

June 2024

CARRICK NEWSLETTER

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A yellow starburst graphic with a black outline, containing text about membership renewal forms.

With pull-out
forms for your
Membership
Renewal



www.u3acarrick.co.uk
U3A Carrick
Registered Charity No 1034910

U3A MEETINGS

Monthly Meeting, Carnon Downs Village Hall 2:00 p.m., Wednesday 19th June.
Sue Swinchatt will be speaking on "**The Life and Art of Walter Crane (1845-1915)**". See entry in Group News Section.

WELCOME TO NEW MEMBERS

We welcome these new members and wish them a long and enjoyable membership.

Elisabeth West Stuart Brown Janine McKay Pamela Gray Roger Preston
Mary Smith Derek Pinder Sandra Pinder

Bob Williams, Membership Secretary membership@u3acarrick.org.uk

ANNOUNCEMENTS

A VIEW FROM THE CHAIR

Hello, I hope you have all managed to enjoy a glimpse of sunshine in the last few weeks.

Welcome to new members and thank you to all of you who have renewed your membership. If you haven't yet done so, please remember the timescale for renewal is now 6 weeks from 1st May. You can also renew/continue your lottery draw membership with your general membership, £12 will cover you for every draw for a year, and can be paid by BACs. If you aren't a draw member already but would like to join, please pay by BACs and contact me to discuss numbers chair@u3acarrick.org.uk or 01209 314810.

Can I also remind you to sign up for Giftaid which allows us to claim additional funds from the tax man at no extra cost to yourself.

Many of you will have received the new style membership cards produced by Beacon. Please note the changed password for the members' section of the

website as from **1st June**. Those of you opting for paper newsletters will receive the first one with your membership cards.

Spring finally seems to be here, even if intermittently, and so the seasonal groups are starting up, and new groups being trialled.

Mainly today, I am going to concentrate on reminding you of upcoming Social and Fundraising events, as others will be telling you about other innovations within this newsletter.

First, I have had a conversation with the Quiz organiser and agreed they will curb their enthusiasm, and at the Quiz on **1st June** there will be fewer rounds. This will allow time for a ploughman's meal; and to make sure we all get home at a reasonable time. There will still be plenty of variety and so hopefully something for everyone. You don't have to bring a team, if you do we want teams of 6 maximum; but if you want to come on your own and join in just let us know for catering purposes at vicechair@u3acarrick.org.uk and come along and we will find a team for you. Remember the event is open to non-members so bring along friends and relatives for a fun night out. **1st June** at Kea Centre, 7:00 for 7:30 p.m., £7.50 ploughman's supper, tea/coffee available or BYO.

On **15th June** we are going to hold our first BINGO night, again at the Kea Centre. So come along and give it a go, free entry, 25p per game ticket, winning lines and full houses will get points, which will add up to a prize at the end of the evening.

There is an advert in the following pages for two proposed bus trips in August, these are already on offer with Country Explorer, the small local company I am trying to establish a working relationship with, and I am advertising them because they go to a couple of venues suggested by you, so if you are interested, please let me know first at chair@u3acarrick.org.uk as we may be able to negotiate a discount if enough people from u3a go. We have had some suggestions of other venues to visit, and dependent on interest will organise a u3a specific trip. So, expressions of interest to me please for:

Tintagel, possibly incorporating the Cornwall at War Museum, or the Delabole Slate quarry, or Boscastle); Bude/Boscastle; Tremenheere Sculpture Garden, possibly incorporating Chysauster; Buckfast Abbey; Tavistock/Morwellham Quay; Dartmouth/Coleton Fishacre/Totnes; Christmas shopping in Exeter.

Finally, we are hoping to hold a Garden Party on **14th July** in Perranwell, and there is a request for small cakes please. If you can provide any please let Sue Hutt know at vicechair@u3acarrick.org.uk.

Every member of the committee currently has a specific role, which will become obvious as you read the newsletter. We do still have room for more members, so if you would like to be involved in the organisation of Carrick u3a please get in touch with any member of the committee, and come along to a meeting to see how they work.

We particularly would like some help with publicity, and fundraising, no need to join the committee just offer us some time/expertise/ideas, and help us keep Carrick vibrant.

Thanks all.

Lesley Parsons, Chair 01209 314810 chair@u3acarrick.org.uk

SUBSCRIPTIONS

Subscriptions were due on 1st May. Thanks to the many members who have already renewed their membership.

Members who have not renewed by the **12th June** will not receive a Newsletter or be eligible to attend groups until their membership has been renewed.

Please be aware that in order to continue receiving a printed Newsletter, payment including the postal charge should be with me at the latest by **11th June**.

Members switching to an email Newsletter should confirm their email address.

A renewal form can be found in the centrefold of this Newsletter.

Bob Williams, Membership Secretary 01326 219334
membership@u3acarrick.org.uk

QUIZ NIGHT

There are still places available for the next Quiz Night on Saturday **1st June** at Kea Community Centre, starting at 7:30 p.m. Doors open at 7:00 p.m. If you don't have a team already, please get in touch, I have people wanting to join one. Admission is £7.50 to include a ploughman's supper, tea and coffee. Names to me please; money can be handed to any member of the committee.

Sue Hutt 01872 864494 vicechair@u3acarrick.org.uk

BINGO NIGHT

We have been asked to put on a Bingo Night, so here it is. Saturday **15th June** at Kea Community Centre, starting at 7:30 p.m. Free entry, pay to play. Tea and coffee for a small donation, you are welcome to bring your own nibbles and drinks. Names to me please.

Sue Hutt 01872 864494 vicechair@u3acarrick.org.uk

GARDEN PARTY

Weather permitting, we are planning to hold a Garden Party on Sunday **14th July 2:00 – 4:00 p.m.** Jean King has kindly offered to host the party at Medlar Cottage, St Piran's Hill, Perranwell. Parking will be on the street so please park prettily.

Entrance will be free, entertainment will be provided by the Carrick Consort, drinks and cakes will be available to purchase and there will be a selection of traditional activities to enjoy. This is one of our fundraising events so please come along and support us. Jean is hoping all the ladies will wear a hat, although this is not of course compulsory.

We are hoping to organise a tombola for the garden party. All contributions will be gratefully received, please pass to me or any member of the committee.

Sue Hutt 01872 864494 vicechair@u3acarrick.org.uk

U3A CARRICK LIAISON WITH THE COMBINED UNIVERSITIES IN CORNWALL

Following the successful presentation by two PhD students last November we are hoping to build on the experience by attending further events at the CUiC. U3a Carrick is keen to create and maintain mutually beneficial links between its members and the Universities in Cornwall.

Our hopes are to find departments that are willing to allow u3a members to attend or participate in lectures, seminars, study days, exhibitions, field trips or other events that can provide learning experiences. The interest would not just be in learning new topics but in the way research is carried out in a modern university environment.

In return we would provide a forum for academic staff and students who wish to present dissertations and research ideas to a lay group willing to discuss the findings and give constructive comment. We may also be tempted to participate as research subjects or assistants.

Arrangements of this type have been set up by many u3a groups across the country and the liaison between Exeter u3a and Exeter University, which is very successful, can act as a useful guide for u3a Carrick.

Our new contact at the University is already looking to reestablish links with the team that gave us last year's talks; as well as contacting various departments to see who might be able to give presentations of interest to us. The first of these, which was announced in the May newsletter, took place at the Maritime Museum in Falmouth; Ric Reilly attended and found the event very enjoyable and informative. As the arrangements settle down, we hope to set up a calendar for future events and give you a little more notice. In the meantime, Sue Hutt will continue to post information on Facebook as it becomes available.

Mike Rogers mike142122@gmail.com 07753 249550

UNIVERSITY LIAISON EVENTS

Below are some links and dates of events we are being told about because of Mike's work as liaison with the university. If anyone is interested, please follow the links below.

Thursday **30th May 10:30 a.m.** Phillip Payton will talk about his new book, DH Lawrence: In Search of Utopia. Zoom.

Weds **10th July 6:30 – 8:00 p.m.** California Heritage Indigenous Research Group (CHIRP). We hope that this will be the first of many in our new Cornish Diaspora and Indigenous Communities seminar series. CHIRP represent the Nisenan tribal community from Grass Valley, California. In their campaigns for Federal recognition, the community hope that people in Cornwall have records of their ancestors' interactions with the Nisenan in Grass Valley, so whilst we learn more about the Nisenan and their experiences, and virtually meet some Nisenan-Cornish people, we also have the opportunity to give something back

We are really aware that next year forms part of the 200th celebrations of Cornish mining in Real Del Monte, Hidalgo, Mexico. We know that lots of other people in Cornwall are planning events and feel that it would be great if we can connect together to help to amplify the occasion. If you are planning something, contact Cornish-Mexican specialist, Katy Humberstone, on kh426@exeter.ac.uk and we'll loop you in to other conversations.

Looking forward to seeing you at some of our events,

Lesley Parsons 01209 314810 chair@u3acarrick.org.uk

U3A CARRICK - FUNDING SUB-GROUP

The committee is setting up a sub-group to investigate whether an alternative system for the annual subscription should be considered. The sub-group will be guided by Terms of Reference agreed by the committee, these are printed below.

If you are interested and would like to leave comments or have a chat about the issues, please contact Mike Rogers, mike142122@gmail.com.

Terms of Reference

Preamble

With reference to the u3aCarrick constitution para. 8(viii) “The Committee may appoint sub-committees consisting of at least one of its members for the purpose of performing any function or duty which in the opinion of The Committee would be more conveniently undertaken or carried out by a sub-committee, provided that all acts and proceedings of any such sub-committees shall be fully and promptly reported to The Committee.”

Currently the subscription model for u3aCarrick is to have a single fixed annual payment. From this income all venue costs and certain support costs, as agreed by the committee, are paid.

The investigation undertaken by the funding sub-group will address concerns raised by some members of u3aCarrick over the financial security of the model and whether the system is fair to all members.

Primary Objectives

To produce a report to be presented to the Committee regarding viable alternative funding models together with their implementation, management and maintenance.

To establish the current position of the u3aCarrick finances in relation to income from subscription and the cost of venues used for group activities.

To consider whether the model is sufficiently robust and flexible to cope with future financial pressures.

To investigate alternative subscription and venue cost models.

Duties and Responsibilities

To provide regular updates on progress to the Committee.

The final report to be completed before **12th January 2025**.

At all times, the requirements of current constitution of u3aCarrick and the Charity Commission must be applied.

Mike Rogers funding-comments@u3acarrick.org.uk

EDITORIAL

Last month's picture was of a church with a tall tower. It was the Church of St Paul at Chacewater.

Almost a first, in that no-one got it.

This month's picture is of a well-known place but not a common aspect of it. So, where is it?

Your answer, as always, to editor@u3acarrick.org.uk please, or use your smart phone with this QR code to email your editor. The answer will be in next month's newsletter.



Mark Breach editor@u3acarrick.org.uk

GROUP NEWS

MEDITATION PRACTICE

Are you interested in learning or continuing your meditation practice? I am trained as a Mindfulness Based Cognitive Therapy Facilitator and write my own Visualisation. No previous experience needed. This is not a therapy group but has an intention of quietening the chattering mind anchoring with the breath.

Not suitable for anyone recently bereaved.

In finding a different place to be with ourselves we can find calm in a tense world.

Ruby Walker 07880 727172

UNIVERSITY LIAISON

The events organised through the University Liaison Project are open to all members of u3aCarrick; subject only to the capacity of the venue. Information about the events will appear in the Newsletter and on u3aCarrick's Facebook page.

This group will act as a mailing list for those members who have shown an interest in receiving notification of upcoming events; useful for short notice events. If you would like to join the group, please email the group leader.

The latest talk available is a zoom presentation by Professor Philip Payton who will talk about his new book on D.H. Lawrence and Cornwall. Thursday, **30th May**, 10:30 a.m. – 12:00 noon.

Let me know if you are interested and I will send you the link for registration.

Mike Rogers 07753249550 universityliaison@u3acarrick.org.uk

CARPET BOWLS 2

We meet at The Perranwell Centre on Wednesday afternoons from 1:00 p.m.

We have some regular players and always have a good time, but the holiday season means we have been an exclusive group, and so we are keen to welcome new members.

We are there for 3 hours, so if 1:00 p.m. doesn't suit you come along later, you are sure of a warm welcome and we will make sure you join in a game.

We look forward to seeing you there.

Lesley Parsons 01209 314810 chair@u3acarrick.org.uk

CARRICK CONSORT

On 27th April Carrick Consort and the Cornwall Branch of the Society of Recorder Players, many of our members belong to both, hosted a workshop with the well-known performer, composer and arranger, David Moses.

David spent the day initiating us into the art of playing jazz and worked with us to demonstrate how players and composers of different eras took some well-known songs from musicals to adapt them into jazz pieces by using a variety of different rhythm patterns and variations on their melodies.



It was a fascinating and rewarding day and for some players proved a steep learning curve, but nevertheless very enjoyable.

Helen Whomersley helenwhomersley@gmail.com

CONNECTED CAFÉ

If you are an existing user of email and/or the internet but need help to do more or grapple with the odd technical tease then we are holding monthly 'surgeries'. We're off to Ireland so June's Connected Cafe will be on Tuesday **11th June** still at Chez Reilly, so if you are a 'regular' please note the change of both day and week.

We never know what issues and topics our visitors will raise, but they have been wide and varied, and in most cases we can resolve the issues often by delving into the internet or calling on experience from our visitors themselves. May's focus for instance was on tablets, Samsung and Android, adjusting settings, starting and populating photo albums, setting up and stopping subtitles on streaming, quicker access to favourite websites, etc.

With limited space and personal bandwidth, attendance has to be by prior notification, either with a call or an email to Ric. We won't have all the answers, but may be able to help with searching them out.

Ric Reilly 07973 173367 ricreilly@icloud.com

DONS KERNEWEK

There was a good atmosphere and lots of sunshine on Easter Saturday when we celebrated the Aberfest Celtic festival in Falmouth. There were music and dancing displays on The Moor and Custom House Quay by Cornish and Breton groups. In the afternoon we danced in The Cider House pub accompanied by The Aggie Folk band. The pub was very busy but we managed to perform some dances in a very limited space to the amusement of the audience.

We moved on to the King's Head where we had to shift some furniture to make space for us to dance. Aggie Folk band again accompanied us and also had to squeeze in very limited space. While waiting to dance we became aware that the pub floor was very sticky, so our shoes were sticking to the floor. In spite of this, we managed to dance without falling over and the audience were very appreciative.

So, a good time was had by all. In the evening some of us went to King Charles the Martyr church hall where we were entertained by various Breton and Cornish folk bands. We joined in the various dances and enjoyed the evening.

We are a very friendly group and would warmly welcome new members.

Sue Prout 07917341057

EUCHRE 2

Hello fellow Euchre players, our next meeting is being held on **20th May** at 2:00 p.m. Hopefully we will meet existing group members plus new members hoping to learn this traditional game. Can you all bring your membership cards to the meeting.

Any questions or queries, my contact details are below.

Jenny Fulleylove 07799 731383 jennpetfull79@gmail.com

FOURTH FRIDAY, FALMOUTH

Fourth Friday, Falmouth, will meet at the Princess Pavilion, Falmouth, on **28th June** at 10:30 a.m. Come and join our friendly group for coffee and a chat, and to welcome new members.

Alex Pascoe alexpascoe@talktalk.net 01326 211228, 07971 395995

GARDEN

Despite some of us losing our way a little, Google isn't always helpful, we all gathered just in time for a tour of the house at Godolphin before enjoying the delights of a charming and most historical garden. We were blessed with a beautiful day, the bluebells providing a sea of colour in the wooded area and flowers emerging in the more formal areas including the wisteria cladding the ancient stonework.

For June it has been agreed that the West Pentire poppies managed by the National Trust warrant a visit or re-visit for some of us. As the weather will have quite a significant effect on our



appreciation of the sight, I am suggesting that we visit around the **19th June**. Ideally it would be on that day, the Wednesday but should the weather be inclement we could change it to another day. For this I will definitely need to have the list of those who would like to join us so that I can communicate in confirming the date of the outing. This is not an ideal arrangement but we do need a sunny day and we do live in Cornwall.

All being well, it might be enjoyable to do a picnic lunch beforehand for which we could arrange to meet up, or for those who prefer, a pub lunch nearby. We could then meet at 2:00 p.m. in the Polly Joke car park, pay and display, which charges £2 for one hour, £4.50 for 4 hours and £6 all day. Prices stated on Google map information dated last week, ready for a walk out to the fields on the cliffs.

A cautionary note. The Bowgie Inn has a big car park but it is run by one of those private firms who have a tendency to charge extortionate 'fines' for the slightest thing, even I believe if you just go in, drive around and exit the car park if you choose not to use it.

June visit, potential details: West Pentire Poppies

Wednesday **19th June** 2.00pm at the Polly Joke car park TR8 5SE. To be confirmed. It is essential to contact me if coming in case of change of date.

Kate Gidman kategarts.gdns@gmail.com 07962 805666

HANDICRAFT

As from 19th April we change afternoons for 14 weeks due to double booking. Friday 2:00 – 4:00 p.m. from 19th April – **26th July**.

Then from the **1st August** we are back to normal on a Thursday afternoon. Thursday 2:00 – 4:00 p.m. from **1st August** – **26th December**.

Veronica & Gordon Richards 07893511192

veronicacrichards@gmail.com



HISTORY



For our May meeting the group visited the Museum of Cornish Life in Helston. The museum was founded in 1937 to display all aspects of Cornish life including the domestic, religious, work and leisure over the years. It was originally housed in the Market House and later expanded into the other market buildings and finally the Drill Hall. It features local celebrities such as Henry Trengrouse who invented the Breeches Buoy and Bosun's Chair lifesaving equipment, and world champion boxer Bob Fitzsimmons. Of course, there are also displays related to Flora Day.

The group were met by the volunteer staff, and after an introductory talk, were given a guided tour of the museum. Finally, Laura Miucci who is the Finds Officer for Cornwall Portable Antiquity Scheme, showed us the archaeological exhibits. Laura recommended that we pay a return visit in a few weeks' time when the rearrangement of the archaeology cabinet will be complete. There were so many interesting exhibits and so much to take in that I am sure many of us will do so. The

photograph shows the group assembling in the Drill Hall for the introductory talk. There are more photographs from our visit on the u3a Carrick Facebook page.

Our next meeting is on Monday **17th June** when we will have our book review meeting. You are asked to recommend a book of historical interest that you have recently read. Please let me know which book you will be talking about so that I can compile a list to circulate afterwards. The meeting will be held at Kea Community Centre, Playing Place. The doors open at 10:00 a.m. and the meeting starts at 10.15 a.m. Please sign the attendance register on arrival and bring your current Carrick u3a membership card.

If you are unable to attend the meeting in person and wish to attend via Zoom, please contact Ric Reilly on ricreilly@icloud.com.

Please note that there has been a change to the group meetings programme. In July, instead of the guided walk around Helston we will have a visit to Pendennis Castle. If you would like a copy of the programme please contact the group leader.

Sheila James u3acarrickhistory@gmail.com 01872 870745

MONDAYS ONLINE

Our informal gatherings online, using Zoom, are open to anyone who just feels like they would like some company and a natter, with no set agenda and just letting conversations go where they will and do.

The gatherings are from 6:00 to 8:00 p.m. normally on the first and third Mondays of the month, so that will be Mondays **3rd and 17th June**, and there is still next Monday **20th May**.

If you fancy joining us occasionally, then email me as below, and I'll let you have the joining details for Zoom. If you haven't used Zoom before it is quite simple, and I'd be delighted to set up a 1:1 introductory session at your convenience to take you through it.

Ric Reilly 07973 173367 mondayonline@u3acarrick.org.uk



CARRICK MEMBERSHIP RENEWAL FORM

1st May 2024 – 30th April 2025

1 If this is your printed copy of the newsletter remove this centre section from the newsletter. If you received this electronically print this and the following 2 pages.

If there are two of you at the same address you may both renew on this form.

2 Please renew my/our membership of u3a Carrick. I/we understand it is the responsibility of individual members to ensure that they are fit to undertake any activity in which they choose to participate.

Name _____ Signed _____ Date _____

Name _____ Signed _____ Date _____

Membership Number(s) (if known) _____

If you are also a member of another u3a **and** you pay the £4.00 required by Third Age Trust through that u3a then your subscription to us reduces to £24.00. If you are currently a member of another u3a tell us which one.

3 Calculate how much you should pay. The subscription is currently £28.00 per person; see 6. overleaf. There is an optional extra. The national magazine can be sent to you through the post for an additional £3.80 for 5 issues per year. *Your monthly u3a Carrick newsletter will be delivered free by email whether or not you choose to pay for delivery of the national magazine.*

4 If you wish to participate in the u3a Carrick Charity Lottery Please add £12.00.

5 If you would like to further help our u3a, please consider making a donation.

6 If you have already signed up for Gift Aid, we say a big thank you! If you haven't and you pay income tax, would you like to do so to help us keep our subscription rate down? A Gift Aid form is attached.

7 Please make your payment online by bank transfer to:

u3a Carrick - Reg Charity No 1034910

sort-code **30-98-76**, account number **00863629**.

When making the bank transfer insert your membership number(s) in the box marked 'Reference'. Alternatively, we can also accept a cheque made out to **u3a Carrick**.

If there is another member at your address, please make a combined payment if possible.

8 If you opt for a printed newsletter, add £10.20 to cover postage costs. If you opt for the national magazine, add £3.80 to cover postage.

9. The return address is printed on the back of this form. New membership cards will be issued.

10 Please tick your preferred newsletter format:

Email (no additional cost) **Paper** (£10.20 postage)

TOTAL AMOUNT PAID - (by Bank Transfer or cheque, please indicate method used)

Excess payment will be treated as a donation.

Annual subscription.....£
Newsletter Postage.....£
National Magazine.....£
Carrick Charity Lottery...£
Voluntary donation.....£

giftaid it

TOTAL £

Gift aid declaration

University of the Third Age in Carrick (registered charity number 1034910)

Please treat as Gift Aid donations all qualifying subscriptions paid today and in the future.

I confirm that I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6th April to 5th April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs that I donate to will reclaim on my gifts for that tax year. Other taxes such as VAT and Council Tax do not qualify.

Gift Aid allows u3a Carrick to reclaim 25p of tax on every pound that you subscribe.

Donor's details:

1stTitle_____ First name or initial(s)_____ Surname_____

2ndTitle_____ First name or initial(s)_____ Surname_____

Home address_____

Postcode_____ Date_____

Signature(s)_____

If your circumstances change so that your declaration is no longer valid it is essential that you inform the Treasurer. Contact details are in the newsletter.

Bob Williams
u3a Membership Secretary
1 Swallow House
Port Pendennis
Falmouth
TR11 3XH

EVENTS CALENDAR

* Contact leader before first attendance. Subject to information supplied at time of preparation. Some events may change. Contact editor to input/edit entries.

June 2024

Sat 1 19:30 QUIZ Kea Community Centre

Mon 3 10:00 PETANQUE FALMOUTH Gyllyngvase Beach

10:15 RUBBER BRIDGE Central Bar, Truro

10:30 SPANISH, BEGINNERS Norway Inn

13:00 UKELELE Perranwell Church Hall

13:30 SOCIAL DANCING Perranwell Centre

14:00 JAZZ APPRECIATION Carnon Downs Village Hall

16:00 TABLE TENNIS Feock Church & Community Hall

18:00 MONDAYS ONLINE online

Tue 4 10:00 CROQUET Perranwell Cricket Club

10:30 FRENCH CONVERSATION Threemilestone Village Hall

13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge

15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

Wed 5 09:30 SCOTTISH COUNTRY DANCE Ponsanooth Village Hall

10:30 ITALIAN online

13:00 CARPET BOWLS 2 Perranwell Centre

13:00 PETANQUE TRURO Boscawen Park

13:30 ART, TRURO Feock Church & Community Hall

14:00 CARRICK SINGERS Kea Community Centre

16:00 TABLE TENNIS Feock Church & Community Hall

Thu 6 09:15 BADMINTON 1 Tremough Campus

14:00 CROQUET Perranwell Cricket Club

14:00 QUIZ Victoria Inn, Threemilestone

14:30 DONS KERNEWEEK Bosvale Community Centre, Falmouth

Fri 7 09:15 SHORT TENNIS 2 Tremough Campus

10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth

10:15 WALKS, 5 BANANAS various locations

10:30 WALKS, RAMBLERS various locations

12:00 FRENCH BEGINNERS Falmouth

13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge

14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)

14:30 CARRICK CONSORT Kea Community Centre

15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

Sun 9 11:00 PETANQUE TRURO Boscawen Park

Mon 10 10:15 RUBBER BRIDGE Central Bar, Truro
10:30 SPANISH, BEGINNERS Norway Inn
13:30 SOCIAL DANCING Perranwell Centre
14:00 PLAYREADING leader's home
16:00 TABLE TENNIS Feock Church & Community Hall
19:00 EUCHRE Oak Tree Farm

Tue 11 10:00 CONNECTED CAFE Penryn
10:00 CROQUET Perranwell Cricket Club
10:00 PHOTOGRAPHY Carnon Downs Village Hall
10:30 FRENCH CONVERSATION Threemilestone Village Hall
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge
14:00 CREATIVE WRITING, TRURO Member's home
14:30 BOARD GAMES Moresk Community Centre, Truro
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

Wed 12 09:30 SCOTTISH COUNTRY DANCE Ponsanooth VH
10:00 PHILOSOPHY 1 Victoria Inn, Threemilestone
13:00 CARPET BOWLS 2 Perranwell Centre
13:00 PETANQUE TRURO Boscawen Park
13:30 ART, TRURO Feock Church & Community Hall
14:00 CARRICK SINGERS Kea Community Centre
16:00 TABLE TENNIS Feock Church & Community Hall

Thu 13 10:30 SCIENCE Kea Community Centre
14:00 CROQUET Perranwell Cricket Club
14:30 DONS KERNEWEK Bosvale Community Centre, Falmouth

Fri 14 10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Fal
10:15 WALKS, 5 BANANAS various locations
10:30 WALKS, RAMBLERS various locations
12:00 FRENCH BEGINNERS Falmouth
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge
13:45 MAHJONG Perranwell Church Hall
14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)
14:30 CARRICK CONSORT Kea Community Centre
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

Sat 15 19:30 BINGO Kea Community Centre

Mon 17 10:00 HISTORY Kea Community Centre
10:00 PETANQUE FALMOUTH Gyllyngvase Beach
10:15 RUBBER BRIDGE Central Bar, Truro
10:30 SPANISH, BEGINNERS Norway Inn
13:00 UKELELE Perranwell Church Hall
13:30 SOCIAL DANCING Perranwell Centre
14:00 JAZZ APPRECIATION Carnon Downs Village Hall
14:00 READING, TRURO online
16:00 TABLE TENNIS Feock Church & Community Hall
18:00 MONDAYS ONLINE online

Tue 18 10:00 CROQUET Perranwell Cricket Club
10:00 QUESTIONS OF THE DAY 1 Member's home, Carnon Downs
10:15 SCRABBLE Threemilestone Community Centre
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge
18:00 NEWSLETTER CLOSING

Wed 19 09:30 SCOTTISH COUNTRY DANCE Ponsanooth VH
10:30 ITALIAN online
13:00 CARPET BOWLS 2 Perranwell Centre
13:00 PETANQUE TRURO Boscawen Park
13:30 ART, TRURO Feock Church & Community Hall
14:00 CARRICK SINGERS Kea Community Centre
14:00 MONTHLY MEETING Carnon Downs Village Hall
16:00 TABLE TENNIS Feock Church & Community Hall

Thu 20 09:15 BADMINTON 1 Tremough Campus
10:30 THIRD THURSDAY Truro
14:00 CROQUET Perranwell Cricket Club
14:30 DONS KERNEWEK Bosvale Community Centre, Falmouth

Fri 21 09:15 SHORT TENNIS 2 Tremough Campus
10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth
10:15 WALKS, 5 BANANAS various locations
10:30 WALKS, RAMBLERS various locations
12:00 FRENCH BEGINNERS Falmouth
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge
14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)
14:00 MUSIC APPRECIATION Leader's home, Lanner
14:30 CARRICK CONSORT Kea Community Centre
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

Mon 24 10:15 RUBBER BRIDGE Central Bar, Truro
10:30 CREATIVE WRITING, FALMOUTH Bay Court, Falmouth
10:30 SPANISH, BEGINNERS Norway Inn
13:30 SOCIAL DANCING Perranwell Centre
14:00 PLAYREADING leader's home
16:00 TABLE TENNIS Feock Church & Community Hall

Tue 25 10:00 CROQUET Perranwell Cricket Club
10:00 PHOTOGRAPHY Carnon Downs Village Hall
10:30 FRENCH CONVERSATION Threemilestone Village Hall
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

Wed 26 10:00 PHILOSOPHY 1 Victoria Inn, Threemilestone
10:00 SKITTLES Threemilestone Community Centre
10:15 READING, FALMOUTH Bay Court, Falmouth
13:00 CARPET BOWLS 2 Perranwell Centre
13:00 PETANQUE TRURO Boscawen Park
13:30 FRENCH FILM Feock Church & Community Hall
14:00 CARRICK SINGERS Kea Community Centre
16:00 TABLE TENNIS Feock Church & Community Hall

Thu 27 09:15 BADMINTON 1 Tremough Campus
10:30 TRAVELLERS' TALES Kea Community Centre
14:00 CROQUET Perranwell Cricket Club
14:30 DONS KERNEWEK Bosvale Community Centre, Falmouth

Fri 28 09:15 SHORT TENNIS 2 Tremough Campus
10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth
10:15 WALKS, 5 BANANAS various locations
10:30 FOURTH FRIDAY, FALMOUTH various locations
10:30 WALKS, RAMBLERS various locations
12:00 FRENCH BEGINNERS Falmouth
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge
13:45 MAHJONG Perranwell Church Hall
14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)
14:00 PHILOSOPHY 2 Carnon Downs Village Hall
14:30 CARRICK CONSORT Kea Community Centre
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

Use this QR code with your smart phone to find the most up-to-date version of the calendar. See what's on today.



MONTHLY MEETING

After the surprise announcement by Truro City Council that the cost for our library meeting was to double, which put the Truro steering group and the committee into a spin, we have managed to pick ourselves up, sort ourselves out and agree to relocate and start anew.

As explained in the previous newsletter, thanks are due to the old steering group for their hard work over a number of years and also to the committee members who were determined for this unique monthly meeting to continue and, hopefully, make it accessible for more of our members.

As mentioned previously, Ric Reilly will be joining us to talk on a subject close to his heart "Orchids, the little bit I know" at the Kea Community Centre on Wednesday **28th May** where the doors will open at 10:00 a.m.

It has been difficult to secure further bookings at Kea CC but, thankfully, Sue Hutt has been working diligently on our behalf and managed to secure booking slots for the rest of year at Carnon Downs village hall. Although we have arranged monthly bookings, due to availability the actual dates are variable. We hope this may change in the future.

Everyone involved with this inaugural meeting at Carnon Downs felt our speaker should come from within our own ranks, and also be a name and face familiar to our members.

Therefore, we are pleased to announce that Sue Swinchatt will give a talk on "The Life and Art of Walter Crane". He was a leading light of the Arts and Crafts Movement, and friend of William Morris and Edward Burne Jones. He is best remembered for his children's book illustrations.

The U1 bus between Truro and Falmouth stops outside Carnon Downs Village Hall and there is also plenty of parking.

Richard Allen richardwallen85@gmail.com

MUSIC APPRECIATION

The June meeting will be exploring the work of Hungarian composers. Bela Bartok, of course, but others too. Bring your CDs please. This group meets on the 3rd Friday of the month, 2:00 - 4:00 p.m. in the leader's home.

Nick Parsons nic.alchemy@yahoo.co.uk

PÉTANQUE, TRURO

Despite the poor weather we have managed to play on Wednesdays.

The weather was good on Sunday 14th April for our trophy game in memory of Mike Matcham. We had a worthy winner, Mike Rogers. Followed by a bring and share lunch, much enjoyed.

Please email me if you would like to come and join our group.

Jane Stevens

janestevens52@hotmail.co.uk 01872
279667

As announced in last month's newsletter on the 16 May we had our special Trophy match. Special because it was the Mike Matcham Memorial Match, Mike sadly died last year. The group wanted to have a competition in Mike's memory and Sheila provided a very elegant trophy for the winner.

It was Mike, aided by his wife Sheila, who started the u3a pétanque group in Boscawen Park, Truro. Previously they had lived on the heights of Bodmin Moor, where Mike was Chair of Launceston u3a, and they belonged to a pétanque group that played at the local pub. After moving to Truro, they discovered the pétanque piste in the park, which had been set up for the Truro Morlaix Twinning Association. After a little negotiation it was agreed that a u3a group should be organized and so began Pétanque, Truro with Mike as group leader. That was 2019, then covid hit so the main meetings stopped but as the rules relaxed, we were able to play first with 2 players and later with 6. Before Mike



and Sheila brought the game to us, we would not have guessed that we would spend two hours or more, on two or three days every week, all year and in almost any weather throwing heavy weights for fun. Thanks to you both.



If more u3aCarrick members would like to join us to play and sit on the Mike Matcham bench then just contact group leader, Jane Stevens.

Bench and plaque organized by Jane helped by Mervyn, Marguerite and Sylvia.

Mike Rogers mike142122@gmail.com 07753 249550

QUESTIONS OF THE DAY

There will be no QoD2 in June, no venue available. Back to normal in July, first Tuesday, with a summer break in August. Then we plan to be every month for the rest of the year.

Peter Sudbury sudburyp@yahoo.co.uk 01326 619403

SCIENCE

Last month local born marine ecologist, Peter Falkner, gave a talk on marine surveys, involving his work on offshore environmental projects in Cape Town and more recently in Cornwall. These surveys are conducted across a range of offshore sectors including renewables, cable routes, port developments and oil and gas developments. These are performed as a company duty, a legal requisite or to limit liability and generally identify what is there now and therefore what could happen with change. The studies look at any regulations, environmental impact, costs, time and human impact.

Studies will be performed at single points often mapped out in rings; the precise spots selected using random generated numbers. Reference areas are also

selected some distance away to act as controls. An area can also be examined in a grid method. Seabed examination rarely uses divers now due to time, inefficiency, and safety considerations.

An initial survey is performed by taking a video from remote operated underwater vehicles. Side scanning and bathymetry mapping of the seabed add to the background data. With poor visibility a “homemade” freshwater lens camera can take vertical photographs. To conduct these surveys several vessels may be used. Large ocean-going vessels for deep water offshore work with full facilities for a crew, to small shallow draft inshore boats for close in work. Additional vessels may also be chartered for specific tasks.

Environmental Survey Techniques - Water



16 Offshore Environmental Surveys May 2024

Samples may be taken from the seabed from various grabs and samplers. All have pros and cons and are used for specific roles. Samples are collected and further analysed. Biological materials may be frozen on board for future analysis. Small animals amongst the seabed samples are washed in sea water and then fixed. Further examinations are performed in a laboratory on land where the species are identified and recorded. This can involve a detailed, very tedious examination of the creatures. The use of plankton nets deployed at specific depths adds to the information. Water samples are collected at various depths, and a water profiler collects a continuous sample. These and sediment samples may then be subject to

particulate analysis, chemical and hydrocarbon testing looking for patterns to identify their possible origins. All the information is then collated with a detailed statistical analysis, essentially looking for any trends or changes and a report is then given to the customer.

Peter illustrated the use of some of these techniques with a survey conducted on a population of sabellaria spinulosa, a marine worm that creates tubes. These are protected, so an area was surveyed to identify where a pipeline could be deployed without damaging the organism.

Many thanks to Phil for this meeting report in my absence.

On **13th June** Malcolm Clark will be talking on “Lighting the Blue Touchpaper”. We are accustomed to seeing pictures of rocket launches, some successful, and some not. We have some notion of the explosive power inherent in these events. How do you ensure that the whole shebang doesn't bang all at once? How do you control the burn? What is actually going on?

Covering the basics of solid, hybrid and liquid fuel-based rockets, we'll also look at how the rocket engine itself works, and some of the issues in getting the whole thing aloft. Although most attention will be given to getting beyond the von Kármán line, the 'definition' of space, and into orbit, we'll also look at the next step: how do you get beyond Earth orbit, to the Moon, to the planets, and maybe even beyond. What are the technologies which might be used? Ion engines? Gravity assist? Light sails? Warp drive? Worm holes? Bussard Ramjet? Dilithium crystals? Science and science fiction blur.

Roy Fisher 01872 270528 raf59@talktalk.net

SKITTLES

Hello all fellow Skittlers, our next meeting is on **29th May** at 10:00 a.m. I look forward to meeting and greeting you all. If anyone would like to come and join us playing skittles you are more than welcome. My contact details are below.

Please bring your membership card along?

Jenny Fulleylove jennpetfull79@gmail.com 07799 731383

SOCIAL DANCING

Our new group leader to whom enquiries should now be sent is Edith Lucas. As always, new dancers of all abilities are most welcome to join us at Perranwell Community Centre, Main Hall on Monday afternoons from 1:30 – 4:00 p.m. with tea/coffee at 2:50 p.m. We dance Ballroom, Latin and Sequence and according to the latest evidence, dancing benefits both the mind and body, and is great fun too. What's not to like.

Please note that unfortunately, there will be no dancing on the 27th May due to it being a bank holiday. We resume on the **3rd June**.

Edith Lucas edithandpaul@btinternet.com **01736 710474**

THIRD THURSDAY - TRURO

We will meet for coffee and chat in Zafiro's, New Bridge Street Truro from 10:30 a.m. on Thursday **20th June**. We are a very friendly and welcoming group and look forward to meeting new members.

Julia Holme julia.holme@outlook.com

TRAVELLERS' TALES

I hope all those who came along or grabbed the recording, enjoyed Sue Swinchatt's talk about Iceland and its ever-changing geology. I am fascinated that you can track the increasing gap between the North American and Eurasian plates, but I am not saying by how much a year as that could be a quiz question; have you entered yet?

Later this month, on Thursday **23rd May**, Keith Davies, who lived and worked as a civil engineer in the Netherlands for 20 years, is going to talk to us about how 40% of the Netherlands was reclaimed from the sea, and the challenges of stopping the sea from claiming it back. The Dutch are succinct in saying "God made the world, but the Dutch made the Netherlands".

The challenges were epitomised by a major flood which happened in February 1953, caused by a combination of a high spring tide and a storm and surge from the north west, which resulted in about 1,800 deaths and widespread property damage. The Dutch government vowed this would never happen again and

embarked on a huge programme of construction of dykes and storm surge barriers called the Dutch Delta Scheme.

As a civil engineer who has lived for some twenty years in the Netherlands, it is not surprising that the first part of Keith's talk will explain the way that the polder system of reclaiming land from the sea has worked over many centuries. The principle of polders will be explained as well as how the polders are constructed, drained, and kept dry. As brilliant and ingenious as Dutch engineers are when it comes to the control of water, occasionally they need to call on overseas assistance as can be seen by the largest steam beam engine ever built which was used for the draining of the Haarlem Lake. This can still be seen today in the working museum at Cruquius where it is a national monument. The beam engine with a 3.7m diameter piston was built by Harvey & Co of Hayle.

Keith's talk will go on to talk about the Netherlands as being one of the world's largest agricultural exporters, and thousands of hectares are covered with glass houses; supersonic flight over these areas is banned. Then there are dairy products including of course cheese and the famous cheese market in Alkmaar is well known. And of course there are the extensive bulb fields, the world's largest flower market in Aalsmeer and the Keukenhof gardens which will all covered in the talk.

In June we will welcome Jay and Kate Gidman, who will be California Dreamin', taking us on their road trip in a convertible from San Francisco to LA, except it grew to more than that. Beginning in Yosemite, then on to the Giant Redwoods and down Highway 1 we will travel with them down the coast to Hollywood and the Queen Mary at Long Beach.





All u3a Carrick members are welcome to our meetings, just come along or join us online for talks that are zoomed. Meetings of the TT group are held at the Kea Community Centre, Playing Place. There's plenty of car parking at the hall, the bus stop is close by, adjacent to the Playing

Place Shell Garage. There is a ramp access to the hall for wheelchairs and mobility scooters. Talks start at 10:30 a.m. but come any time after the doors open at 10:00 a.m.

In common with our Science and History groups, whenever possible Travellers' Tales meetings, held at Kea, will be 'hybrid' meetings available simultaneously in the hall and online using Zoom. If you can't be there but would like to join online then drop me an email at TravellersTales@u3acarrick.org.uk by 5:00 p.m. the day before and I'll let you have the joining details. Likewise, if you would like a recording of either of these two talks just drop me a line and let me know.

Finally, a bit of trivia I stumbled across while writing this: I'm sure you know that Amsterdam is the capital of the Netherlands, but did you know it is not the capital of Holland?

Ric Reilly TravellersTales@u3acarrick.org.uk 07973 173367

YOGA

Unfortunately, due to unforeseen circumstances our Yoga sessions will be finished earlier than planned, the last one was to be on 6th May.

We will be starting again on **9th September**.

Have a good summer everyone, hopefully with some decent weather. Best wishes.

Liz Walden lizwalden.21lan@gmail.com

ACCOUNTS

The accounts are a month behind as they have to be confirmed by the committee. If you have any questions please don't hesitate to ask.

Carrick U3A Statement of Accounts: all accounts

Printed 1st May 2024 20:20

Income & Expenditure, 1st February - 31st January

	Start year	2024
<i>Category</i>	<i>In</i>	<i>Out</i>
Catering		£ 17.93
Charity Lottery	£ 261.00	
Donations	£ 130.81	
Equipment		£ 56.06
Fundraising	£ 458.00	
Interest	£ 16.24	
Membership	£ 5,890.00	
Newsletter Printing		£ 347.00
Postage	£ 133.55	£ 1,537.50
Stationary		£ 168.03
TAM postage	£ 21.88	£ 114.16
TAT		£ 2,848.00
TATTL Beacon		£ 177.00
Venues		£ 4,543.45
Website		£ 14.40
Zoom		£ 155.88
Sub-totals	£ 6,911.48	£ 9,979.41
Brought forward	£ 26,277.70	

Total £ 23,209.77

Balance Sheet

Current	£ 8,188.54
Easy Access Account	£ 5,021.23
Fixed Term Savings	£ 10,000.00
Total	£ 23,209.77

Membership Analysis, at 1st May 2024

	Members
Associate	5
Honorary	1
Individual	475
Joint	240
Totals	721

Tony Herring Legacy Expenditure List.

Balance 31/01/2024			£4,460.36
23/02/2024	French Film group	Deduct	£15.98
Balance 29/02/2024			£4,444.38
12/03/2024	Truro group AV	Deduct	£10.00
15/03/2024	French Film group	Deduct	£9.94
Balance 31/03/2024			£4,414.44
20/04/2024	French Film group	Deduct	£20.14
Balance 30/04/2024			£4,394.30

Jenny Fulleylove, Treasurer 07799 731383 treasurer@u3acarrick.org.uk

PUZZLES

SUDOKU

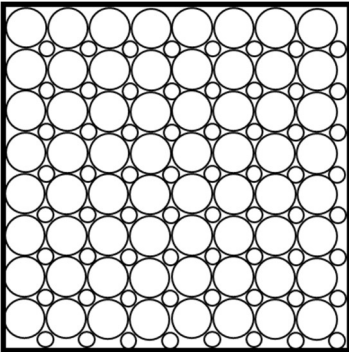
	5	9	2				1	
			1					
2	6			3	7			
	7	2				6		
	1							8
		3		1				
			3	9		8		7
9				5			6	4
		5	7					

In last month's Sudoku the three shaded numbers, in order, were 1, 5, 9.

The first to get it was Mary Jarvis followed by Chris Ayres, Joan Woodward, Peter Becker and Maureen Gilbert,

For this month's puzzle, just tell your editor the three numbers in the shaded squares, top to bottom, or left to right as applicable.

Not Quite Cornish Yarg



I have recently got into cheese making and have tried my hand at Cornish Yarg. I'll admit it hasn't quite worked out but I have come up with three palatable variants which I call Cornish Ragy, Argy and Gary. I make them in cylindrical form, all the same height and the same density but of small or large diameter. One problem I have found is that if I ship two of the same kind in contact with each other, then the whole shipment goes off. So, I have devised a way of packing a load as in the diagram

below. In the diagram the top left-hand cheese is Ragy and the top right-hand Cheese is Argy. In total there is 12 kg of Gary. If the external packaging and pallet it sits on is 18 kg, to the nearest kilogram, what is the weight of the whole shipment?

Last month's problem – Pyramid of Balls

There is more than one way to build the pyramid but all the corner balls, including the one at the top, are red.

Mark Breach mark.breach@yahoo.co.uk

CONTACT US

OFFICERS & COMMITTEE

Chair: Lesley Parsons 01209 314810 chair@u3acarrick.org.uk
Vice-Chair: Sue Hutt 01872 864494 vicechair@u3acarrick.org.uk
General Secretary: Gillian Davies 01326 318514 secretary@u3acarrick.org.uk
Treasurer: Jenny Fulleylove 07799 731383 treasurer@u3acarrick.org.uk
Membership Secretary: Bob Williams 01326 219334 membership@u3acarrick.org.uk
Groups' Coordinator:
Patsy Ross 07973 801715 groupscoordinator@u3acarrick.org.uk
Committee: Ric Reilly 07973 173367 Mike Rogers 07753 249550
Lesley Vingoe 07717 849458

Membership, Change of Address, Mode of Newsletter Delivery. The u3a is open to those no longer in full time employment. No age restriction. Contact Bob Williams for a membership information pack or to change to/from emailed and paper newsletter delivery.

Groups Contact. You can start a new group within the aims of u3a, subject to cost and others with shared interest. Contact the Groups' Coordinator. Requests for group expenditure must be preauthorised by the Committee.

Webmaster. webmaster@u3acarrick.org.uk Newsletter copy also goes to the webmaster.

Digital Lead. Ric Reilly 07973 173367 ricreilly@icloud.com

Newsletter. Copy to editor@u3acarrick.org.uk by 6:00 p.m. on the 18th of the month.

MEMBERS' SMALL ADS

For members who wish to advertise their wants, goods or services.

Mini Clubman Road Hero space saver wheel kit (F54)

Never been used. Complete kit. RH216. Comprises high quality, lightweight alloy wheel, providing excellent clearance for larger brake callipers. Load rated wheel and tyre suitable for towing. Complete kit includes jack, brace, storage bags, warning triangle etc. £175.00 o.n.o.

Josephine Ruegg jruegg77@gmail.com 01872 552736



Photography Group
Silhouettes

