

April 2024

# CARRICK NEWSLETTER

## CONTENTS

New Members	2
Announcements	2
Editorial	6
Group News	6
Calendar of Events	19
AGM	23
Candidates' Statements	24
Group Leaders List	30
Accounts	33
Members' Small Ads	35
Puzzles	37
Contact Us	38



[www.u3acarrick.org.uk](http://www.u3acarrick.org.uk)

U3A Carrick

Registered Charity No 1034910

## U3A MEETINGS

**Truro Monthly Meeting:** 2:00 p.m., Tuesday **23<sup>rd</sup> April.** **Lorrie Eathorne** - Past mayor of Truro, an insight into her life, work and experiences. Venue to be arranged. See entry in Group News section.

## WELCOME TO NEW MEMBERS

We welcome these new members and wish them a long and enjoyable membership.

Nicola Frost      Robin Holmes      Michael Goodship      Jill Barrett      Sue Lewry  
Kim Hogan      Paula Udy      Denise Power

**Bob Williams, Membership Secretary** [membership@u3acarrick.org.uk](mailto:membership@u3acarrick.org.uk)

## ANNOUNCEMENTS

### GROUP LEADERS MEETING

A meeting has been arranged for group leaders at Mabe Community Hall TR10 9HB, just down the hill from Mabe Primary School, on Wednesday **17<sup>th</sup> April** from 10:30 – 11:30 a.m. It is hoped as many as possible will attend.

**Sue Hutt 01872 864494** [vicechair@u3acarrick.org.uk](mailto:vicechair@u3acarrick.org.uk)

### A VIEW FROM THE CHAIR

Hello. We held our second u3a quiz evening this weekend and 12 teams came along to be baffled, bothered, bamboozled and brilliant. As well as a fun evening we raised in the region of £300 for u3a funds, so a big thank you to everyone. The CD players came through to win with an impressive flourish in the second half, but it was a close-run event with all teams scoring within a 20-point range.

Fund raising continues to be important as costs increase. We have been dealt a blow by local councils deciding to increase or even introduce costs for venues which have previously been low cost or free. If anyone has any influence, please write to the city councils and object.

Other ways to help:

Encourage friends and neighbours to join Carrick u3a.

Sign up for Gift Aid, more of us will be tax payers now, and this provides more funds for Carrick at no cost to yourself.

Buy a number in the monthly draw, £12 per year offers the opportunity to win a monthly prize and is a fun way to support Carrick u3a.

I am pleased to say that at least two new groups are being formed, and that seasonal ones will start up soon. It being that time of year the Committee have come to an agreement with the Perranaworthal Cricket Club about arrangements for croquet. Due to the weather the Cricket Club have asked that croquet does not start until May and play will end in the last week of September which the Cricket Club have suggested as the end of the cricket season. We have a written agreement, which to prevent a repeat of last year's misunderstanding or unpleasantness I will highlight:

Carrick u3a will pay £27.50 per session to the Cricket Club on a "pay if we play" due to weather basis, between the first week of May and the last week of September. This is an increase on last year from £50 to £55 per week, being two sessions per week assuming good weather. It is clearly understood by both parties that Carrick u3a will not fund any play beyond September. Any play beyond September will need to be negotiated and paid for directly with the Cricket Club by those people playing.

Mike Rogers is taking the lead on reviewing all funding strategies and is currently undertaking an information gathering exercise.

Group leaders are vital to the u3a in many ways and we are hoping to have a group leader's meeting on **17<sup>th</sup> April** to talk through ideas and plans for the future, and how we can help with the administrative demands of leading a group, as well as have a sociable time over a cuppa. If you lead a group please do come along if at all possible.

This is my last "View" before the AGM on **10<sup>th</sup> April** at 2:00 p.m. at Perranwell Village Hall. This is the meeting when you have the opportunity to vote for who you want on the committee, and to vote on proposals made by the committee for future funding, administration etc. Do please make every effort to come along and support your committee. Teas and coffees will be available.

Some of the current committee are not standing for re-election, for a variety of reasons, including the "9-year rule". I would like to take this opportunity to give thanks both on behalf of the committee and personally, to Margaret Ingles, who has done sterling work in a variety of committee roles for many years; to Pat Harrod who has been on the committee for 6 years and has been Groups co-ordinator, but now feels he needs a break, although

Pat will support a smooth handover to the next Groups Co-ordinator; to Mervyn Knight who has been magnificent in working to promote u3a Carrick by leaflet drops around the area or talking to people in Truro marketplace; to Sylvia Roper who kick-started the monthly draw; and to Paul Lucas who although not staying on the committee has generously offered to carry on with distribution of newsletters, membership cards and other posted items. I am sure you will all join with me in thanking them for helping Carrick u3a run smoothly and effectively.

Many of the above items will be advertised more fully on other pages of this newsletter. Thank you for an interesting year – see you at the AGM. Happy Easter.

**Lesley Parsons, Chair 01209 314810 [chair@u3acarrick.org.uk](mailto:chair@u3acarrick.org.uk)**

## **NOTICE FROM MEMBERSHIP SECRETARY**

In view of increasing costs of venues and general inflationary factors, your committee has decided to propose that the subscription for the year 2024-25 be raised to £28. This includes the postage of membership cards.

All members are eligible to receive a monthly newsletter by email. If any member wishes to receive a paper copy there will be a further charge of £10.20 to cover postage. The charge for new members from **1<sup>st</sup> November** will rise to £17.

It is the belief of your committee that it is preferable to make a modest increase this year rather than wait and find that a more substantial increase will be required in the future.

**Bob Williams, Membership Secretary 01326 219334 [membership@u3acarrick.org.uk](mailto:membership@u3acarrick.org.uk)**

## **Lydia Pat Crowle**

It is with regret we announce the death of Lydia Pat Crowle who passed away on 13th March.

Pat was a valued member of Carrick U3A of more than 30 years standing and will be sorely missed.

The funeral will be in Truro Cathedral at a date yet to be confirmed. Anyone wishing to attend can get further information as below.

**Julia Holme [Julia.holme@outlook.com](mailto:Julia.holme@outlook.com)**

## **DRAW WINNERS**

Congratulations to our March draw prize winners.

1st prize £10      No 5      Jayothi Gundabolu

2nd prize £5      No 18      Graham Pascoe

3rd prize £1      No 62      Steve & Phyl Cook

Do you have a favourite or lucky number? Then why not pick it for inclusion in our u3a Carrick Monthly Draw

For £1.00 per entry your number will be included in our monthly draw and you could be one of our lucky prize winners.

To enter compete the form below and send it as an attachment to [lesleydragon22@gmail.com](mailto:lesleydragon22@gmail.com) or hand it in a sealed envelope to any committee member with the appropriate cash/cheque or BACs payment confirmation.

Application to take part in Carrick u3a Monthly draw

Please Print: First Name \_\_\_\_\_

Surname \_\_\_\_\_

Contact details \_\_\_\_\_

My preferred number is \_\_\_\_\_. Two alternative options are \_\_\_\_\_

Numbers between 1 and 100. Confirmation of number available will be given.

I enclose cash/cheque to cover \_\_\_\_\_ monthly entries at £1.00 per month or I have made a BACs payment to Carrick u3a to cover \_\_\_\_\_ monthly entries

Please put Charity Draw in the reference

**Lesley Parsons, Chair 01209 314810 [chair@u3acarrick.org.uk](mailto:chair@u3acarrick.org.uk)**

## EDITORIAL

Last month's picture was of a short dark tunnel beside Cliff Road in Falmouth. Above it stands a small chapel which is opposite Gyllyngvase gardens. The brick structure in the sunshine is the entrance to the tunnel that leads to Tunnel Beach.

The first to get it was Peter Sudbury followed by Alyson Cowlishaw, Judy May and Sheila Cooper \*

\* Sheila reminds me that the tiny, private chapel that stands above the tunnel was once part of the private gardens of the Gyllyngdune Estate. The chapel was built in the 1840s by Revd. William Coope, the Rector of King Charles the Martyr Church, Falmouth.

This month's picture is of a beach. So where is it?

Your answer, as always, to [editor@u3acarrick.org.uk](mailto:editor@u3acarrick.org.uk) please, or use your smart phone with this QR code to email your editor. The answer will be in next month's newsletter.



**Mark Breach** [editor@u3acarrick.org.uk](mailto:editor@u3acarrick.org.uk)

## GROUP NEWS

### ART, TRURO

The u3a art group recently entered several paintings and drawings into the Feock Spring Show. All of the entries were much admired and the 1<sup>st</sup> and 2<sup>nd</sup> prizes went to members of the group.



**Sandra Guille** 01872 865764

## **CARPET BOWLS 2**

Carpet bowls 2 will start at 1:00 p.m. on Wednesdays. There is no carpet bowls on Wednesday 10<sup>th</sup> April.

**Sue Zahra [suezahra@aol.com](mailto:suezahra@aol.com) 07877 438305**

## **CARRICK CONSORT**

Sixteen players from Carrick Consort took part in the County Music Festival at Truro Methodist Church on 12<sup>th</sup> March.

We played Faure's Cantique de Jean Racine and were praised by the adjudicator for our lovely sound and phrasing. We achieved a really good balance with five bass recorders, five tenors, four trebles and one descant with piano accompaniment.

Two smaller groups, whose members also play in our Consort, Carrick Blend and TWERPS, Twelveheads Recorder Players, also performed and were commended and praised for their playing.

Our next public concert is on **3<sup>rd</sup> August** in King Charles the Martyr Church which we are really looking forward to.

**Helen Whomersley [helenwhomersley@gmail.com](mailto:helenwhomersley@gmail.com)**

## **CONNECTED CAFÉ**

If you are an existing user of email and/or the internet but need help to do more or grapple with the odd technical tease then we have started monthly 'surgeries', on the third Thursday morning of each month from 10:00 a.m. to 1:00 p.m.; the next ones being on Thursday **21<sup>st</sup> March**, at Chez Reilly near Penryn, and then Thursday **18<sup>th</sup> April**.

We had a full house of six visitors for our February 'surgery', and have three booked in for March so far. I am very grateful to Angela Shields and Helen, my other half, for their support on that day and with this initiative.

We never know what issues and topics our visitors will raise, but they have been wide and varied, and in most cases we can resolve the issues often by delving into the internet or calling on experience from our visitors themselves.

With limited space and personal bandwidth, attendance will be by prior notification, either with a call or an email as below. We won't have all the answers, but may be able to help with searching them out.

**Ric Reilly 07973 173367 [ricreilly@icloud.com](mailto:ricreilly@icloud.com)**

## CROQUET

As Pat and Hilary will not be group leaders this year we have volunteered to run it. In February we got in contact with Walter at the cricket club and he asked us to start playing again in May this year because the ground needs a lot of work on it after the wet winter. He said that he would be happy for us to carry on in October depending on the weather and that pay for play would be £27.50. Subsequently, the Chair and Vice Chair had a meeting with him and agreed a contract of £27.50 per session from May until September. In previous years we continued to play in October and even November if the weather permitted, but this will not now be the case. Help will be needed in April to get the equipment ready and we will be contacting members nearer the time.

**John and Janet Bishop 01872 862949**

## DONS KERNEWEK

Our group had a busy time celebrating St Piran's Day, 2024. Fortunately, the weather was good, and so all the activities were able to take place as planned. In the morning, we took part in the walking parade through Falmouth, dressed in St Piran's black and white colours along with Cornish tartan scarves, and carrying our own Dons Kernewek u3a banner. Some of us also wore our hats, which we decorate individually, so each one is different. We attracted quite a bit of attention, including from Pirate FM, and we featured in their broadcast about the event.

In the afternoon we moved on to Queen Mary Gardens, from where we walked up to Princess Pavilion, stopping at Gyllyngdune gardens to perform some Cornish dances. Here we were met by members of the Aggie Folk band, so we had live musical accompaniment. When we reached Princess Pavilion, the



band once again played for us as we performed several dances, including Helston Furry and North Cornwall Furry, which we danced all around the gardens.

All in all, it was a very energetic day, and we were very glad to put our feet up at the end of it. However, it was well worth the effort to feel we had played our part in promoting Cornish dancing, and helping our community to celebrate this special day in Cornwall.

Our Easter break this year covers two weeks, as improvements are being made to Bosvale Community Centre. We will not be there on 28<sup>th</sup> March or 4<sup>th</sup> April, but we will be back on Thursday **11<sup>th</sup> April**, 2:30 – 4:30 p.m.

**Sue Prout 07917341057**

## **EUCHRE 2**

A follow up from the previous newsletter inviting interested members to play Euchre, I have booked a venue for the people interested in joining and enjoying a Cornish card game. We will help all to learn the rules to this card game. Cards are at the ready. Tea/coffee will be served plus cake/biscuit. The venue is Chacewater WI hall, TR4 8QS. On **25<sup>th</sup> March**, the hall is booked 1:00 – 5:00 p.m. dependant of amount of time needed.

**Jenny Fulleylove 07799 731383 jennpetfull79@gmail.com**

## **FOURTH FRIDAY, FALMOUTH**

We will meet again at the Falmouth Hotel Camellia Room on **26<sup>th</sup> April**, at 10:30 a.m. Come and join our friendly group for coffee and a chat, and to welcome new members.

**Alex Pascoe alexpascoe@talktalk.net 01326 211228, 07971 395995**

## **GARDEN**

It was a typical February day for our visit to the Hellebore Day at Bosvigo. The flowers were beautiful and the garden was interesting to go around despite the grey and dampness. Tea and cakes were tempting but as we'd made other arrangements, we unfortunately did not sample them in the cosy kitchen. A good gathering however at the County Arms to compare purchases. It was irresistible, all those beautiful plants, I for one came away with another having thought I had enough at home.

We can look forward to a colourful and interesting experience this month with the Falmouth Spring Flower Show at the Princess Pavilion to cheer our spirits. It is of course open and

free all weekend but we shall be gathering around 2:00 p.m. on Saturday for viewing the show with tea for 3:00 p.m., the cafe closing at 4:00 p.m. Thank you to all those who have let me know for numbers, my details as usual below.

April's visit will potentially offer more specimens to buy for our gardens. We shall be visiting Burncoose Garden and the nursery. It is a good-sized garden and hopefully there will be a show of rhododendrons to enjoy as well as some spring flowers. It is free to enter and has a wide selection of spring flowering shrubs. As there is no cafe I shall book us some space at Amy's Kitchen in Lanner. It is attached to Warrior Garden Centre, more chance for plants, on the main road, so easy to find. Both Burncoose and Amy's Kitchen close quite early so I suggest meeting at the former at 1:30 p.m. with a table booked at Amy's kitchen for 3:00 p.m., so numbers again please for if you plan to join us.

April meeting. Tuesday **9<sup>th</sup> April**, 1:30 p.m. Burncoose Nursery car park for garden. TR16 6BJ. 3:00 p.m. Amy's Kitchen for tea. TR16 6AS.

**Kate Gidman** [kategarts.gdns@gmail.com](mailto:kategarts.gdns@gmail.com) 07962 805666

## HANDICRAFT

Here at Chacewater, we are enjoying knitting, crocheting, decoupage, and crystal art. Come and join in if you can.

We are at Chacewater WI Hall in the car park, from 2:00 p.m. until 4:00 p.m. every Thursday afternoon.

If you are unable to drive there, you can catch the T1 or T2.

And yes, we have new members coming.

**Veronica & Gordon**

**Richards** [veronicacrichards@gmail.com](mailto:veronicacrichards@gmail.com) 07893511192



## HISTORY

At our March meeting we had an extremely informative talk from Francis Shepherd and Hannah Curnow of the Cornwall Council Historic Environment Unit about the Historical Environment Record of Cornwall and the Isles of Scilly (HER). The HER contains a wealth of information

about Cornwall's scheduled monuments and other sites of historical interest. Francis showed us how to access this extensive on-line archive via the mapping system with its numerous layers. By selecting the appropriate layer, the user can search for a particular area, site or building, look at old maps including the Tithe maps, find reports on excavations and surveys, and see both recent and older aerial photographs. The mapping site is accessed as shown in the photograph. For more information on using the mapping system please contact the group leader. The meeting was recorded and if you would like to see a copy of the recording, please contact Ric on [ricreilly@icloud.com](mailto:ricreilly@icloud.com).

Our next meeting is on Monday **8<sup>th</sup> April** when Lesley Vingoe will tell us about a little-known tragedy early in WW1, which involved the loss of three Royal Navy vessels. The talk looks at the background to the disaster, and tells the story of Chatham Division Petty Officer, Tom Bellerby, how his family coped in the years after the sinking, and the surprising efforts of one man to rescue this sad story from the dustbin of history.

The meeting will be held at Kea Community Centre, Playing Place. The doors open at 10:00 a.m. and the meeting starts at 10:15 a.m. Please sign the attendance register on arrival and bring your current Carrick u3a membership card. As Ric is away it will not be possible to join this meeting via Zoom and it will not be recorded.

Please contact the group leader if you would like a copy of the current meetings programme. New members are always welcome.

**Sheila James** [u3acarrickhistory@gmail.com](mailto:u3acarrickhistory@gmail.com) 01872 870745



## MONDAYS ONLINE

Our informal gatherings online, using Zoom, are open to anyone who just feels like they would like some company and a natter, with no set agenda and just letting conversations go where they will and do. The gatherings are from 6:00 to 8:00 p.m. normally on the first and third Mondays of the month, but we're away on Monday 1<sup>st</sup> April so the only gathering this month will be on Monday **15<sup>th</sup> April**.

If you fancy joining us occasionally, then just drop me as below, and I'll let you have the joining details for Zoom. If you haven't used Zoom before it is quite simple, and I'd be delighted to set up a 1:1 introductory session at your convenience to take you through it.

**Ric Reilly 07973 173367 [mondaysonline@u3acarrick.org.uk](mailto:mondaysonline@u3acarrick.org.uk)**

## PÉTANQUE, TRURO

We went to Scorrier for a competition. We came home the winners, great day out, lovely people.

This Sunday we play St Austell, looking forward to a friendly, competitive game.

On **14<sup>th</sup> April** we have our Truro u3a Mike Matcham trophy game.



**Jane Stevens [janestevens52@hotmail.co.uk](mailto:janestevens52@hotmail.co.uk) 01872 279667**

## PLAYREADING

Two mixed bags this month. First there was 'Nostalgia' and 'Mixed Doubles' by Lynn Brittney. In Nostalgia two couples of different generations are playing a board game called "Nostalgia". Each resents the attitudes of the other generation as they share their memories or otherwise of the swinging sixties.

In 'Mixed Doubles' a poorly attended quiz night at a tennis club leads to conflict between the quizmaster and the disparate attendees: the club's social secretary has prepared an excess of food; the belligerent know-it-all, who challenges every question and the disinterested teenager who answers all the questions.

And then there was 'Corpsing' by Peter Barnes, a set of four one-act plays about dying on stage confounded with dying in real life. The introduction describes this as "simultaneously combining the absurdly tragic and the tragically absurd". Surreal and absurd this was, this pseudo-comedy had us all talking.

**Mark and Chris Breach** [mark.breach@yahoo.co.uk](mailto:mark.breach@yahoo.co.uk) 01872 862063

## **ROCK AND ROLL**

We have started our Spring sessions at Carnon Downs Village Hall, Wednesday evenings 7:00 – 9:00 p.m. Our remaining dates are **20<sup>th</sup>, 27<sup>th</sup> March; 10<sup>th</sup>, 17<sup>th</sup>, April; 8<sup>th</sup>, 15<sup>th</sup> May.**

Beginners are welcome, please get in touch beforehand so we know to expect you.

**Sue and Ray Hutt** [sueandray21@btinternet.com](mailto:sueandray21@btinternet.com) 01872 864494

## **SCIENCE**

Last month Dr Martin Falkner, a local beekeeper, gave a fascinating talk on the Asian hornet, *Vespa velutina*, to 33 members. The Asian hornet is smaller than our native hornet and can be identified by their orange faces, yellow tipped legs, velvety bodies, darker abdomens. They are active during the day, but never at night. This invasive species was first detected in Europe in SW France in 2004 and came with a pottery import from China, then soon spread to northern Spain and Portugal. The first recording in the UK was in 2016 in Gloucestershire, then to the south of England, with our nearest nest found in Plymouth in 2023.

The Asian hornets hunt for honeybees returning to their hives and capture them to feed their larvae. This predatory behaviour can lead to the destruction of entire bee colonies and the loss of pollination services essential for crop production. They also prey on other pollinators, potentially causing significant damage to local ecosystems and agriculture. Although they forage no more than 70 metres from their nest, one colony can consume about 12 kg insects in a year.

Understanding the life cycle of the Asian hornet is essential for developing effective control and management strategies to mitigate their impact on beekeeping, agriculture and the native ecosystem.

The primary nest in spring is small and low down, whereas in summer they build a much larger secondary nest higher up in trees for the production of the next generation of queens. Fortunately, only 2-3% of the 200-500 queens survive our winter.

Controlling the spread of the Asian hornet in the UK requires a combination of surveillance together with the setting up of eco-friendly traps in strategic locations with high floral abundance to capture and identify Asian hornets. Early detection, nest destruction, public awareness, and cooperation between government agencies, beekeepers, and the public are essential.

Local scientists at Penryn, Exeter University, have for the first time attached tiny tags to Asian hornets, then used a tracking device to follow them to their nests.

Beekeepers can also take specific measures to protect their hives that include surrounding them with grass, using 10 mm hornet blocking mesh screens in front, closing off the hive sides and using hard wooden floors.

If you think you have seen an Asian hornet, you can report this to the Great Britain Non-Native Species Secretariat (NNSS) through the Asian Hornet Watch app:

<https://www.brc.ac.uk/app/asian-hornet-watch> or by filling in the online form:

[https://risc.brc.ac.uk/alert.php?species=asian\\_hornet](https://risc.brc.ac.uk/alert.php?species=asian_hornet)

## References

1. Cornwall Beekeepers Association: <https://cbka.co.uk/asian-hornet-2/>

2. Non-native species identification guide: <https://www.nonnativespecies.org/non-native-species/information-portal/view/3826>

At our next meeting on **11<sup>th</sup> April** Roy Fisher will give a talk on “Vitamin B12 and Ageing.”

The important role of Vitamin B12 in ageing has become a hot topic over the last ten years. About 30% of people over 60 years are at risk of vitamin B12 deficiency from food-malabsorption or to the prolonged use of drugs such as proton pump inhibitors and metformin.

Sub-clinical vitamin B12 deficiency may be implicated in several chronic related diseases such as heart disease, stroke, dementia and osteoporosis and can be readily treated with oral vitamin B12 supplements. Optimisation of Vitamin B12 status in older people should be an urgent public health priority.

**Roy Fisher 01872 270528 [raf59@talktalk.net](mailto:raf59@talktalk.net)**

## **SOCIAL DANCING**

Just a quick note to say that there will be a dance at Perranwell on Monday **1<sup>st</sup> April**, in spite of it being a Bank Holiday. No, this isn't an April Fool's joke; we really are that keen.

**Alyson Cowlshaw** [atropica@hotmail.co.uk](mailto:atropica@hotmail.co.uk)

## **THIRD THURSDAY, TRURO**

We will meet for coffee and chat in Zafiro's, New Bridge Street Truro from 10:30 a.m. on Thursday **18<sup>th</sup> April**. We are a very friendly and welcoming group and look forward to meeting new members.

**Julia Holme** [julia.holme@outlook.com](mailto:julia.holme@outlook.com)

## **TRAVELLERS' TALES**

If you came to our February meeting, I hope you didn't mind that our full session with Leonie Whitton and David Westby didn't leave time for nattering, an essential component of u3a meetings. What a super talk it was Leonie and David gave on Puglia and a real bonus to watch the recording of Grand Designs telling the story of how they built their artists' retreat out there. A big thank you to Leonie and David.

Next up, on Thursday **28<sup>th</sup> March**, assuming they make it back in time from their current expedition, we will have the pleasure of Phil and Wendy Franklin recounting their tales of travelling in Antarctica and Patagonia, and illustrating them with Phil's exquisite photographs.

In Phil's words; "Any trip to Antarctica, and penguins come to mind, but there is so much more to see in the form of other birdlife and various seals. Then there are the remains of early exploration together with the bases built during the days of whaling. We were fortunate to see a variety of these."

"Patagonia is a land divided between two countries, Argentina and Chile and in our journey we travelled through both. It is a land of mountains, glaciers and wide-open spaces. Our walking tour included both the Torres del Paine and Bernardo O'Higgins National Parks. The picture in this report was taken from the roadside just outside the town of El Calafate."

In common with the Science and History groups, whenever possible Travellers' Tales meetings, held at Kea, will be 'hybrid' meetings available simultaneously in the hall and online using Zoom. If you can't be there but would like to join online then drop me an email at [TravellersTales@u3acarrick.org.uk](mailto:TravellersTales@u3acarrick.org.uk) by 5:00 p.m. the day before and I'll let you

have the joining details. In some instances, such as this one we are not able to provide a recording after the event.

As the Group Leader for TT I am so lucky to be able to call upon so many accomplished speakers in our own u3a, who have travelled the world, few more so than Sue Swinchatt who is going to take us to Iceland on **25<sup>th</sup> April**, a fascinating country with unique topography and geology.



Sue writes “Iceland was somewhere I'd always wanted to visit and in September 2000 I finally managed it. Billed as a Special Interest Countryside Tour exploring the southwest of the island, our 12 strong group was hosted by a geologist, known in his native Wales as “Jones the Rock.” It was one

of the best holidays I've ever had.”

All u3a Carrick members are welcome to our meetings, just come along, or join us online for talks that are zoomed. Meetings of the TT Group are held at the Kea Community Centre, Playing Place. There's plenty of car parking at the hall, the bus stop is close by, adjacent to the Playing Place Shell Garage. There is a ramp access to the hall for

wheelchairs and mobility scooters. Talks start at 10:30 a.m. but come any time after the doors open at 10:00 a.m.

If you are not already on our group email but would like to be kept informed and reminded, just drop me a line with your contact details as below.

**Ric Reilly TravellersTales@u3acarrick.org.uk 07973 173367**

## **TRURO MONTHLY MEETING**

We are sad to announce that Jim Tetlow and Pat Crowle have died recently. Jim was a keen supporter at our meetings and a cheery companion. Pat died on Wednesday 13<sup>th</sup> March and had been a founding member of our steering group. She had been struggling with her health for some time but it had deteriorated rapidly in recent days. We will always remember them both and there will be a more reflective tribute for Pat in the next edition of the Argus.

Here is the current position regarding the venue situation. We are currently in a state of flux regarding arrangements for our meeting in April.

The reason is that we are presently paying £32 per meeting in Truro Central Library, but the City Council are increasing this to £64 from the new financial year starting in April. This is a discounted rate for charities. When we make use of the audio / visual equipment that adds another £10 to the cost and there can also be other incidental expenditure.

This substantial increase has landed in our lap at an unfortunate time for us and also our u3a committee. As mentioned in the Newsletter previously the committee have quite rightly made the commitment to examine our current funding arrangements and place their deliberations and proposals before the members for consideration.

In the interim the committee have requested that we seek alternative venues that may not be such a drain on our finances.

So, with the help of our Chair Lesley, we are exploring other rooms close to the library as you read this article. We hope to finalise the position shortly and will publish the venue, date and time in the next edition of the Argus which is sent out on 1<sup>st</sup> April and also on the Carrick Facebook page.

In the meantime, I would like to thank John Wallace, with the assistance of Ric Reilly for their hard work and presenting us with an enjoyable presentation and story of the Morris Minor in February.

On **26<sup>th</sup> March** we will be joined at the library by police constable Deborah Sleeman who will pass on tips for our safety and security along with help and a discussion on scam calls etc.

At our April meeting another friend Lorrie Eathorne, who is no stranger to our meetings, will share with us her life experiences.

**Richard Allen** richardwallen85@gmail.com **Carol Waters** 01872 272951

## **YOGA**

Just to remind you all, we will not be having a session on Easter Monday.

**Liz Walden** lizwalden.21lan@gmail.com

# EVENTS CALENDAR

\* Contact leader before first attendance. Subject to information supplied at time of preparation. Some events may change. Contact editor to input/edit entries.

## April 2024

**Mon 1** 10:00 PETANQUE FALMOUTH Gyllyngvase Beach  
10:30 RUBBER BRIDGE Central Bar, Truro  
10:30 SPANISH, BEGINNERS Norway Inn  
13:30 SOCIAL DANCING Perranwell Centre  
14:00 JAZZ APPRECIATION Carnon Downs Village Hall  
16:00 TABLE TENNIS Feock Church & Community Hall

**Tue 2** 10:30 FRENCH CONVERSATION Threemilestone Village Hall  
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge  
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

**Wed 3** 10:30 ITALIAN online  
13:00 CARPET BOWLS 2 Perranwell Centre  
13:00 PETANQUE TRURO Boscawen Park  
13:30 ART, TRURO Feock Church & Community Hall  
14:00 CARRICK SINGERS Kea Community Centre  
16:00 TABLE TENNIS Feock Church & Community Hall

**Thu 4** 09:15 BADMINTON 1 Tremough Campus  
14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)  
14:00 QUIZ Victoria Inn, Threemilestone

**Fri 5** 09:15 SHORT TENNIS 2 Tremough Campus  
10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth  
10:15 WALKS, 5 BANANAS various locations  
10:30 WALKS, RAMBLERS various locations  
12:00 FRENCH BEGINNERS Falmouth  
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge  
14:30 CARRICK CONSORT Kea Community Centre  
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

**Mon 8** 10:00 HISTORY Kea Community Centre  
10:30 RUBBER BRIDGE Central Bar, Truro  
10:30 SPANISH, BEGINNERS Norway Inn  
13:30 PLAYREADING leader's home  
13:30 SOCIAL DANCING Perranwell Centre  
14:00 YOGA\* Feock Church & Community  
16:00 TABLE TENNIS Feock Church & Community Hall  
19:00 EUCHRE Oak Tree Farm

**Tue 9** 10:00 PHOTOGRAPHY Carnon Downs Village Hall  
10:30 FRENCH CONVERSATION Threemilestone Village Hall  
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge  
14:00 CREATIVE WRITING, TRURO Member's home  
14:30 BOARD GAMES Moresk Community Centre, Truro  
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

**Wed 10** 09:30 SCOTTISH COUNTRY DANCE Ponsanooth VH  
10:00 PHILOSOPHY 1 Victoria Inn, Threemilestone  
13:00 PETANQUE TRURO Boscawen Park  
13:30 ART, TRURO Feock Church & Community Hall  
14:00 CARRICK SINGERS Kea Community Centre  
**14:30 AGM Perranwell Centre**  
16:00 TABLE TENNIS Feock Church & Community Hall  
19:00 ROCK & ROLL Carnon Downs Village Hall

**Thu 11** 09:15 BADMINTON 1 Tremough Campus  
10:30 SCIENCE Kea Community Centre  
14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)  
14:30 DONS KERNEWEEK Bosvale Community Centre, Falmouth

**Fri 12** 09:15 SHORT TENNIS 2 Tremough Campus  
10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth  
10:15 WALKS, 5 BANANAS various locations  
10:30 WALKS, RAMBLERS various locations  
12:00 FRENCH BEGINNERS Falmouth  
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge  
13:45 MAHJONG Perranwell Church Hall

14:30 CARRICK CONSORT Kea Community Centre  
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

**Sun 14** 11:00 PETANQUE TRURO Boscawen Park

**Mon 15** 10:00 PETANQUE FALMOUTH Gyllyngvase Beach  
10:30 RUBBER BRIDGE Central Bar, Truro  
10:30 SPANISH, BEGINNERS Norway Inn  
13:30 SOCIAL DANCING Perranwell Centre  
14:00 JAZZ APPRECIATION Carnon Downs Village Hall  
14:00 READING, TRURO online  
14:00 YOGA\* Feock Church & Community  
16:00 TABLE TENNIS Feock Church & Community Hall  
18:00 MONDAYS ONLINE online

**Tue 16** 10:00 QUESTIONS OF THE DAY 1 Mem's home, Carnon Downs  
10:00 QUESTIONS OF THE DAY 2 Member's home  
10:15 SCRABBLE Threemilestone Community Centre  
10:30 FRENCH CONVERSATION Threemilestone Village Hall  
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge  
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

**Wed 17 09:30** SCOTTISH COUNTRY DANCE Ponsanooth VH  
10:30 ITALIAN online  
13:00 CARPET BOWLS 2 Perranwell Centre  
13:00 PETANQUE TRURO Boscawen Park  
13:30 ART, TRURO Feock Church & Community Hall  
14:00 CARRICK SINGERS Kea Community Centre  
16:00 TABLE TENNIS Feock Church & Community Hall  
19:00 ROCK & ROLL Carnon Downs Village Hall

**Thu 18 09:15** BADMINTON 1 Tremough Campus  
10:00 CONNECTED CAFE Penryn  
10:30 THIRD THURSDAY Truro  
14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)  
14:30 DONS KERNEWEK Bosvale Community Centre, Falmouth  
**18:00 NEWSLETTER CLOSING**

**Fri 19 09:15** SHORT TENNIS 2 Tremough Campus  
10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth  
10:15 WALKS, 5 BANANAS various locations  
10:30 WALKS, RAMBLERS various locations  
12:00 FRENCH BEGINNERS Falmouth  
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge  
14:00 MUSIC APPRECIATION Leader's home, Lanner  
14:30 CARRICK CONSORT Kea Community Centre  
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

**Mon 22 10:30** CREATIVE WRITING, FALMOUTH Bay Court, Fal  
10:30 RUBBER BRIDGE Central Bar, Truro  
10:30 SPANISH, BEGINNERS Norway Inn  
13:30 SOCIAL DANCING Perranwell Centre  
14:00 PLAYREADING leader's home  
14:00 YOGA\* Feock Church & Community  
16:00 TABLE TENNIS Feock Church & Community Hall

**Tue 23 10:00** PHOTOGRAPHY Carnon Downs Village Hall  
10:30 FRENCH CONVERSATION Threemilestone Village Hall  
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge  
14:00 TRURO MEETING Truro Library  
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

**Wed 24 10:00** PHILOSOPHY 1 Victoria Inn, Threemilestone  
10:00 SKITTLES Threemilestone Community Centre  
10:15 READING, FALMOUTH Bay Court, Falmouth  
13:00 CARPET BOWLS 2 Perranwell Centre  
13:00 PETANQUE TRURO Boscawen Park  
13:30 FRENCH FILM Feock Church & Community Hall  
14:00 CARRICK SINGERS Kea Community Centre  
16:00 TABLE TENNIS Feock Church & Community Hall

**Thu 25 09:15** BADMINTON 1 Tremough Campus  
10:30 TRAVELLERS' TALES Kea Community Centre  
14:00 HANDICRAFT Chacewater WI Hall (The Nisson Hut)  
14:30 DONS KERNEWEK Bosvale Community Centre, Falmouth

**Fri 26** 09:15 SHORT TENNIS 2 Tremough Campus  
10:00 SPANISH COMPLETE BEGINNERS Denyer Court, Falmouth  
10:15 WALKS, 5 BANANAS various locations  
10:30 FOURTH FRIDAY, FALMOUTH various locations  
10:30 WALKS, RAMBLERS various locations  
12:00 FRENCH BEGINNERS Falmouth  
13:30 CARPET BOWLS Ord Statter Pavilion, Mylor Bridge  
13:45 MAHJONG Perranwell Church Hall  
14:00 PHILOSOPHY 2 Carnon Downs Village Hall  
14:30 CARRICK CONSORT Kea Community Centre  
15:30 LINE DANCING Ord Statter Pavilion, Mylor Bridge

**Mon 29** 10:30 RUBBER BRIDGE Central Bar, Truro  
10:30 SPANISH, BEGINNERS Norway Inn  
13:30 SOCIAL DANCING Perranwell Centre  
14:00 YOGA\* Feock Church & Community  
16:00 TABLE TENNIS Feock Church & Community Hall

**Tue 30** 10:30 FRENCH CONVERSATION Threemilestone Village Hall  
13:30 SHORT TENNIS 1 Ord Statter Pavilion, Mylor Bridge  
15:30 CARRICK BELLS Ord Statter Pavilion, Mylor Bridge

Use this QR code with your smart phone to find the most up-to-date version of the calendar. See what's on today.



# ANNUAL GENERAL MEETING

The Annual General Meeting of the University of the Third Age in Carrick will take place at 2:30 p.m. on Wednesday **10<sup>th</sup> April 2024** at The Perranwell Centre, School Hill, Perranwell, TR3 7JT. The doors will open at 2:00 p.m. for registration and refreshments. Please bring your current membership card.

## AGENDA

1. Welcome from the Chair
2. Apologies
3. Minutes of the AGM held on 5<sup>th</sup> April 2023. (Published in the March newsletter)
4. Matters Arising from the minutes.
5. Report from the Chair for the year 2023-24.
6. Membership Secretary's report.
7. Treasurer' report and Adoption of the Accounts for the year ending 31<sup>st</sup> January 2024. (Published in the April newsletter)
8. Committee proposal for a change in Subscription for 2024-25, presented by the Membership Secretary. \*
9. Vote of thanks for retiring officers and committee members.
10. Election of Officers and Committee members.

In accordance with our constitution, all serving officers and committee members will stand down at this meeting. Officers elected at this meeting will serve for 2 years and committee members will serve for 1 year.

The Committee shall consist of a Chair, Vice Chair, Treasurer, General Secretary and Membership Secretary and not less than 1 and no more than 7 elected committee members who shall be Trustees of the charity.

The following nominations have been received

Chair	Lesley Parsons
Vice Chair	Sue Hutt
General Secretary	Gillian Davies
Treasurer	Jenny Fulleylove

Membership Secretary      Bob Williams

Committee members      Ric Reilly, Mike Rogers, Patsy Ross, Lesley Vingoe.

11. Allow the committee to appoint an Independent Examiner.

\*The committee propose that the subscription for the year 2024-25 be raised to £28. This to include the postage of membership cards.

All members are eligible to receive a monthly newsletter by email. If any member wishes to receive a paper copy there will be a further charge of £10.20 to cover postage. The charge for new members from 1<sup>st</sup> November will rise to £17.

### CLOSE MEETING

Following the end of formal business there will be an opportunity for members to put forward ideas or views for general discussion.

## CANDIDATES' STATEMENTS

### **Lesley Parsons, for re-election to the post of Chair.**

Hello. I have decided to stand for re-election to the post of Chair because I would like the opportunity to complete some of the actions started during the past year and enjoy working with this committee in order to continue to improve the profile of Carrick u3a. I would like to be able to support the committee in completing the promised funding review, in increasing the publicity profile of Carrick and so increase membership, and in making effective use of the Beacon system which promises to be so helpful to Officers, committee members, group leaders and, eventually, members. This past year as Chair has been interesting, stressful, frustrating, time consuming and very enjoyable, and I would relish the opportunity to continue in the role for another term of office, as well as consider a positive vote as an endorsement of the past year's efforts. I have enjoyed being able to visit groups and meet a lot of you and look forward to visiting and meeting more people in the next year. So please come along to the AGM and vote for me to Chair the Committee for a second term. Thank you. Lesley Parsons.



## **Sue Hutt** for election to the post of **Vice Chair**

I stood as Vice Chair last April and would like to continue as I feel I am just coming to grips with the role. Carrick u3a is a wonderful community with so much to offer the people in the area, we need to spread the word as widely as possible. I organised the street stall in Truro in September and would like to thank those members who kindly volunteered to help, I hope to repeat the event in Falmouth this year.

Recognising that many adults get a lot of their information from social media, I have taken on the responsibility of running our Facebook page. I have also joined local Facebook groups from surrounding villages and regularly post notices about Carrick in general and specific group activities or events to try to attract as much publicity as possible.

I organised the Tony Herring Memorial Lecture in October when Mike Griffiths gave a fascinating talk about spying and Cornwall's connection to Bletchley Park in WW11. Plans are now underway for the next one. I helped to plan the inaugural meeting of the University Liaison at Tremough where a good turnout of our members enjoyed hearing from two PhD students about their research into the Blue Environment in Cornwall and Devon, followed by a delicious lunch.

I also helped Lesley to run our very successful first quiz night in the autumn, with a repeat performance in March of this year. Social events which bring members together should be an integral part of Carrick u3a so that people who attend different groups have a chance to get to spend time together.



**Jenny Fulleylove** for election to the post of **Treasurer**

Hello I am Jenny Fulleylove, at present I am your Treasurer, I have held the position for the previous 3 years.

I was born in Warwickshire too many years ago, met and married my husband Bob with whom I have 3 lovely children, 7 grandchildren and 1 great grandson.

My main achievement was becoming a security manageress for a reputable security company till we finally decided to move to Cornwall in 2015, to where we worked as Caravan Park wardens for 5 years, then we finally decided to retire, mmm maybe, after moving to Tolvaddon, I became a member of the u3a Carrick in 2017, and must say the best move I have ever made. My husband joined in 2021, and we have started 2 groups within u3a and hoping to start a 3<sup>rd</sup>.

I am a member of The Allotment group, Carpet bowls 1, Skittles, Euchre, and archery.

I hope to be re-elected so I can continue to help our u3a Carrick group to grow and expand into a larger group of happy mature members.



**Gillian Davies** for election to the post of **General Secretary**

I joined u3a back in 2008 following the death of my husband. I live in Falmouth and enjoy badminton and handbells. I am also group leader for one of the short tennis groups. I have been your secretary since 2020 and am happy to continue in the role if it is your wish.



**Bob Williams** for election to the post of **Membership Secretary**

I joined our u3a when I moved to Falmouth in 2016.

I am a member of a number of groups including, Yoga, Short Tennis 1, Carrick Bells and Music Appreciation. I have recently joined Philosophy 2 and Science.

I have volunteered on our committee as Membership Secretary for the last two years. If elected I look forward to continuing to support our wonderful u3a, which provides so much opportunity for so many at such a reasonable cost.

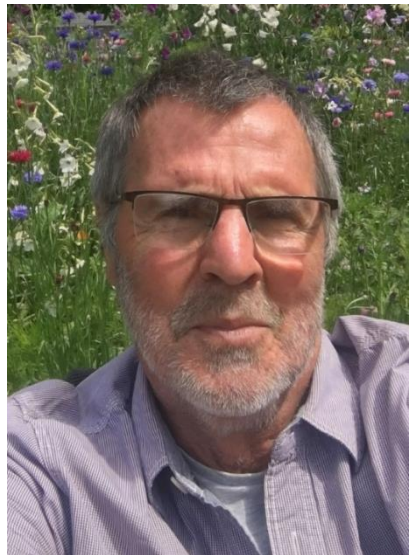


**Mike Rogers** for election to the post of **Committee Member**.

I have been co-opted onto the committee for a few months and I would look forward to playing a full part in their work and the projects they undertake. So far, I have been involved in exploration of the liaison possibilities with the Combined Universities in Cornwall, assisting with some IT initiatives and I am part of a working group looking into the funding of the many venues used by the various groups.

Since joining Carrick u3a, over 12 years ago, I have found many interesting and enjoyable groups and through them I have made many new friends.

I am a member of Pétanque (Truro), Philosophy 1, Philosophy 2, Science, Walking (5 bananas) and I am the group leader for First Saturday. Together with activities outside the u3a, such as a wine tasting group and a local art society I need to keep an eye on my calendar.



**Patsy Ross** for election to the post of **Committee Member**.

I am Patsy Ross and have been a member of u3a Carrick for 3 years.

Like many I now live alone so value the friendly company of others at various groups.

I was co-opted as a committee member last autumn and am now putting myself forward for re-election.



**Ric Reilly** for election to the post of **Committee Member**.

Hello, I'm Ric Reilly and I've been a member of u3a Carrick for two years, and have been co-opted onto the Committee for most of the last year. I am now asking to join the Committee so I can continue to contribute to our u3a and put something back in for all that I get out of being a member.

After working up country for most of the thirty years we've been in Cornwall, I was dreading retirement with its multiple losses, e.g. friends, purpose, things to do, and belonging, all well described as common amongst retirees by Dr Riley Moynes in his excellent TED talk. For me the antidote to all these losses has been joining and participating in our u3a.



My first experience with u3a was walking with the Five Bananas group on Fridays where I immediately met and made new friends. There followed talks at Kea with Science, History

and Travellers' Tales, more new friends and a chance to keep the little grey cells ticking over, and being a plantaholic I just had to join the Garden Group. Then there are the quizzes, the ceilidhs, a gathering in Falmouth, and gatherings in Truro and the list just goes on.

For my part I am now the group leader for Travellers' Tales, and have started two new groups 'Mondays Online' for those who fancy a bit of company and 'Connected Cafe' for those needing help with the techy stuff. I also provide support to other groups facilitating hybrid meetings where members can join in without being there physically, and often providing recordings for those who can't make it at all.

I'd like to help our u3a include more people in more activities more often.

**Lesley Vingoe** for election to the post of **Committee Member**.

Although a recent resident of Cornwall, I have been a member of the u3a since 2012, being a founder member of the Hockley and Hawkwell u3a (Essex) group. An active u3a, I belonged to a number of groups including, walking, art appreciation, wine appreciation, art and history, for which I was group co-ordinator. I have been a member of the Carrick u3a for a year now and a co-opted member of the committee since January.

Should I be re-elected, I fully intend to continue to learn about my local area and the part played by the u3a in it and continue to take an active part in supporting the valuable work undertaken by the Carrick u3a committee in providing a relaxed and friendly environment for its members in which they can 'learn for fun'.



## GROUP LEADERS' & MONTHLY MEETING CONTACT LIST

Groups' Coordinator, Pat Harrod 07407 243106 [groupscoordinator@u3acarrick.org.uk](mailto:groupscoordinator@u3acarrick.org.uk)

Other email contacts are at the end of the list.

For the most up to date information please check the u3a calendar at [www.u3acarrick.org.uk](http://www.u3acarrick.org.uk) or contact the group leader.

For additions, omissions, errors, or updates contact Groups' Coordinator and copy to Editor.

Group	Venue	Leader	Phone
ALLOTMENT	Adopt an Allotment	David Crawford	01872 864874
ARCHERY	Oak Tree Farm, Bissoe	Roger Simpson	01326 317457
ART, TRURO	Feock Church & Community Hall	Sandra Guille	01872 865764
BADMINTON	Tremough Campus	Eric Rabjohns	01209 821488
BARN DANCE / CEILIDH	various	Sue Zahra	07877 438305
BOARD GAMES	Moresk Centre, Truro	Margaret Ingles	01872 272344
BRIDGE, RUBBER	Central Bar, Truro	Marlene Lingham	01872 865599
CARPET BOWLS 1	Ord Statter Pavilion, Mylor Bridge	Jenny Fulleylove	07799 731383
CARPET BOWLS 2	Perranwell Centre	Sue Sahra	07877 438305
CARRICK BELLS	Ord Statter Pavilion, Mylor Bridge	Brenda Moulson	01326 340110
CARRICK CONSORT	Kea Community Centre	Helen Whomersley	01872 858339
CARRICK SINGERS	Kea Community Centre	Mary Wright & June Caddy	07584 258727
CONNECTED CAFÉ	Penryn	Ric Reilly	07973 173367
CREATIVE WRITING, FALMOUTH	Bay Court, Falmouth	Janet Mitchell	01326 315779
CREATIVE WRITING, TRURO	Members' homes	Brenda Burgess	01872 862712
CROQUET	Perranarworthal Cricket Ground	John & Janet Bishop	01872 862949
DONS KERNEWEK	Bosvale Community Centre Falmouth	Susan Prout	07917 341057
EUCHRE 1	Leader's home, Bissoe	John & Janet Bishop	01872 862949
EUCHRE 2	Chacewater WI Hall	Jenny Fulleylove	07799 731383
FIRST SATURDAY	Truro, see newsletter	Mike Rogers	07753 249550
FOURTH FRIDAY, FALMOUTH	see Newsletter	Alex Pascoe	01326 211228
FRENCH BEGINNERS	Denyer Court, Falmouth	Pat Dye	07904 113804
FRENCH CONVERSATION	Threemilestone Community Centre	Sue Corcoran	01209 314075
FRENCH FILM	Feock Church & Community Hall	Geneviève Rosier	01872 273333
GARDEN	see Newsletter	Kate Gidman	07962 805666
HANDICRAFTS	Chacewater WI Hall	Veronica Richards	07893 511192
HISTORY	Kea Community Centre	Sheila James	01872 870745
HUMAN PSYCHOLOGY	Vacant - Contact Groups' Coordinator		
ITALIAN	online	Angela Shields	07778 809176
JAZZ APPRECIATION	Carnon Downs Village Hall	David Weaver	01872 870385
LINE DANCING	Ord Statter Pavilion, Mylor Bridge	John Bishop	01872 862949

MAHJONG	Perranwell Church Hall	Chris Breach	01872 862063
MONDAYS ONLINE	online	Ric Reilly	07973 173367
MUSIC APPRECIATION	Leader's home, Lanner	Nick Parsons	01209 314810
NEWSLETTER DISTRIBUTION	Leader's home, Goldsithney	Paul Lucas	07796 845380
PETANQUE FALMOUTH	Gylyngvase Beach, Falmouth	John & Janet Bishop	01872 862949
PETANQUE TRURO	Boscawen Park, Truro	Jane Stevens	01872 279667
PHILOSOPHY 1	Victoria Inn, Threemilestone	Roy Goodman	email only
PHILOSOPHY 2	Carnon Downs Village Hall	Geoffrey Burgess	01872 862712
PHOTOGRAPHY	Carnon Downs Village Hall	Adrian Rowlands/William Halsey	01872 279334
PLAYREADING	Leader's home, Perranarworthal	Mark Breach	01872 862063
QUESTIONS OF THE DAY 1	Member's home, Carnon Downs	Sue Swinchatt	email only
QUESTIONS OF THE DAY 2	Member's home, Falmouth	Peter Sudbury	01326 619403
QUIZ	Online	Roy Fisher	01872 270528
READING, FALMOUTH	Bay Court, Falmouth	Shirley Clark	01326 218484
READING, TRURO	online	Wendy Morris	01326 378862
ROCK & ROLL	Carnon Downs Village Hall	Sue and Ray Hutt	01872 864494
SAILING	various	Pat Dye	07904 113804
SCIENCE	Online	Roy Fisher	01872 270528
SCOTTISH COUNTRY DANCE	Ponsanooth Village Hall	Polly Barton	01872 864779
SCRABBLE	Threemilestone Community Centre	Wendy Pascoe	01872 275840
SHORT TENNIS 1	Ord Statter Pavilion, Mylor Bridge	Gillian Davies	01326 318514
SHORT TENNIS 2	Tremough Campus	Pat & Hilary Harrod	07947 323746
SKITTLES	Threemilestone Community Centre	Jenny Fulleylove/ Maureen Gilbert	07799 731383
SOCIAL DANCING	Perranwell Centre	Alyson Cowlishaw	07707 280801
SPANISH BEGINNERS	Norway Inn	Pat Dye	07904 113804
SPANISH COMPLETE BEGINNERS	Falmouth	Pat Dye	07904 113804
TABLE TENNIS	Feock Church & Community Hall	Merrick Elderton	01872 865336
THIRD THURSDAY, TRURO	see Newsletter	Julia Holme	01872 273063
TRAVELLERS' TALES	Kea Community Centre	Ric Reilly	07973 173367
TRURO MEETING	Truro Central Library	Julia Holme	01872 273063
		Carol Waters & Richard Allen	01872 272951
UKULELE	TBA	Judy Moseley	
WALKS, 5 BANANAS	Various locations	Rosalind Smith	01872 865767
WALKS, AMBLERS	Various locations	Chris Austin	07384 844630
WALKS, RAMBLERS	see Newsletter	Wendy Morris	01326 378862
YOGA	Feock Church & Community Hall, Full	Liz Walden	01326 376843

## Group Leaders' & Monthly Meeting Contacts emails

Adrian Rowlands	adrian.rowlands3@gmail.com	Marlene Lingham	marlene@graffan.com
Alex Pascoe	alexpascoe@talktalk.net	Margaret Ingles	moresktr1@talktalk.net
Alyson Cowlshaw	atropica@hotmail.co.uk	Mary Wright	wright2mary@hotmail.com
Angela Shields	angelatrevethan@btinternet.com	Maureen Gilbert	maureen15jg@gmail.com
Brenda Burgess	brendaburgess19@gmail.com	Merrick Elderton	merrickelderton@btinternet.com
Brenda Moulson	brendamoulson@icloud.com	Mike Rogers	mike142122@gmail.com
Brenda Williams	blossom1957@hotmail.com	Nick Parsons	nic.alchemy@yahoo.co.uk
Carol Waters	carolwaters7255@talktalk.net	Pat Dye	patdye88@yahoo.co.uk
Chris Austin	chris@austin-uk.co.uk	Pat Harrod	pat.harrod.u3a@gmail.com
Chris Breach	chrisbrea6@yahoo.co.uk	Paul Lucas	edithandpaul15@gmail.com
David Crawford	crawford-david3@sky.com	Peter Sudbury	sudbury@yaho.co.uk
David Weaver	d.weaver02@btinternet.com	Phil Roberts	philandjudy.roberts47@talktalk.net
Diana Cook	dianacook1043@icloud.com	Polly Barton	polly7gv@gmail.com
Eric Rabjohns	mrabjohns@hotmail.co.uk	Ric Reilly	ricreilly@icloud.com
Ernest Perry	ernestjperry@btinternet.com	Richard Allen	richardwallen85@gmail.com
Genevieve Rosier	genr@hotmail.co.uk	Roger Simpson	ro.marg@hotmail.co.uk
Geoffrey Burgess	gkb4216@gmail.com	Rosalind Smith	vmandrsmith@outlook.com
Gillian Davies	g.davies.924@btinternet.com	Roy Fisher	raf59@talktalk.net
Helen Whomersley	helenwhomersley@gmail.com	Roy Goodman	roy_goodman@hotmail.com
Hilary Harrod	nannyhilly@gmail.com	Sandra Guille	sandra.guille@virgin.net
Jane Stevens	janestevens52@hotmail.co.uk	Sheila James	u3acarrickhistory@gmail.com
Janet Mitchell	janzzo@talktalk.net	Shirley Clark	shir.shir@btinternet.com
Jenny Fullelylove	Jenpetful79@gmail.com	Sue and Ray Hutt	sueandray21@btinternet.com
Judy Moseley	Judy@moseley.tech	Sue Corcoran	sucorcoran@hotmail.com
Julia Holme	Julia.holme@outlook.com	Sue Swinchatt	lapunmeri.2@gmail.com
June Caddy	thecaddys@hotmail.com	Sue Zahra	suezahra@aol.com
Kate Gidman	kategarts.gdns@gmail.com	Veronica Richards	veronicacrichards@gmail.com
Liz Walden	lizwalden.21lan@gmail.com	Wendy Morris	wendym.u3a@hotmail.com
Mark Breach	mark.breach@yahoo.co.uk	Wendy Pascoe	wkpcowgirl56@gmail.com

# ACCOUNTS

The accounts are a month behind as they have to be confirmed by the committee. If you have any questions please don't hesitate to ask.

**Statement of Accounts: all accounts** Printed 1st March 2024

## Income & Expenditure, 1st February - 31st January

	<i>Start year</i>	<i>2024</i>
<i>Category</i>	<i>In</i>	<i>Out</i>
Catering		£17.93
Donations	£0.01	
Equipment		£15.98
Interest	£5.53	
Membership	£282.00	
Newsletter Printing		£95.00
Postage	£11.25	£93.75
Stationary		£115.21
TAM postage	£2.88	
Venues		£1,227.70
Website		£7.20
Sub-totals	£301.67	£1,572.77
Brought forward	£26,277.70	
<b>Total</b>		<b>£25,006.60</b>

## Balance Sheet

Current	£9,996.08
Easy Access Account	£5,010.52
Fixed Term Savings	£10,000.00
<b>Total</b>	<b>£25,006.60</b>

## Membership Analysis, at 4th March 2024

	<i>Members</i>
Associate	3
Individual	463
Joint	240
<b>Totals</b>	<b>706</b>

Tony Herring Legacy Expenditure List.

Balance 31/01/2024	<b>£4,430.36</b>
Feb-24 French Film Deduct	£15.98
Balance 29/02/2024	<b>£4,414.38</b>

## Accounts for AGM

Income and Expenditure Account from 01/01/2023 up to 31/01/2024

Income		Expenditure	
Subscriptions	£18,184.78	Venue Hire	£16,575.39
Catering		Zoom	£95.99
Donation	£458.72	Third Age Trust Capitation	£2,636.00
Gift Aid	£2,196.14	TAM	£127.17
Postage	£1,035.00	Stationary	£379.58
Fundraising	£524.00	Postage	£1,711.70
Interest		Newsletter	£1,325.00
TAM Postage	£103.69	Admin	£26.00
100 Club	£87.00	Re - imburse	£27.15
Transfer TH fund	£578.08	Speakers	£90.00
		Webpage	£153.37
		Catering	£39.89
		Trans THL	£947.30
		Equipment	£76.61
		Extras	£28.90
	£23,167.41		
			£24,240.05

Excess of Expenditure over income for the year -£1,072.64

This number will not balance back until the two new accounts come to their end.

Balances at Bank b/fwd 01/01/2023		Balances at Bank c/fwd 31/01/2024	
Current Account	£22,405.35	Current Account	£22,272.71
(less unrepresented cheques)	£0.00	(less unrepresented cheques)	£0.00
	£22,405.35		£22,272.71
Tony Herring Memorial Accou	£4,857.74	Less monies to open Fix term	£10,000.00
	£27,263.09		£12,272.71

**Jenny Fulleylove, Treasurer 07799 731383 [treasurer@u3acarrick.org.uk](mailto:treasurer@u3acarrick.org.uk)**

## MEMBERS' SMALL ADS

For members who wish to advertise their wants, goods or services.

### Manor Trip

The next trip to the Manor will be **24<sup>th</sup> – 28<sup>th</sup> February 2025**.

I am now in the process of organizing our next trip to the Manor in Devon. Would you like a few days away in February 2025. Just think, no cooking, no food shopping, no airport fees or lengthy travel. If you enjoy sports relaxation and many crafts this trip could be for you. Family and friends are welcome. If you are interested, please contact me.

**Brenda Williams blossom1957@hotmail.com**

### Rumours

This month your editor and wife Chris are appearing in Rumours by Neil Simon in Gweek, **10<sup>th</sup> – 13<sup>th</sup> April**. In this farcical comedy, guests at a party find their host, Charley, injured with a gunshot wound. Chaos escalates as more guests arrive with their own problems. A second gunshot renders the new host temporarily deaf. When the police arrive, Len pretends to be Charley, leading to a humorous turn of events. Tickets at 01736 810181 or <https://www.minack.com/whats-on/rumours>



**Mark Breach mark.breach@yahoo.co.uk**

### Falmouth Spring Flower Show - Saturday 23<sup>rd</sup> and Sunday 24<sup>th</sup> March

I am pleased to say that Falmouth Council have breathed life into Falmouth's Spring Flower Show, which is in its 114th year. Held at the Princess Pavilion on Melvill Road it opens at 10:00 a.m. on Saturday and Sunday this coming weekend, and entry is free, yes free. Two of us from u3a are exhibiting.

There are scores of classes with something for the amateurs and the professionals, adults and children, a real family show. Having saved the entrance money, there will be much to tempt you with various society and trade stands, and a delightful array of cakes in the cafe.

If you fancy a mooch and a natter our Garden Group (see Kate's WhatsApp) are meeting there on the Saturday afternoon and I'll be around on the Orchid Society or Mabe Garden Club tables on the Sunday.

**Ric Reilly 07973 173367 ricreilly@icloud.com**

### **Mabe Garden Club, Spring Fayre - Saturday 20<sup>th</sup> April**

Mabe Garden Club, will be holding their Spring Fayre and Coffee Morning at the Mabe Youth and Community Centre, Cunningham Park, TR10 9HB from 10:00 am until noon on Saturday **20<sup>th</sup> April**. It will feature many stalls including books, bric-a-brac, crafts, textiles, cards & collectable, and of course plant sales. There will be a raffle with great prizes, as well a bonus ball competition and a £1 in a bucket.

As well as me there are at least five u3a members who are members of the Mabe club too, and we make up about half the committee.

Entrance and parking are free, and there will be a super selection of cakes and savouries to go with your tea or coffee, or for a special treat why not make it a cream tea.

**Ric Reilly 07973 173367 ricreilly@icloud.com**

## PUZZLES

### SUDOKU

		5			3			2
4				8				
		1			4		5	
		9	6				4	
7					5	6		
	1		7					
6					9			3
6		4		6		8		
5			1					

In last month's Sudoku the three shaded numbers, in order, were **6, 7, 9**.

The first to get it was Chris Ayres followed by Joan Woodward, Mary Jarvis, Lyn Chapman and Peter Becker.

For this month's puzzle, just tell your editor the three numbers in the shaded squares, top to bottom, or left to right as applicable.

### Yet Another Room

"OK" says Mike yet again, "I was in another room, see. Once again, all the walls, ceiling and floor were perfect rectangles, and once again every dimension: height, width and length, was exactly a whole number of metres and all were different. This time the distance between the furthest corners was also a whole number of metres".

"Yes", I said. "There are an infinite number of solutions to that problem, so what else can you tell me?"

Mike quickly said. "The volume of the room was as big as it could have been but still under 200 cubic metres".

"OK then" said I, "in that case the dimensions for your room are ..."

What are they?

### Last month's problem – MIXX

The final term in the sequence is V. The sequence is the numbers around a standard dartboard in Roman Numerals but without the spaces between the numbers

20 1 18 4 13 6 10 15 2 17 3 19 7 16 8 11 14 9 12 5

XX I XVIII IV XIII VI X XV II XVII III XIX VII XVI VIII XI XIV IX XII V

**Mark Breach** [mark.breach@yahoo.co.uk](mailto:mark.breach@yahoo.co.uk)

# CONTACT US

## OFFICERS & COMMITTEE

<b>Chair:</b>	Lesley Parsons	01209 314810	chair@u3acarrick.org.uk	
<b>Vice-Chair:</b>	Sue Hutt	01872 864494	vicechair@u3acarrick.org.uk	
<b>General Secretary:</b>	Gillian Davies	01326 318514	secretary@u3acarrick.org.uk	
<b>Treasurer:</b>	Jenny Fulleylove	07799 731383	treasurer@u3acarrick.org.uk	
<b>Membership Secretary:</b>	Bob Williams	01326 219334	membership@u3acarrick.org.uk	
<b>Groups' Coordinator:</b>	Pat Harrod	07407 243106	groupscoordinator@u3acarrick.org.uk	
<b>Committee:</b>	Margaret Ingles	01872 272344	Mervyn Knight	01872 241697
	Paul Lucas	01736 710474	Sylvia Roper	07936 523282
	Patsy Ross	01326 712157	Mike Rogers	07753249550

**Membership, Change of Address, Mode of Newsletter Delivery.** The u3a is open to those no longer in full time employment. No age restriction. Contact Bob Williams for a membership information pack or to change to/from emailed and paper newsletter delivery.

**Groups Contact.** You can start a new group within the aims of u3a, subject to cost and others with shared interest. Contact the Groups' Coordinator. Requests for group expenditure must be preauthorised by the Committee.

**Webmaster.** [webmaster@u3acarrick.org.uk](mailto:webmaster@u3acarrick.org.uk) Newsletter copy also goes to the webmaster.

**Digital Lead.** Ric Reilly 07973 173367 [ricreilly@icloud.com](mailto:ricreilly@icloud.com)

**Newsletter.** Copy to [editor@u3acarrick.org.uk](mailto:editor@u3acarrick.org.uk) by **6:00 p.m.** on the **18<sup>th</sup>** of the month.

*Intentionally blank*



# Photography Group Matching

