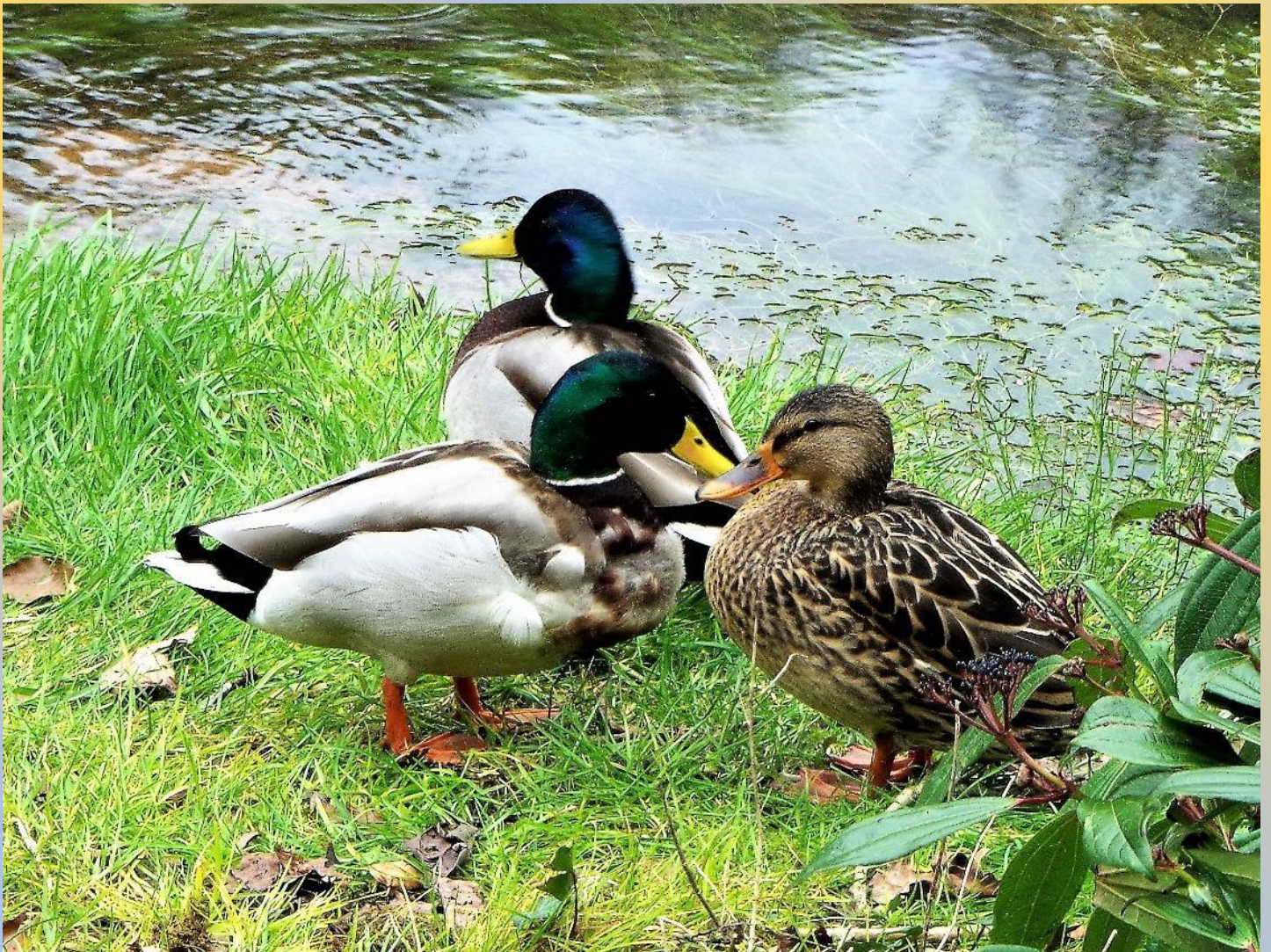


The Carrick Argus

Supporting Carrick u3a – sharing members' interests and news

Issue no 93

September 2024



Mallard Ducks

by Paul Harris

An entry for the 2023 Photography competition

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Editorial

I hope you have all had a wonderful summer and if that included visits from friends and family, I hope you aren't too exhausted! With autumn on the horizon, it's time to look at what Carrick u3a has on offer, whether it's taking up a new interest or rejoining groups which have had a break. If anyone out there would like to attend a group which we don't currently run, why not offer to start it yourself? Just to dispel any misconceptions that might occur, group leaders are not teachers, nor are we paid. We are just people with an interest in a topic which we enjoy sharing with others. No qualifications needed other than enthusiasm and friendliness. A u3a only exists because of volunteers, so don't leave it to everyone else, please consider offering some of your time to help others.

The committee are operating on reduced numbers, which limits what we can do. If you feel you could help, please speak to any of us. We particularly need someone to help with trips and visits, organise social events or to help Patsy Ross in her group coordinator role. This is a busy post which was previously shared between two people. We also need some people to organise the monthly meetings, as Richard Allen who has generously given his time over many years in the role, would like to hand the baton over to others.

Unfortunately, the planned trip to **Buckfastleigh** has had to be cancelled, but we do have other events for you to enjoy. The first is the monthly meeting on Wednesday 4th September at 2pm in Carnon Downs Village Hall, when Carrick member **Caroline Goodwin** will be sharing the intriguing events of her mother's life. Her talk is entitled "**Mum- Saint or Sinner?**"

The ever-popular quiz returns on **Saturday 21st September**, at our usual venue of **Kea Community Centre**, with an earlier start time of 7pm to allow for extra eating time, as a ploughman's supper is again on the menu following the success of the last one. Please send your team names and members to vicechair@u3acarrick.org.uk. If you don't have a team, it's no problem, I will find you one.

In response to a request from a member, Kea has been booked for a **table top or indoor car boot sale** on **Saturday 5th October** at 10a.m. To date only three tables have been booked, which obviously would be financially unviable. So, if you were planning to have one, please get in touch by **Wednesday 4th September**, which is the final date for us to cancel without having to pay for the hall.

Finally, we are hoping to have a showcase of Carrick u3a talent on **Wednesday 13th November** at the **Perranwell Centre**. Again, this can only take place if enough of you can offer something. So, a short sketch, a song, dance or a few jokes would be very welcome. Please let us know what you can contribute at the usual address, vicechair@u3acarrick.org.uk. Thank you, I look forward to hearing from you.

Sue Hutt
Editor

Letters to the Editor

Volunteers Needed.

Pendennis Community Centre (formerly Ships and Castles) is looking for volunteers to welcome visitors to our centre and work in the cafe.

The centre is 100% volunteer-powered with a small cafe at its heart and professional fitness instructors brought in to run classes and training sessions for all ages and abilities. There are over 20 of these sessions weekly, with around 200 regular participants. The centre also welcomes diverse groups from across Falmouth for community meetings, workshops and other events from gong baths to dog training.

Our mission remains to get a 6-lane 25m swimming pool and a teaching pool but in the meantime, we have our Community Centre and Cafe.

The cafe is open daily from 9am -1pm (Monday to Saturday) and we run a full programme of fitness classes in the mornings and evenings. We are looking for more volunteers in the evenings and also in the afternoons to enable us to open the cafe longer.

If you can spare anything from an hour to 4 hours a week, we would love to hear from you
Please drop Kay a message on enquiries@pendennisleisure.org or 07723338860

Hilary Harrod

On-line Bridge course

Good afternoon, Sue,

I am in the process of completing a u3a online bridge course, which has been very enjoyable. One meets interesting people, enjoys the game and it keeps the little grey cells functioning!

A new course will shortly begin, and I have attached relevant details. It would be good to get a few new recruits for my Truro u3a group, so I wonder if you would be so kind as to include the attached information in the Carrick Argus?

Kind regards
Josephine Ruegg (Dr)

The course details are displayed overleaf



FACTSHEET

u3a Beginners Bridge Programme Online

“Many games provide fun, but Bridge grips you. It exercises your mind. Your mind can rust, but Bridge prevents the rust from forming.” Martina Navratilova

If you are interested in learning to play Bridge and are comfortable using your computer for learning materials and for practice sessions, you may like to consider this new opportunity for all u3a members. It was successfully piloted in 2023-4 by the Bridge Adviser for the Third Age Trust, Steve Carter, with a panel of u3a volunteers who are all experienced players and teachers.

The programme comprises: -

1. Class materials and exercises that you study at home (about 2 hours per week).
2. A weekly Monday afternoon meeting / seminar online where key points are studied and discussed and questions are answered. (1 Hour)
3. Two practice sessions per week (Monday & Tuesday afternoons) where you play hands with other class members online. (1½ hours) – Students are not expected to attend both sessions.

The next course will start in 3Q 2024 and end in 1Q 2025. By the end of that time, you will be able to enjoy Bridge games with friends and play in a novices Bridge Club. The good news is that there is no tuition fee for the programme (it is run by volunteers). There is a small annual fee for the use of online Bridge platforms.

You can test the waters!

If you want to consider how this mode of learning Bridge might suit you, the programme begins with a 3-5 week online opportunity to learn “Mini Bridge” which shows you the basics of Bridge and familiarises you with the computer skills you need for the programme.

After the MiniBridge you can decide whether to join the main programme or call it a day!

More Information and Application

The first step is to complete the Expression of Interest Form that you will find on the website:-

www.bridgewebs.com/u3abridgegroup

The Appalachian Trail

The **Appalachian Trail** extends nearly 2,200 miles, winding through 14 states from **Georgia** to **Maine** and claims to be the world's longest hiking only trail. First proposed in 1921, it was completed 16 years later although improvements have continued ever since. Parts of it are walked by over 3 million people each year. While most of it passes through dense forest, other parts cross towns and farmland.



Images courtesy of The Appalachian Trail Conservancy

The idea for the trail came from **Benton MacKaye**, who wanted to encourage city dwellers to explore the countryside and his plan was to link up farms and study camps, with hiking not being his primary motive. However, the project was taken up by the Palisades Interstate Park Commission and following an article published in the New York Times under the heading "**A Trail from Maine to Georgia**" the focus moved to mapping and hiking from one end to the other, with the first part opening in 1923.



Sign post at Newfound Gap, Great Smoky Mountains National Park

Courtesy of Wikipedia

It is home to many species of plants and animals over 2000 of which are rare or endangered. Black bears are often seen, along with rattlesnakes and copperhead snakes, deer, moose, elk, chipmunks, boar, porcupine, bobcats, raccoons and otters. Over 250 shelters or campsites are provided along the trail and these are cared for by local volunteers. Most hikers however carry their own tents and provisions.

There are many tales of outstanding achievements around the Appalachian Trail, perhaps one of the most famous being that of **Emma Rowena Gatewood**, who at the age of 67 became the first female to walk the trail on her own. One of 15 children, she married at 19, gave birth to 11 children and endured many years of violence and abuse from her husband. He had been convicted of murder in 1925 but was only given a suspended sentence, and Emma herself suffered severe injuries on many occasions. At one point he attempted to have her declared insane and arrested. During his many rages she would often escape to the woods which is where she found a degree of peace. She finally divorced him in 1941.



Emma Rowena Gatewood aged 67

Courtesy of appalachiantrail.org

She carried very little on her trek, sleeping on piles of leaves or flat stones underneath an old shower curtain to keep off the rain. When she ran out of food, she ate wild berries and other edible plants. By the time she reached **Maryland** she had gained some publicity through the local press which led to strangers providing her with food and shelter.

When she was 70, she climbed the 6 mountains of the **Adirondack** range in New York, followed by the 2,000 miles of the **Oregon Trail** a year later.

She repeated her Appalachian trek at the age of 71, declaring the trail to be "*in better condition now*" and again 5 years later when she became the first person to complete it three times. In her eighties she worked over 10 hours a day clearing and marking a 30mile trail in Ohio. Television appearances along with speeches to many organisations brought her fame if not fortune, and she inspired a documentary, a play, poems and songs. She features in the Hall of Fame at the Appalachian Trail Museum. By the end of her life, she is calculated to have walked over 14,000 miles, equivalent to half way round the earth.

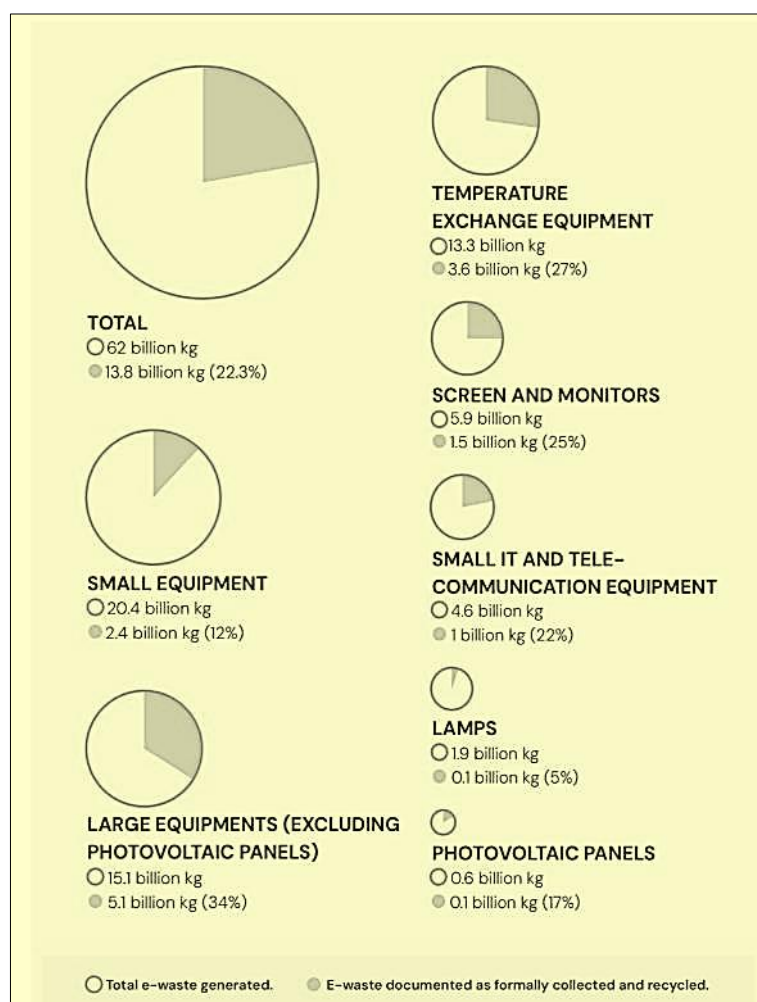
Sue Hutt

Ref. appalachiantrail.org
Wikipedia

Recycling e-waste

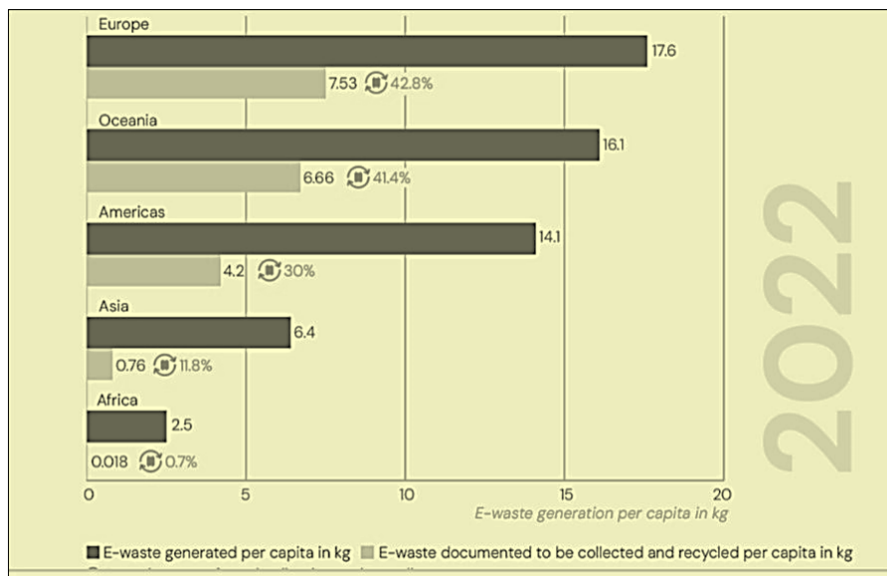
We are all accustomed to separating our items for the recycling which is collected fortnightly. Facilities for dealing with used plastics, paper, cardboard, glass and tins have been set up and targets imposed by central government to encourage households to 'do their bit' to lessen landfill. There are also arrangements in place for clothes to be recycled and soon food waste will be collected in the county.

But what of e-waste? It has long been possible to take small electrical items to the recycling centres, but what happens to it afterwards? This is a growing problem, not only with the sheer amount but also the rate at which it is increasing. A report published in 2022 by UNITAR (United Nations Institute for Training and Research) stated that the 62 million tonnes of e-waste generated in that year alone would fill 1.55 million 40 tonne trucks, which placed bumper to bumper would encircle the earth at the equator. Less than one quarter was properly collected and recycled, leaving the US alone with \$62billion worth of recoverable natural resources uncollected, leading to increased pollution in communities around the world.



Percentage of the e-waste which was recycled in 2022

E-waste is made up of both small (phones, toys, TVs, tools, LEDs, laptops, microwave ovens, vacuum cleaners, PCs etc. which alone produced 25 million tonnes in 2022) and larger (fridges, washing machines, cars, aircraft etc.) items, all of which contain valuable elements which can and should be used again.



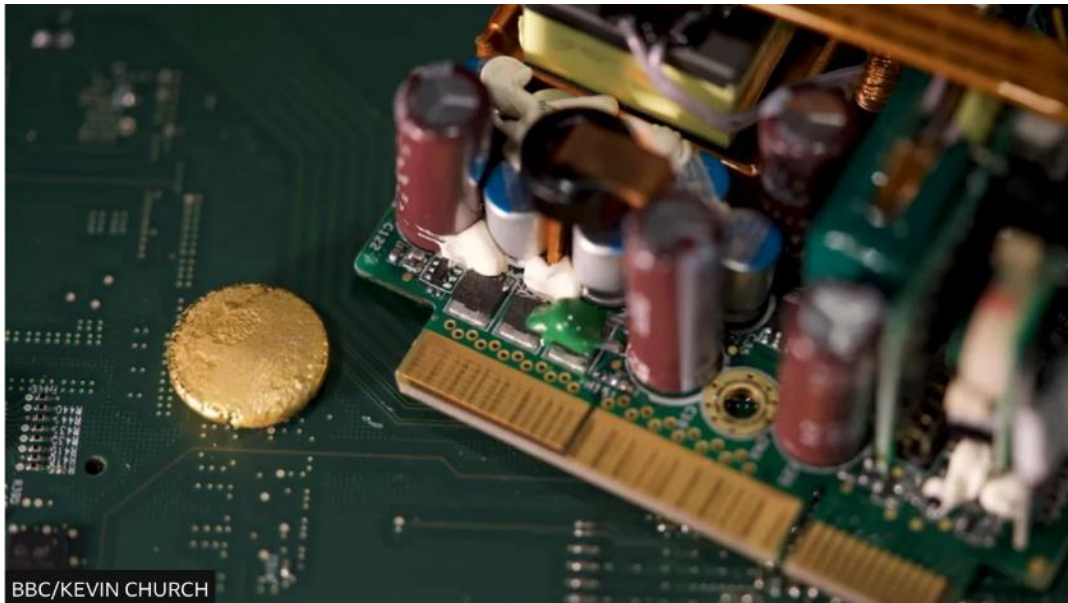
Weight of e-waste generated per capita in 2022

It is of course a global problem, in 2023 there were 81 countries in the world with e-waste legislation, however only 36 had recycling rate targets. It is a problem which needs dealing with urgently by governments working together to use the best and most efficient methods. No longer can one country's waste be shipped and dumped in another's, which always was morally indefensible.



The Royal Mint reclamation plant

Here in the UK the **Royal Mint**, which is not producing as many coins as previously, has turned its attention to the extraction of valuable natural resources, including gold, from e-waste. It has built a large industrial plant at Llantrisant in Wales which removes precious metals from circuit boards. The boards are first heated to remove their components which are then sieved and sorted as they move along a conveyor belt. Pieces containing gold are immersed in a chemical which leaches the gold out into a liquid. After filtration, the remaining powder is then heated and transformed into gold nuggets. This method is much more environmentally friendly than traditional ways of extracting gold as it uses very little energy.



Gold nuggets from recycled circuit boards

In 2024 the UN report into e-waste put the UK in second place in the world per capita in the production of tech trash. The initiative by the Royal Mint is perhaps one small step forward in improving this shameful statistic. It has been calculated that 4,000 tonnes of e-waste can generate up to 450kg of gold, at an estimated value of £27 million at today's prices. Other elements in circuit boards, including aluminium, tin, copper can also be recycled and there is the possibility that the boards themselves could be used by construction companies.

The full global e-waste report is available to read at www.globalewaste.org and further information can be found on the UNITAR website.

Sue Hutt

*Photos courtesy of Kevin Church & BBC News
Graphs courtesy of Global e-waste Monitor 2024*

Re: unitar.org
bbc.co.uk/science

Book Review: Nation by Terry Pratchett

Published by Doubleday 2008

Described as 'the best book I've ever written' by the author himself, after reading it I had to agree, even though I hadn't read very many of his 50 books. My son also considered it Pratchett's best, and this despite the fact that at this point dementia was already setting in. He was diagnosed with it in 2007 and died in 2015, aged 66.

In '**A Slip of the Keyboard**' Pratchett says, *'I discussed death with my father when he was suffering from cancer. Dementia in its varied forms is not like cancer. Alzheimer's is me unwinding; you can't battle it; it just steals you from yourself'*.

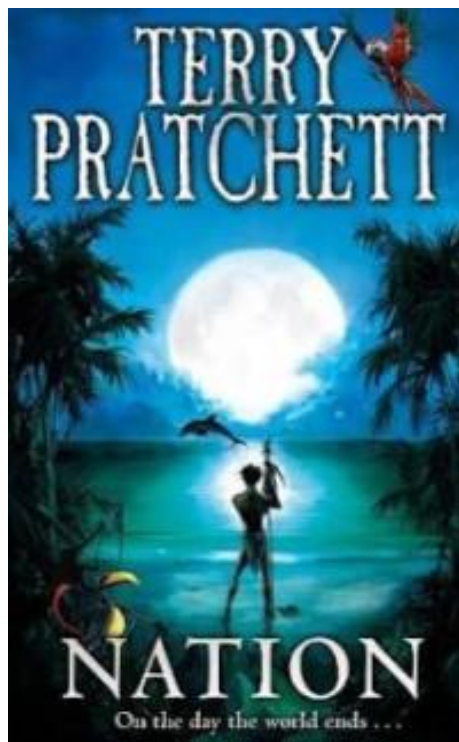


Image courtesy of Awesome books

In '**Nation**' Pratchett explores themes of death, religion, pacifism and the British Empire in his usual witty and often irreverent way. He gives death the name Locaha. Towards the end Locaha and the teenage hero Mau have a conversation which includes ideas of Heaven, or a 'Perfect World':

'This is the way to the Perfect World!' said Locaha. 'Only a very few have seen this glittering path!' Mau turned round. 'I think that if Imo (God) wants a perfect world, he wants it down here', he said. Locaha replied, 'Others have said the same thing as you. They saw that the perfect world is a journey, not a place'.

Not being an avid fan of Fantasy literature such as Pratchett's '**Discworld**' series, I was reluctant at first to read this book despite my son's recommendation. The story is set in the late 19th century, when Britannia ruled the waves. Or, as Pratchett might have said, she thought she did, until one huge wave in the South Atlantic, '*the Great Southern Pelagic Ocean*', overturns many preconceived ideas. Four years before he wrote it, Pratchett would have seen on TV the devastation caused by the

Boxing Day tsunami of 2004, which killed over 275,000 people in fourteen countries. That event may have inspired this novel.

At first Mau believes only he has survived the wave which has destroyed his village. Then he hears singing and finds *'something which had been wrecked, but it was not alive. It was some kind of giant canoe, stuck between the trunks of two trees. Closer to him, and staring at him in horror, was a girl – and a trouserman (European), too. She had been crying.'*

Gradually he realises that the boat is called the *'Sweet Judy'* and the *'ghost girl'*, as Mau thinks of her, is the sole survivor of the ship wreck. My favourite parts of the book are the descriptions of their growing affection for each other, despite the language and cultural barriers. Ermintrude (who prefers to be known as Daphne) is the epitome of a strictly reared Victorian young lady. She draws Mau an invitation to tea on board what's left of the ship where she's living, but it makes little sense to him.

As Daphne's character develops, she begins to see the ridiculous nature of the social constructs she's been raised to conform to. She and Mau form a working partnership, although he sometimes has his doubts: *'What were you supposed to do about girls? You had to keep away from them while you were a boy, but he'd heard that when you were a man you got other instructions.'*

These touches of humour help to lighten some of the other topics Pratchett includes, such as religion. When Mau and Daphne are bravely exploring a cave which contains skeletons of the islanders' ancestors ('the grandfathers'), Mau thought, *'The dead don't walk. Our fears make us feel important, because we fear that we might not be'*.

He has several discussions with an old priest called Ataba, who arrives from another island. Ataba tries to convince Mau that there is truth in religion, telling him *'We listen for certainty...in our heads we know there must be something, some reason, some pattern, some order, so we call upon the silent gods, because they are better than the darkness'*. However, Mau has already realised *'The gods are an answer that will do! Because there's food to be caught and babies to be born and life to be lived and so there is no time for big, complicated and worrying answers! Please give us a simple answer, so that we don't have to think, because if we think we might find answers that don't fit the way we want the world to be.'* Later on, Mau says, *'People want lies to live by. They cry out for them.'*

Daphne is also criticised by Ataba, such as when she is concerned that his breathing isn't good. He snaps, *'That is my affair, not yours. I would be obliged if you would stop being concerned. I know what is happening. It starts with knives and cooking pots, and suddenly we belong to the trousermen, yes, and you send priests and our souls do not belong to us. And when your father comes in his big boat, what will happen to us then?' 'I don't know',* said Daphne. We do tend to stick flags in places; we do it almost absent-mindedly, as though it's a sort of chore, she had to admit to herself.

In the 'Author's Note' at the end of the book, Pratchett denies his story is set in the Pacific Ocean. *'Oddly enough though, after it was finished, I learned that the Society Islands in the Pacific were named after the Royal Society in London by Captain Cook, because it had sponsored the first British scientific survey of the islands. Sometimes it's hard to make things up....'*



Image of Terry Pratchett courtesy of The New York Times

Pratchett was placed in the lower stream at his primary school, the stream that had no hope of passing the 11-plus. Describing himself as a ‘dreamer’ and a reluctant reader, his interest in stories was sparked by a copy of **‘The Wind in the Willows’**, the persistence of his mother, and his local library in Beaconsfield, Buckinghamshire. He passed his 11-plus – the only pupil in the lower set to do so.

Pratchett sold more than 70 million books world-wide, not bad for someone who had been told as a six-year-old by his head teacher that he would never amount to anything.

It seems fitting to allow a word-smith like Pratchett to have the final word:

‘Nobody is truly gone until the ripples they cause in the world die away’.

Sue Amer

“Science is not about building a body of known ‘facts’. It is a method for asking awkward questions and subjecting them to a reality-check, thus avoiding the human tendency to believe whatever makes us feel good.”

Terry Pratchett

Creative writing: Prague Memorial

The elderly woman walked wearily down the long road. She had visited a long list of tourist sites and had finally made her way over King Charles' bridge and wandered aimlessly in the direction of the Old Town Square where she hoped to see the Astronomical clock in action. She glanced at her watch, just enough time to go into a cafe before the hour struck.

She sat down with a grateful sigh of relief. Her feet ached and her eyes and mind reeled from looking at the ever-changing images before her. She shut her eyes and let the warmth of the room soothe her tired old body.

"Are you all right?" The middle-aged waitress asked kindly.

"Yes, thank you, I just need a coffee and maybe one of those delicious pastries."

She closed her eyes again and was just about to fall asleep when a crowd of noisy youngsters burst through the doors.

"Table for ten and water for the dogs." They demanded.

The waitress was about to say that dogs were not allowed but taking in their blond arrogant good looks and the two huge German Shepherd dogs, she closed her mouth tightly.

"Ten beers as well." A *'Please'* was added as an afterthought.

The old woman seemed to shrink into the corner where she was sitting as if she hoped to disappear. She had lowered her head and rested it on one of her hands. She tried not to listen to the loud conversation at the other end of the room. There were repeated shouts of *'Ja'* and *'Nein'* in a rising crescendo. A couple of people sitting near them had got up and left quickly paying their bill in a hurry.

The waitress returned with a large mug of coffee and a plate of pastries. The woman started as she felt a hand on her shoulder.

"There you are, dear." The waitress said. As she lifted her head to look at the waitress, she noticed that there were tears in her eyes.

"Don't forget we won the war." She whispered in her ear.

"Of course we did." The waitress gave her a weak smile and put her arm round her shoulders in a gentle hug.

"Enjoy your pastries." She said loudly and walked quickly away.

The kindness of the waitress, the sweetness of the pastry and the warmth of the coffee revived her. The last part of her journey was going to be difficult, but she took a deep breath in as she got up from the table and briskly left the cafe, keeping her eyes firmly fixed on the way out. The striking of the Clock provided an amusing diversion but now she had to find her way into the oldest part of Prague. The ancient buildings had an architectural music like none other and she gazed in wonder at the Baroque symmetry. Eventually she came to the place where she hoped to find out more about her family. There was a long queue into the low building. People were quiet, as they moved slowly towards the entrance gate. She had no idea what to expect as she walked into an airy modern space. The ceilings were arched with wooden beams, light flooded in, high windows decorated with intricate iron work, but the room was bare of any ornament apart from the wrought iron candlestick with seven candles burning.

The walls were white in each room and in each room on every wall there were huge granite slabs and on each slab there were engraved names, thousands of names each with the date and place of death.

Her body was rigid in the effort not to scream out against this record of inhumanity as she looked closely at the lists of names. Yes, there were three or four Landsman, dimly remembered uncles at noisy dinner tables, the good-humoured arguing, the laughter, ended up in Auschwitz like so many others. The queue filed past, a few muffled sobs punctuating the silence.

It seemed to pass so quickly, this act of homage. They were back in the open air and walking through the old Jewish cemetery. The ancient gravestones were piled on top of each other in a bizarre random fashion. All these tombs were of people who had had a normal life. Stopping at one she bent down and picked up a pebble from the path. According to the Jewish custom she quietly she placed it on the ancient tombstone.

“Alav-ha-Shalom” She whispered *“May they rest in peace.”*

.....



Pinkas Synagogue, Prague

Courtesy of Foursquare

The **Pinkas Synagogue** in Prague commemorates the seventy-eight thousand Czech Jews who died in the Holocaust. It also contains an exhibition of four thousand five hundred drawings done by children in the Theresienstadt Ghetto. They were encouraged to draw and paint their dreams and fears by a talented female artist, **Friedl Dicker-Brandeis** who hid these drawings in the mattress of her iron bunk. She was taken to die in Auschwitz along with thousands of these children, but the drawings survived to be a testament to their brief existence.

Brenda Burgess

Creative writing: Role Play

'I see old Mrs Bryant's place has got another tenant.' Phyllis was always the first with any neighbourhood news that she shared over mugs of tea, with her fellow – gossipers.

'Poor old soul's hardly cold in her grave.' Marjorie sucked the insides of her cheeks which made her look like a cadaver. *'Who is this new tenant?'*

'If you ask me her place could've done with a good going over- needs modernising.' Nellie added.

A week later the identity of the newcomer was known, winkled out by Phyllis the Ferret and disseminated in her chilly kitchen to her audience of two, muffled up in overcoats, woolly hats and scarves.

'He's Percy Braithwaite, hard to tell his age. He was wearing a long overcoat, dark glasses and a kind of balaclava. He talked posh.'

'How did you find out his name? Knock on his door and ask, did you?'

'I happened to be behind him in the post office,' said Phyllis, putting on her hurt expression.

Two weeks later Percy was queueing to get into the local library for a spot of warmth. The time allowed inside was strictly rationed to two hours. He was not managing at all well on his Universal Credit. All the money on his prepayment electric card was used up and he was down to eating bread and margarine. He'd tried the Food Bank but they were out of food.

When Phyllis heard of Percy's plight, she decided to offer him some of her thick, lentil soup which she made on a Monday to last the week. There were no lights on in Percy's house when she knocked on his door. She opened the letter box and yelled. *'Hello Mr Braithwaite, open the door? I've brought you some nice hot soup.'*

The door eventually creaked open a few inches. A hand was thrust through the gap and grabbed the thermos. Phyllis thought she may have detected a thank you. She stood for a minute staring at the shabby door, before shouting through the letterbox again. *'I'll have my flask back when you've finished. Leave it on the doorstep.'*

Phyllis felt offended by Percy's rudeness and lost no time in telling her friends.

'Well,' said Marjorie, thrilled at having some gossip to pass on, *'when I was in the Co-op, I saw Percy doing his shopping. When he went to pay, he didn't have enough money, so had to leave half the goods at the checkout. I felt sorry for him but couldn't help him out.'*

'When that Government minister said Universal Credit is more than enough to live on, I said let him try it.' Nellie folded her arms across her once ample bosom and shivered. *'It was that Gove.'*

Twice a week Phyllis refilled the flask with lentil soup and left it on Percy's doorstep. The soup did get thinned down towards the end of the week. Coming into Percy's sixth week Phyllis found the still full flask on his doorstep. She bawled through the letterbox. There was no response.

'Something's up. I need to get round the back somehow.' She muttered.

She fetched Nellie and Marjorie for reinforcements. They made their way along the alleyway at the back to find the fence broken down. Access was easy. Phyllis peered through the grimy kitchen window and saw Percy stretched out on the floor.

'Oh my God, He's dead. Go to the post office you two and phone for an ambulance.' The wait was over 24 hours. It was touch and go for a while. Percy was suffering from hypothermia, malnutrition and severe dehydration. He did pull through, thanks to the staff, who were rushed off their feet in the under-resourced hospital.

An announcement was made on the T V. news the next evening.

'Mr Michael Gove, the minister of Social Justice, has been hospitalised. The nature of his illness is unknown.'

'I knew there was something fishy about that Percy,' said Phyllis, clutching a mug of hot water to warm her icy cold hands. *'His posh voice gave him away.'*

'It's those wrinkles in his forehead,' interrupted Marjorie. *'I knew I'd seen them somewhere before. That'll teach him to climb on his high horse and tell us how easy it is on benefits. Anyhow why didn't he just jack it in?'*

'I heard the house had bugs and cameras hidden everywhere. He was under surveillance.'

'Who told you that?' Nellie and Marjorie asked in unison.

'My sources.'

They knew Phyllis wouldn't keep her secret for long.

Ann Mundler



Courtesy of Facebook

Poem: After the Vandals

*My tidy shed stands forced
The unhinged door, obscenely daubed,
gapes at terracotta shards, strewn seeds
The floor is viscous with
a cocktail of spilled death.*

*Where my bean-rows flowered,
a pyre of splintered canes, a tangled net
of strangled stems
New shoveled barrows squirm
with ghost-pale groping roots, and worms
like small intestine
gasp in the dehydrating day.*

*Decapitated marguerites
have starred a path towards the muddied sickly pool
Fish drift listless,
silver willow leaves,
decaying round a dry mouthed leaden dolphin.*

*I wipe my smarting eyes and see
rusty dustbowl wastes, rainforests razed
to mutilated ashy stumps
Rancid lifeless lakes
ebb sluggishly into a sea
whose slow corrosive sulphurous waves
dump corruption on a bleached deserted beach.*

*My heart ticks, overwound, irregular
Is this how it begins?*

Adrian's Pick of the month: Shop Windows









All images courtesy of u3a Carrick photography group

SOMETIMES I JUST WISH
I HAD THE WISDOM OF
A 90 YEAR OLD, THE BODY
OF A 20 YEAR OLD AND
THE ENERGY OF 3 YEAR OLD!



Courtesy of Facebook

Quiz

Sport

1. Jade Jones won Olympic gold in 2012 and 2016, in which sport?
2. Which water sport involves tucks and pikes?
3. On which date do racehorses in the UK celebrate their birthdays?
4. What is the home ground of Surrey County Cricket Club?
5. Who was the Premier League top scorer in the 2022-2023 season?
6. When did Roger Federer win his first Wimbledon title?
7. After retiring from cycling, which sport did Bradley Wiggins take up?
8. Who won more England caps, Rooney or Beckham?
9. In which Olympics did Kelly Holmes win 2 gold medals?
10. What is the highest possible score from a single dart?

American geography. Where will you find the following?

















1. The Lincoln Memorial
2. The Golden Gate Bridge
3. Monument Valley
4. Grand Canyon
5. The Hollywood Sign
6. EPCOT
7. Mount Rushmore
8. Graceland
9. Kilauea
10. The Flatiron
11. The Rock and Roll Hall of Fame
12. Luxor Hotel
13. Fort Knox
14. Hot Springs
15. The Griffith Observatory

Children's entertainment- what are the names of

1. Peppa Pig's brother?
2. The Teletubbies?
3. Dick Dastardly's dog?
4. Lady Penelope's chauffeur?
5. The area where Postman Pat delivers the mail?
6. Captain Pugwash's cabin boy?
7. The snail in The Magic Roundabout?
8. The doll in Andy Pandy?
9. The Wooden Tops' dog?
10. The donkey in The House at Pooh Corner?

[Answers on page 28](#)

Picture Quiz: Name these Oscar winners

 1	 2	 3	 4
 5	 6	 7	 8
 9	 10	 11	 12
 13	 14	 15	 16

[Answers on page 29](#)

The Cornish in old photos



Falmouth Fishermen



Newlyn Fish wives



Sennen Cove Crab Pot makers



Sennen Cove Fishermen



Tea time 1910



Picnic time 1930s

All photos courtesy of Smugglers of Mousehole

Turkish 'Roman ruins' revealed



Images courtesy of Facebook

These photos were displayed on Facebook but simply identified as being from a site in Turkey. We know many of our readers are well travelled. Can anyone identify the site and do they have any information about it? If you have, would you be willing to contribute towards a future article? If so please contact us at carrickargus2017@gmail.com

Editor

Quiz answers

Sport

- | | |
|--|----------------|
| 1. Jade Jones won Olympic gold in 2012 and 2016, in which sport? | Taekwondo |
| 2. Which water sport involves tucks and pikes? | Diving |
| 3. On which date do racehorses in the UK celebrate their birthdays? | January 1st |
| 4. What is the home ground of Surrey County Cricket Club? | The Oval |
| 5. Who was the Premier League top scorer in the 2022-2023 season? | Erling Haaland |
| 6. When did Roger Federer win his first Wimbledon title? | 2003 |
| 7. After retiring from cycling, which sport did Bradley Wiggins take up? | Rowing |
| 8. Who won more England caps, Rooney or Beckham? | Rooney |
| 9. In which Olympics did Kelly Holmes win 2 gold medals? | Athens, 2004 |
| 10. What is the highest possible score from a single dart? | 60 |

















American geography. Where will you find the following?

- | | |
|------------------------------------|-----------------|
| 1. The Lincoln Memorial | Washington D.C. |
| 2. The Golden Gate Bridge | San Francisco |
| 3. Monument Valley | Utah |
| 4. Grand Canyon | Arizona |
| 5. The Hollywood Sign | Los Angeles |
| 6. EPCOT | Florida |
| 7. Mount Rushmore | South Dakota |
| 8. Graceland | Memphis |
| 9. Kilauea | Hawaii |
| 10. The Flatiron | New York |
| 11. The Rock and Roll Hall of Fame | Cleveland Ohio |
| 12. Luxor Hotel | Las Vegas |
| 13. Fort Knox | Kentucky |
| 14. Hot Springs | Arkansas |
| 15. The Griffith Observatory | California |

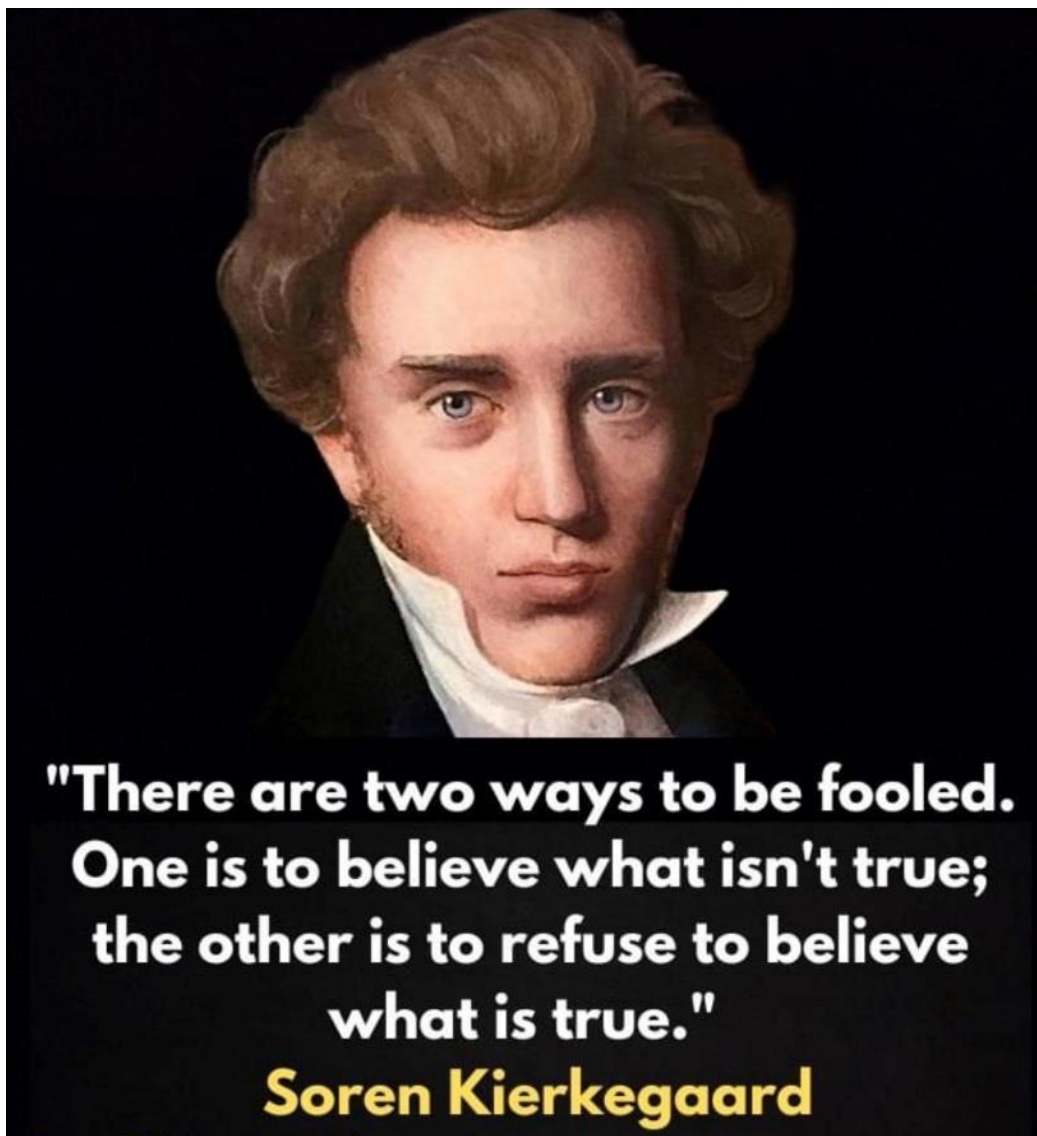
Children's entertainment- What are the names of the following?

- | | |
|--|---------------------------------|
| 1. Peppa Pig's brother? | George |
| 2. The Teletubbies? | Po, Tinky Winky, Laa-Laa, Dipsy |
| 3. Dick Dastardly's dog? | Muttley |
| 4. Lady Penelope's chauffeur? | Parker |
| 5. The area where Postman Pat delivers the mail? | Greendale |
| 6. Captain Pugwash's cabin boy? | Tom |
| 7. The snail in The Magic Roundabout? | Brian |
| 8. The doll in Andy Pandy? | Looby Lou |
| 9. The Wooden Tops' dog? | Spot |
| 10. The donkey in The House at Pooh Corner? | Eeyore |

Picture Quiz answers

			
Cate Blanchett	Olivia Colman	Meryl Streep	Judi Dench
			
Nicole Kidman	Emma Thompson	Jane Fonda	Kate Winslet
			
Eddie Redmayne	Rami Malek	Daniel Day Lewis	Denzel Washington
			
Tom Hanks	Dustin Hoffman	Ben Kingsley	Cillian Murphy

Thoughts for the day



A mind is like a parachute. It doesn't work if it is not open.

– Frank Zappa

Carrick Argus: Contact details

We look forward to receiving your letters and any other contributions you may like to offer such as quizzes, articles, and short stories by email to carrickargus2017@gmail.com

Deadline for next issue – Wednesday 25th September 2024

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- 2) The topics of your contributions should be restricted to those likely to be of interest to members of u3as. But see 6 below.
- 3) Apart from obvious typing errors, your contribution will never be altered or cut without first being returned to you for your agreement. That includes punctuation.
- 4) Contributions must show name of contributor; contact details their choice. A contributor may instead select a pen name, but if so, their own name will be supplied to any reader who asks for it.
- 5) A contribution that is critical of an identifiable individual will not be published. But see 6 below.
- 6) If contributing, you should regard yourself as responsible for factual accuracy. Opinions are your own.

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