Norway Inn
13:30 SOCIAL DANCING Perranwell Centre
14:00 PLAYREADING leader's home
14:00 YOGA* Feock Church & Community Hall
16:00 TABLE TENNIS Feock Church & Community Hall
19:00 EUCHRE Oak Tree Farm

Tue 15

10:00 QUESTIONS OF THE DAY 1 Member's home, Carnon Downs
10:15 SCRABBLE Threemilestone Community Centre
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

Wed 16

09:30 SCOTTISH COUNTRY DANCE Ponsanooth Village Hall
10:30 ITALIAN online
11:00 GARDEN visit - see newsletter
13:00 CARPET BOWLS 2 Perranwell Centre
13:00 PETANQUE TRURO Boscawen Park
13:30 ART, TRURO Feock Church & Community Hall
14:00 CARRICK SINGERS Kea Community Centre
16:00 TABLE TENNIS Feock Church & Community Hall
19:00 ROCK & ROLL Carnon Downs Village Hall

Thu 17

10:00 CONNECTED CAFE Penryn
10:30 THIRD THURSDAY Truro
10:30 TONY HERRING MEMORIAL LECTURE Kea Community Centre
14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)
14:30 DONS KERNEWEK Bosvale Community Centre, Falmouth

Fri 18

09:30 SHORT TENNIS 2 Tremough Campus
10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth
10:15 WALKS, 5 BANANAS various locations
10:30 WALKS, RAMBLERS various locations
12:00 FRENCH BEGINNERS Falmouth
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge
14:00 MUSIC APPRECIATION Leader's home, Lanner
14:30 CARRICK CONSORT Kea Community Centre
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

18:00 NEWSLETTER CLOSING

Mon 21

10:00 PETANQUE FALMOUTH Gyllyngvase Beach
10:15 RUBBER BRIDGE Central Bar, Truro
10:30 SPANISH, BEGINNERS Norway Inn
13:00 UKULELE Perranwell Church Hall
13:30 SOCIAL DANCING Perranwell Centre
14:00 JAZZ APPRECIATION Carnon Downs Village Hall
14:00 READING, TRURO online
14:00 YOGA* Feock Church & Community Hall
16:00 TABLE TENNIS Feock Church & Community Hall

Tue 22

10:00 PHOTOGRAPHY Carnon Downs Village Hall
10:30 FRENCH CONVERSATION Threemilestone Village Hall
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

Wed 23

09:30 SCOTTISH COUNTRY DANCE Ponsanooth Village Hall
10:00 PHILOSOPHY 1 Victoria Inn, Threemilestone
10:15 READING, FALMOUTH Bay Court, Falmouth
13:00 CARPET BOWLS 2 Perranwell Centre
13:00 PETANQUE TRURO Boscawen Park
13:30 ART, TRURO Feock Church & Community Hall
14:00 CARRICK SINGERS Kea Community Centre
16:00 TABLE TENNIS Feock Church & Community Hall
19:00 ROCK & ROLL Carnon Downs Village Hall

Thu 24

09:30 BADMINTON 1 Tremough Campus
10:30 TRAVELLERS' TALES Kea Community Centre
14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)
14:30 DONS KERNEWЕК Bosvale Community Centre, Falmouth

Fri 25

09:30 SHORT TENNIS 2 Tremough Campus
10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth
10:00 AMBLING Trelissick
10:15 WALKS, 5 BANANAS various locations
10:30 FOURTH FRIDAY, FALMOUTH various locations
10:30 WALKS, RAMBLERS various locations
12:00 FRENCH BEGINNERS Falmouth
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge
13:45 MAHJONG Perranwell Church Hall
14:00 PHILOSOPHY 2 Carnon Downs Village Hall
14:30 CARRICK CONSORT Kea Community Centre
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

Mon 28

10:15 RUBBER BRIDGE Central Bar, Truro
10:30 CREATIVE WRITING, FALMOUTH Bay Court, Falmouth
10:30 SPANISH, BEGINNERS Norway Inn
13:30 SOCIAL DANCING Perranwell Centre
14:00 EUCHRE Chacewater
14:00 PLAYREADING leader's home
14:00 YOGA* Feock Church & Community Hall
16:00 TABLE TENNIS Feock Church & Community Hall

18:00 MONDAYS ONLINE online

Tue 29

10:30 FRENCH CONVERSATION Threemilestone Village Hall
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

Wed 30

10:00 SKITTLES Threemilestone Community Centre
13:00 CARPET BOWLS 2 Perranwell Centre
13:00 PETANQUE TRURO Boscawen Park
13:30 FRENCH FILM Feock Church & Community Hall
14:00 CARRICK SINGERS Kea Community Centre
16:00 TABLE TENNIS Feock Church & Community Hall

Thu 31

09:30 BADMINTON 1 Tremough Campus
14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)
14:30 DONS KERNEWЕК Bosvale Community Centre, Falmouth

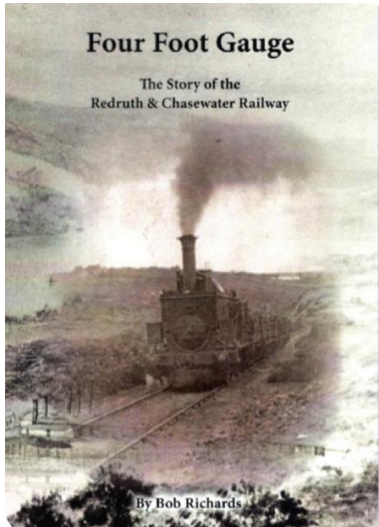
Use this QR code with your smart phone to find the most up-to-date version of the calendar. See what's on today.



MONTHLY MEETING

Now that we have settled in to our new location at Carnon Downs Village Hall and being much encouraged by the growing interest in our meetings, the team have decided to tinker with the format. We would like the first half hour to be an informal social get together with refreshments, which has proved so popular recently, along with any announcements or news regarding Carrick u3a activities. Therefore, the doors will still open at 2:00 p.m. with our guest speaker starting at approximately 2:30 p.m.

Caroline Goodwin provided us with a rollicking interactive afternoon of fun at our recent September meeting. Caroline gave us the life story of her mother Millie, who was born in 1911 and lived to be 104. We were taken back to a bygone age and a strong minded, independent woman determined to live life on her own terms. Caroline spared nothing in the telling of Millie's life, from her early career as a 'Nippy' for Lyons Corner House Tea Shops in London, a long marriage, sailing close to the wind on shopping trips and her wartime experiences. Because of family health problems, Millie felt strongly enough in her 80s to devote much of her time promoting and talking on behalf of Cancer UK and Diabetes UK. Caroline brought along a number of artifacts and ephemera connected with Millie's life that everyone enjoyed handling and talking about.



On **2nd October** local author, Bob Richards, will be talking and sharing his thoughts with us about his book 'The Story of the Redruth and Chacewater Railway'. His book tells the unique nature of the line and the resurrection of the mines it served. It also details the reason why, despite the name, the line never actually reached the village of Chacewater, and tells of the arguments and fall out among various local landowning families, the Bassets, the Williams, Lord Falmouth and others, to try and get the new settlement and port of Devoran built on their land.

Richard Allen richardwallen85@gmail.com

PÉTANQUE, TRURO

We are now waiting to hear about the new plans for the piste at Boscawan Park, as part of the re-development for the park. There may be a lot of disruption. We have asked if it is possible for a temporary area on which to play; the town clerk is being very helpful. We shall continue to play on the piste as usual until works start. We are playing Truro Twinning on **22nd September**, then on Sunday **13th October** Pendeen are coming to Truro for a mix and match.

Jane Stevens janestevens52@hotmail.co.uk **01872 279667**

ROCK AND ROLL

We start again on Wednesday, **9th October** in our usual venue, Carnon Downs Village Hall, 7:00 – 9:00 p.m. with a coffee break in the middle. Everyone is welcome, especially beginners, so if you've always wanted to learn but never had the time, now is your chance. No need for a partner, we have single people in the group. If you could let us know if you are intending to come, that would be very helpful. Thank you.

You will be assured of a warm welcome.

Sue and Ray Hutt sueandray21@btinternet.com **01872 864494**


SCIENCE

Last month Dr Rory Baxter from University of Plymouth's Centre for Health and Technology was unable to attend in person, but had recorded an interesting talk on the ICONIC (Intergenerational Co-design of Novel technologies In Coastal communities) project.

As society becomes increasingly digital, many older people across the South West are being faced with the growing prospect of isolation and exclusion. Digital inequality matters because those without access and the right combination of skills, motivation and knowledge are missing out on important areas of the digital world that impact on their health and wellbeing. In the past, growth in the digital sector has also led to younger people feeling they may need to leave the region in search of work in the industry.

The ICONIC project aims to address both challenges by finding ways of engaging older generations with digital content, and encouraging younger generations to create it. Through a series of workshops, it provided participants with opportunities to trial and develop these four technologies, Extended Reality, Social Games, Underwater Telepresence and AI Voice Interfaces in a friendly and supportive environment, giving them opportunities to build new social groups and learn about their local environment and heritage sites in Cornwall and Devon.

A key part of the project is co-design that involves the user at every stage to avoid design exclusion or misalignment of priorities between the end users and developers.



What is co-design?

- The co-design approach focuses the design process around the user
- Good co-design incorporates the user and their experiences at every design decision
- Participatory approach ensures that technologies meet user needs
- Often has a positive impact on digital literacy and increased adoption of technologies

UNIVERSITY OF PLYMOUTH

ICONIC EPSRC

55 aged 50+ and 40 (aged 16-30) people worked with researchers to develop novel technologies that help participants connect with some of the 35 local partners in their community. This includes using Virtual Reality (VR), a tool that allows a user to explore an immersive 3D computer generated space on a VR headset, which makes the user feel like they are in a completely new virtual world. It is especially important to enable those unable to leave their homes, or those without regular access to transport, to visit some key environmental and heritage sites in Devon and Cornwall. These sites e.g. Great Hall, Cotehele, provide fantastic opportunities to create content for each of the technologies and allow people to experience each site in a new and hopefully exciting way.

Over the last year Ric Reilly has participated in the Underwater Telepresence workshops at the National Aquarium, in which underwater cameras enable people to remotely explore, and engage in either a relaxing or an educational mode; the latter using pop-up information tags targeted on captured flora and fauna images.

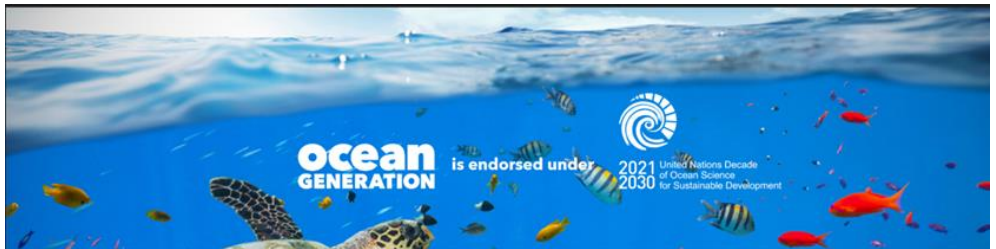
In summary, recruiting digital exclusive individuals for co-design was tricky. The intergenerational approach is valuable, but difficult to implement. Progress has

been made on all four technologies, but question remains whether the co-design has been effective.

This project has great potential and deserves to be seen by a much wider audience. However, given that most participants were keen, enthusiastic and fairly tech savvy, the challenge will be in extending to those with lesser skills. Organisations such as the u3a and local libraries are well placed possibly to take on this next phase of this project, given the appropriate resources.

On **10th October** Jo Ruxton, MBE, will be talking on the “The Ocean and Us”.

Jo has been producing and directing underwater sequences since the first days of filming on the award-winning Blue Planet series in 1997. During her 12 years at the BBC, Jo was a lead member of the BBC Natural History Unit’s diving team and was involved in numerous underwater films from Antarctica to the pristine reefs of the Caribbean and the Pacific Ocean. Jo is also the founder of the charity, Ocean Generation.



Her talk will look at our connection with the ocean and why its health is fundamental to all of us. It will cover ocean threats, the rise in ecoanxiety and how to tackle it.

Jo will be talking about the things she learned about the effects of plastic in our ocean with a behind-the-scenes insight into her 8-year journey around the world, making her documentary feature film, A Plastic Ocean. That journey took her to the centres of the North and South Pacific and Atlantic oceans and she will talk about her experiences and all that she learned from her journey.

Roy Fisher 01872 270528 raf59@talktalk.net

SCRABBLE

The Scrabble group is going well. Numbers vary a lot. We are refreshed after a month off in August. Please bring your own drink and new membership card.

Wendy Pascoe 01872 275840

SKITTLES

Hello all its the time of the month for our next Skittles meeting. We all meet on **25th September** at 10:00 a.m. Look forward to seeing you all there, for yet another good time.

Jenny Fulleylove jennpetfull79@gmail.com 07799 731383

SOCIAL DANCING

This is a short reminder that our Social Dancing Halloween event is on Monday afternoon **28th October**. Dancing commences at the usual time of 1:30 p.m.

Fancy dress is entirely optional.

For further details:

Edith and Paul Lucas 07796845380 edithandpaul@btinternet.com

SPANISH, COMPLETE BEGINNERS

I am hoping to start a new group for complete beginners in Spanish. This is for anyone with no or very little experience with the language. Perhaps you did it at school many years ago, or just like to visit Spain. For more information call me on the number below or E-mail.

Pat Dye patdye88@yahoo.co.uk 07904 113804



THIRD THURSDAY - TRURO

We will meet for coffee and chat in Zafiro's, New Bridge Street Truro from 10:30 a.m. on Thursday **17th October**. You will find us in the relatively private section at the back of Zafiro's. We are a very friendly and welcoming group and look forward to meeting new members.

Julia Holme julia.holme@outlook.com

TRAVELLERS' TALES

I hope those who attended or received a recording, enjoyed our inaugural 'bring and share' meeting. I'd like to thank all those who brought something along and told us a little about it or them, a truly eclectic assortment of objects, the things not the people.

When you get this newsletter we're still in September and looking forward to another talk from Phil Franklin on Thursday **26th September**. Following an agreement in April 2015 between the World Powers and Iran that Iran would refrain from activities related to the production of atomic bombs, and the consequent lifting of sanctions, the Iranians began to develop a tourist industry. Phil and Wendy took advantage of this and visited the country in the November.

After landing in the North at Tabriz they visited the Sassanid castles of Babak and Rudkahn together with the ancient hill village of Masouleh. Heading South to Tehran and then on to Abyaneh, Shiraz and Esfahan they visited mosques, palaces and bazaars. The ruins of the ancient city of Persepolis and the rock-cut tombs at Nagsh-e-Rostam, dating back to 500 BC were also on their itinerary.

Phil has kindly agreed to us extending his talk to members online, using Zoom, so please let me know by 5:00 pm on Tuesday **24th September** if you would like to join online. On this occasion it will not be possible to record the talk for future distribution.

On Thursday **24th October**, we have our now annual Cornucopia of Cameos with short talks from a number of members, which we're still finalising but it should include art from the Canadian west coast, memories of Cartagena, travels in the Rockies, modes of travel in India meandering to Vietnam and finally a talk on Transnistria, which may have you scratching your head.

From this month we're going to start half an hour early and provide tea, coffee and bickies before our talk, to encourage a bit of mingling and particularly a chance to say hello to newer members. From November we're also going to extend the finish by half an hour so members won't feel shoved out the door while others of us are packing away. Mingling and lingering should be the order of the day.

All u3a Carrick members are welcome to our meetings, just come along or join us online for talks that are zoomed. Meetings of the TT Group are held at the Kea Community Centre, Playing Place. There's plenty of car parking at the hall and the bus stop is close by, adjacent to the Playing Place Shell Garage. There is a ramp access to the hall for wheelchairs and mobility scooters. Talks start at 10:30 a.m. but come any time after the doors open at 10:00 a.m.

In common with our Science and History groups, whenever possible Travellers' Tales meetings, held at Kea, will be 'hybrid' meetings available simultaneously in the hall and online using Zoom. If you can't be there but would like to join online then drop me an email as below by 5:00 p.m. the Tuesday before and I'll let you have the joining details.

Ric Reilly TravellersTales@u3acarrick.org.uk 07973 173367

MEMBERS' SMALL ADS

For members who wish to advertise their wants, goods or services.

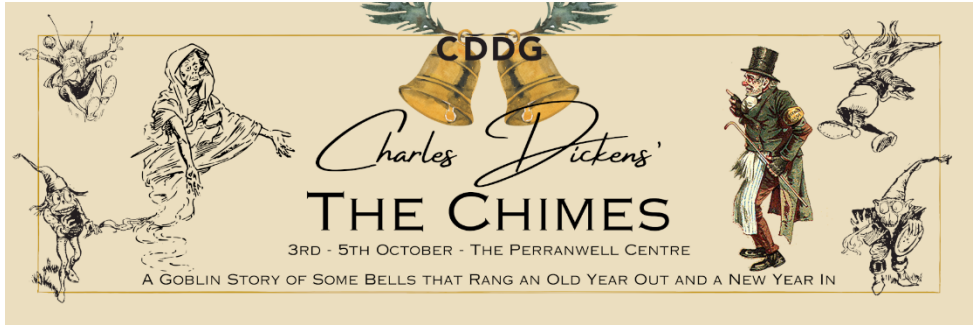
FOR SALE

2 cat beds, £4 each. 2 scratch posts £4 each. 2 cat carrying cases £4 each. Various cat dishes and bowls £2 each.

Wendy Pascoe 01872 275840

CHARLES DICKENS' "THE CHIMES"

Directed by your editor, this play is based upon Charles Dickens' novella, 'The Chimes'. This is the second of his Christmas books after A Christmas Carol. It is a tale of the triumph of hope over adversity. Being Dickens, there are ghosts and goblins who are very much part of the story. **3rd – 5th October** at the Perranwell Centre. Tickets are now available at www.ticketsource.co.uk/cddg Do come.



Mark Breach mark.breach@yahoo.co.uk 01872 862063



FREE GREENHOUSE

This is a 6 x 8 ft greenhouse. I am disposing of it because it is overshadowed by mature trees and I have nowhere else to put it. Yours to dismantle and collect. Most of the glass is intact.

Mark Breach
mark.breach@yahoo.co.uk
01872 862063

ACCOUNTS

The accounts are a month behind as they have to be confirmed by the committee.
If you have any questions please don't hesitate to ask.

Income & Expenditure, 1st February - 31st January

<i>Category</i>	<i>Start year</i>	<i>2024</i>	<i>Out</i>
Catering			£ 348.99
Charity Lottery	£ 587.00		
Donations	£ 306.11		
Equipment			£ 104.03
Fundraising	£ 1,260.72		
HMRC Gift-aid	£ 2,634.42		
Interest	£ 37.52		
Membership	£ 17,628.00		£ 26.00
Newsletter Printing			£ 700.00
Postage	£ 1,009.05		£ 1,544.05
Re-Imburse	£ 84.00		£ 100.00
Stationary			£ 401.76
TAM postage	£ 101.88		£ 114.16
TAT			£ 2,848.00
TATTL Beacon			£ 892.00
Venues	£ 28.20		£ 9,297.70
Website			£ 50.41
Zoom			£ 155.88
	Sub-totals £ 23,676.90		£ 16,582.98
	Brought forward £ 26,277.70		
Total		£ 33,371.62	

Membership Analysis, at 31st August 2024

Balance Sheet		<i>Members</i>
Current	£ 18,329.11	Associate 5
Easy Access Account	£ 5,042.51	Associate Joint 2
Fixed Term Savings	£ 10,000.00	Honorary 1
Total	£ 33,371.62	Individual 402
		Joint 204
		Totals 614

Jenny Fulleylove, Treasurer 07799 731383 treasurer@u3acarrick.org.uk

		9				2		
	3		7			4		
4				6			5	
	5				2		9	
6								5
	7		1				2	
	2			4				8
		4			5		3	
		8				9		

PUZZLES

SUDOKU

In last month's Sudoku the three shaded numbers, in order, were **3, 4, 8**.

The first to get it was Chris Ayres followed by Joan Woodward and Peter Becker.

For this month's puzzle, just tell your editor the three numbers in the shaded squares, top to bottom, or left to right as applicable.

Birthday Birthday

Here are some questions about birthdays. For each, which of the three options do you think is the true value? In each case one of them is; there are no trick questions.

How many people, randomly selected, need to be in a room for there to be approximately a 50% chance that there is ...

- | | |
|---|-----------------|
| ... at least one other who shares my birthday? | 152, 186, 253 |
| ... at least one pair who share the same birthday? | 23, 52, 104 |
| ... no one who was born at the weekend? | 2, 3, 4 |
| ... at least one who was born on 29th February? | 731, 1012, 1238 |
| ... no one who was born between midnight and 1 a.m. | 12, 14, 16 |

Last month's problem – Draughty ... and then the Lights Went Out

Just, arbitrarily, separate the pieces into two piles, one of which contains 8 pieces. Then turn it over. Before you turn the pile over that pile has x black pieces and so the other has $8 - x$ black pieces. After you have turned over your pile it now has x white pieces and so has $8 - x$ black pieces. Both piles now have the same number of black pieces. The number of white pieces is irrelevant.

Mark Breach mark.breach@yahoo.co.uk

CONTACT US

OFFICERS & COMMITTEE

Chair: Lesley Parsons 01209 314810 chair@u3acarrick.org.uk
Vice-Chair: Sue Hutt 01872 864494 vicechair@u3acarrick.org.uk
General Secretary: Gillian Davies 01326 318514 secretary@u3acarrick.org.uk
Treasurer: Jenny Fulleylove 07799 731383 treasurer@u3acarrick.org.uk
Membership Secretary: Bob Williams 01326 219334 membership@u3acarrick.org.uk
Groups' Coordinator: Patsy Ross 07973 801715
groupscoordinator@u3acarrick.org.uk
Committee: Ric Reilly 07973 173367 Mike Rogers 07753 249550
Lesley Vingoe 07717 849458

Membership, Change of Address, Mode of Newsletter Delivery. The u3a is open to those no longer in full time employment. No age restriction. Contact Bob Williams for a membership information pack or to change to/from emailed and paper newsletter delivery.

Groups Contact. You can start a new group within the aims of u3a, subject to cost and others with shared interest. Contact the Groups' Coordinator. Requests for group expenditure must be preauthorised by the Committee.

Webmaster. webmaster@u3acarrick.org.uk Newsletter copy also goes to the webmaster.

Digital Lead. Ric Reilly 07973 173367 ricreilly@icloud.com

Newsletter. Copy to editor@u3acarrick.org.uk by **6:00 p.m.** on the **18th** of the month.



Photography Group Transport

